

Table 6.20C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2007 and 2008

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	602	646	173	221	421	456	561	602
AGE								
18-25	90	91	30	34	70	69	78	78
26-49	347	339	107	89	280	258	316	317
50 or Older	469	524	135	205	329	360	442	491
GENDER								
Male	359	373	116	99	266	285	328	335
Female	446	503	130	196	327	357	415	479
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	564	616	153	209	408	435	529	576
White	581	656	139	190	402	427	543	598
Black or African American	145	204	54	85	113	159	127	181
American Indian or Alaska Native	29	32	10	2	13	24	29	25
Native Hawaiian or Other Pacific Islander	*	*	*	*	4	*	4	6
Asian	70	96	25	15	59	59	54	93
Two or More Races	56	95	18	5	42	39	49	95
Hispanic or Latino	185	167	85	83	128	133	162	150
EDUCATION								
< High School	274	289	124	174	175	145	238	230
High School Graduate	325	369	80	69	216	231	309	357
Some College	306	329	78	89	214	231	293	318
College Graduate	369	396	52	95	294	308	339	348
CURRENT EMPLOYMENT								
Full-Time	390	444	63	86	292	303	358	403
Part-Time	237	256	60	72	166	194	222	236
Unemployed	104	116	34	25	83	87	99	108
Other ³	443	489	146	194	287	307	410	443

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.20D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Standard Errors of Percentages, 2007 and 2008

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	0.27	0.29	0.08	0.10	0.19	0.20	0.25	0.27
AGE								
18-25	0.27	0.28	0.09	0.10	0.21	0.21	0.24	0.24
26-49	0.35	0.34	0.11	0.09	0.28	0.26	0.32	0.32
50 or Older	0.52	0.57	0.15	0.22	0.37	0.39	0.49	0.53
GENDER								
Male	0.34	0.34	0.11	0.09	0.25	0.26	0.31	0.31
Female	0.39	0.43	0.11	0.17	0.28	0.31	0.36	0.41
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	0.29	0.32	0.08	0.11	0.21	0.22	0.27	0.30
White	0.34	0.37	0.09	0.12	0.25	0.26	0.32	0.35
Black or African American	0.54	0.73	0.21	0.32	0.44	0.59	0.48	0.66
American Indian or Alaska Native	2.62	3.08	0.94	0.27	1.22	2.35	2.54	2.50
Native Hawaiian or Other Pacific Islander	*	*	*	*	0.63	*	0.65	0.71
Asian	0.74	0.94	0.26	0.15	0.62	0.59	0.57	0.92
Two or More Races	2.25	3.42	0.78	0.18	1.73	1.60	2.01	3.41
Hispanic or Latino	0.63	0.55	0.29	0.28	0.43	0.44	0.55	0.50
EDUCATION								
< High School	0.69	0.76	0.34	0.49	0.46	0.40	0.61	0.62
High School Graduate	0.44	0.50	0.12	0.10	0.30	0.33	0.42	0.48
Some College	0.50	0.53	0.13	0.15	0.37	0.39	0.48	0.51
College Graduate	0.54	0.56	0.09	0.15	0.45	0.46	0.51	0.51
CURRENT EMPLOYMENT								
Full-Time	0.31	0.33	0.05	0.07	0.24	0.23	0.29	0.30
Part-Time	0.73	0.77	0.20	0.24	0.53	0.62	0.69	0.73
Unemployed	1.35	1.22	0.48	0.28	1.12	0.93	1.29	1.16
Other ³	0.66	0.68	0.23	0.30	0.43	0.47	0.61	0.63

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.20P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: P Values from Tests of Differences of Percentages, 2008 Versus 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²			
			Inpatient		Outpatient	
	2007	2008	2007	2008	2007	2008
TOTAL	0.7353		0.5092		0.6642	0.5879
AGE						
18-25	0.2070		0.9708		0.3986	0.8401
26-49	0.5674		0.0110		0.8227	0.8610
50 or Older	0.5580		0.4713		0.6238	0.4613
GENDER						
Male	0.8210		0.0523		0.4495	0.8489
Female	0.7935		0.6191		0.2529	0.5849
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.5468		0.4652		0.7123	0.4297
White	0.8654		0.3405		0.3122	0.8551
Black or African American	0.0320		0.3465		0.0673	0.1550
American Indian or Alaska Native	0.7215		0.3076		0.1419	0.8586
Native Hawaiian or Other Pacific Islander	*		*		*	0.7750
Asian	0.5881		0.4067		0.8569	0.3449
Two or More Races	0.4426		0.0568		0.3431	0.2047
Hispanic or Latino	0.5014		0.9500		0.8634	0.5714
EDUCATION						
< High School	0.3094		0.7029		0.0865	0.3941
High School Graduate	0.7963		0.2255		0.4749	0.7549
Some College	0.3826		0.7070		0.5155	0.4296
College Graduate	0.4072		0.3983		0.8196	0.2523
CURRENT EMPLOYMENT						
Full-Time	0.9594		0.5489		0.9866	0.5923
Part-Time	0.5774		0.9938		0.7856	0.8894
Unemployed	0.9186		0.6061		0.8895	0.7491
Other ³	0.7449		0.7071		0.4369	0.7062

*Low precision; no estimate reported.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.21C (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2007 and 2008

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	605	646	173	221	423	456	565	602
GEOGRAPHIC REGION								
Northeast	266	293	94	170	209	187	245	242
Midwest	233	240	60	86	175	179	217	228
South	397	392	92	92	265	273	357	387
West	313	354	98	79	219	249	299	331
COUNTY TYPE								
Large Metro	496	571	129	201	336	358	465	506
Small Metro	401	404	95	76	258	276	355	383
250K – 1 Mil. Pop.	329	349	61	67	205	231	285	333
< 250K Pop.	230	219	72	35	160	151	210	202
Nonmetro	270	294	75	77	163	176	246	287
Urbanized	169	199	47	37	108	122	160	188
Less Urbanized	204	212	52	68	116	130	177	206
Completely Rural	63	70	23	5	31	23	64	70
FAMILY INCOME								
Less Than \$20,000	313	315	127	102	238	216	266	295
\$20,000 - \$49,999	352	339	96	90	231	237	330	316
\$50,000 - \$74,999	302	308	56	61	197	200	282	288
\$75,000 or More	341	444	42	174	254	283	323	372
GOVERNMENT ASSISTANCE³								
Yes	313	298	111	75	223	214	286	272
No	592	648	131	209	390	424	543	590

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.21D (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Standard Errors of Percentages, 2007 and 2008

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	0.27	0.29	0.08	0.10	0.19	0.20	0.25	0.27
GEOGRAPHIC REGION								
Northeast	0.64	0.70	0.23	0.41	0.51	0.45	0.59	0.58
Midwest	0.47	0.49	0.12	0.17	0.36	0.36	0.44	0.46
South	0.49	0.48	0.11	0.11	0.33	0.33	0.44	0.47
West	0.61	0.68	0.19	0.15	0.43	0.48	0.59	0.64
COUNTY TYPE								
Large Metro	0.40	0.41	0.11	0.17	0.28	0.28	0.37	0.38
Small Metro	0.51	0.52	0.14	0.11	0.37	0.38	0.46	0.50
250K – 1 Mil. Pop.	0.61	0.65	0.14	0.15	0.42	0.47	0.54	0.64
< 250K Pop.	0.88	0.84	0.32	0.15	0.68	0.63	0.79	0.77
Nonmetro	0.62	0.70	0.20	0.20	0.40	0.45	0.58	0.69
Urbanized	0.92	1.09	0.30	0.24	0.66	0.75	0.89	1.06
Less Urbanized	0.93	1.06	0.29	0.37	0.58	0.67	0.86	1.04
Completely Rural	1.38	1.57	0.55	0.13	0.80	0.59	1.38	1.56
FAMILY INCOME								
Less Than \$20,000	0.71	0.74	0.31	0.26	0.56	0.54	0.61	0.70
\$20,000 - \$49,999	0.45	0.42	0.13	0.12	0.31	0.31	0.42	0.40
\$50,000 - \$74,999	0.67	0.67	0.14	0.15	0.47	0.45	0.63	0.64
\$75,000 or More	0.46	0.54	0.06	0.24	0.35	0.36	0.45	0.46
GOVERNMENT ASSISTANCE³								
Yes	0.85	0.84	0.34	0.24	0.65	0.64	0.80	0.78
No	0.29	0.30	0.07	0.11	0.20	0.21	0.27	0.28

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.21P (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: *P* Values from Tests of Differences of Percentages, 2008 Versus 2007

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	0.7006		0.4826		0.6618		0.5550	
GEOGRAPHIC REGION								
Northeast	0.2393		0.6964		0.1708		0.1148	
Midwest	0.3846		0.3461		0.7292		0.3169	
South	0.6370		0.0321		0.6336		0.7032	
West	0.0782		0.4752		0.2231		0.2026	
COUNTY TYPE								
Large Metro	0.3939		0.5190		0.8825		0.4473	
Small Metro	0.8386		0.2972		0.9534		0.8191	
250K – 1 Mil. Pop.	0.6365		0.9705		0.6108		0.6667	
< 250K Pop.	0.2833		0.0994		0.3734		0.2990	
Nonmetro	0.6778		0.0351		0.1480		0.7364	
Urbanized	0.9865		0.0657		0.5746		0.7796	
Less Urbanized	0.4515		0.3426		0.2712		0.9744	
Completely Rural	0.7317		0.1053		0.0310		0.5465	
FAMILY INCOME								
Less Than \$20,000	0.3281		0.0597		0.0682		0.7166	
\$20,000 - \$49,999	0.9244		0.3557		0.8465		0.9015	
\$50,000 - \$74,999	0.3433		0.4383		0.6936		0.2860	
\$75,000 or More	0.3080		0.1985		0.6082		0.5785	
GOVERNMENT ASSISTANCE³								
Yes	0.2659		0.0130		0.2837		0.4527	
No	0.2693		0.5541		0.8532		0.2440	

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.22C Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Standard Errors of Numbers in Thousands, 2007 and 2008

Type of Mental Health Treatment/Counseling ¹	Total (2007)	Total (2008)	Aged 18-25 (2007)	Aged 18-25 (2008)	Aged 26-49 (2007)	Aged 26-49 (2008)	Aged 50+ (2007)	Aged 50+ (2008)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	97	157	17	17	51	32	84	153
Outpatient	228	224	40	46	140	147	172	153
Prescription Medication	425	495	57	60	225	239	341	407
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	40	36	11	10	25	33	29	9
Inpatient and Prescription Medication	66	33	10	17	34	18	56	22
Outpatient and Prescription Medication	373	391	49	49	241	221	293	315
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	114	147	20	20	83	74	78	133

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.22D Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Standard Errors of Percentages, 2007 and 2008

Type of Mental Health Treatment/Counseling ¹	Total (2007)	Total (2008)	Aged 18-25 (2007)	Aged 18-25 (2008)	Aged 26-49 (2007)	Aged 26-49 (2008)	Aged 50+ (2007)	Aged 50+ (2008)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	0.33	0.52	0.50	0.48	0.36	0.23	0.71	1.21
Outpatient	0.74	0.70	1.08	1.09	0.91	0.95	1.40	1.18
Prescription Medication	1.03	1.17	1.37	1.27	1.29	1.27	2.07	2.30
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.14	0.12	0.31	0.29	0.18	0.24	0.25	0.07
Inpatient and Prescription Medication	0.22	0.11	0.28	0.47	0.24	0.13	0.47	0.18
Outpatient and Prescription Medication	1.04	1.07	1.20	1.13	1.33	1.28	2.04	2.08
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	0.38	0.48	0.57	0.55	0.57	0.52	0.66	1.04

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.22P Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: *P* Values from Tests of Differences of Percentages, 2008 Versus 2007

Type of Mental Health Treatment/Counseling ¹	Total (2007)	Total (2008)	Aged 18-25 (2007)	Aged 18-25 (2008)	Aged 26-49 (2007)	Aged 26-49 (2008)	Aged 50+ (2007)	Aged 50+ (2008)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	0.5886		0.6180		0.0634		0.9039	
Outpatient	0.7822		0.0171		0.7845		0.5473	
Prescription Medication	0.1078		0.8087		0.5571		0.1574	
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.4970		0.3215		0.8757		0.3664	
Inpatient and Prescription Medication	0.0242		0.1026		0.0498		0.0406	
Outpatient and Prescription Medication	0.3669		0.1113		0.4232		0.1610	
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	0.6414		0.3770		0.2521		0.1091	

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

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