

**Table 6.31A Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Age Group: Numbers in Thousands, 2007 and 2008**

<b>Source of Mental Health Service<sup>1</sup></b>	<b>Total (2007)</b>	<b>Total (2008)</b>	<b>Aged 12-13 (2007)</b>	<b>Aged 12-13 (2008)</b>	<b>Aged 14-15 (2007)</b>	<b>Aged 14-15 (2008)</b>	<b>Aged 16-17 (2007)</b>	<b>Aged 16-17 (2008)</b>
<b>SPECIALTY MENTAL HEALTH</b>	3,113	3,126	939	983	1,082	1,111	1,093	1,032
<b>Outpatient</b>	2,781	2,811	827	878	959	991	995	942
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	2,362	2,386	677	698	812	847	873	842
Mental Health Clinic or Center	579	560	169	127	199	219	211	214
Partial Day Hospital or Day Treatment Program	416	370	152	118	125	153	140 <sup>a</sup>	99
In-Home Therapist, Counselor, or Family Preservation Worker	703	707	215	274	264	223	224	210
<b>Inpatient or Residential (Overnight or   Longer Stay)</b>	628	598	191	181	235	224	202	192
Hospital	510	462	159	141	181	174	170	148
Residential Treatment Center	199	195	53	53	79	64	67	77
Foster Care or Therapeutic Foster Care Home	112	118	31	33	44	46	37	39
<b>EDUCATION<sup>2</sup></b>	2,862	2,882	967	997	1,009	1,037	885	848
School Counselor, School Psychologist or Regular Meetings with a Teacher	2,428	2,480	862	864	816	903	750	713
Special Education Services While in a Regular Classroom or Placement in a Special Classroom, Special Program or Special School	811	746	257	229	311	270	243	247
<b>MEDICAL</b>								
Pediatrician or Other Family Doctor	692	706	200	214	237	240	254	252
<b>SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL<sup>3</sup></b>	1,278	1,306	406	427	441	475	431	404

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

<sup>2</sup> Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

<sup>3</sup> Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.31B Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Age Group: Percentages, 2007 and 2008**

<b>Source of Mental Health Service<sup>1</sup></b>	<b>Total (2007)</b>	<b>Total (2008)</b>	<b>Aged 12-13 (2007)</b>	<b>Aged 12-13 (2008)</b>	<b>Aged 14-15 (2007)</b>	<b>Aged 14-15 (2008)</b>	<b>Aged 16-17 (2007)</b>	<b>Aged 16-17 (2008)</b>
<b>SPECIALTY MENTAL HEALTH</b>	12.5	12.7	11.8	12.9	12.8	13.3	12.8	12.0
<b>Outpatient</b>	11.1	11.4	10.4	11.4	11.4	11.8	11.6	11.0
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	9.4	9.7	8.4	9.1	9.6	10.1	10.2	9.8
Mental Health Clinic or Center	2.3	2.3	2.1	1.6	2.4	2.6	2.5	2.5
Partial Day Hospital or Day Treatment Program	1.7	1.5	1.9	1.5	1.5	1.8	1.6 <sup>a</sup>	1.2
In-Home Therapist, Counselor, or Family Preservation Worker	2.8	2.9	2.7 <sup>a</sup>	3.6	3.1	2.7	2.6	2.4
<b>Inpatient or Residential (Overnight or   Longer Stay)</b>	2.5	2.4	2.4	2.4	2.8	2.7	2.4	2.2
Hospital	2.0	1.9	2.0	1.8	2.1	2.1	2.0	1.7
Residential Treatment Center	0.8	0.8	0.7	0.7	0.9	0.8	0.8	0.9
Foster Care or Therapeutic Foster Care Home	0.4	0.5	0.4	0.4	0.5	0.5	0.4	0.5
<b>EDUCATION<sup>2</sup></b>	11.5	11.8	12.2	13.2	12.0	12.4	10.4	9.9
School Counselor, School Psychologist or Regular Meetings with a Teacher	9.7	10.1	10.8	11.4	9.7	10.8	8.8	8.3
Special Education Services While in a Regular Classroom or Placement in a Special Classroom, Special Program or Special School	3.3	3.0	3.2	3.0	3.7	3.2	2.8	2.9
<b>MEDICAL</b>								
Pediatrician or Other Family Doctor	2.8	2.9	2.5	2.8	2.8	2.9	3.0	2.9
<b>SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL<sup>3</sup></b>	5.1	5.3	5.1	5.6	5.2	5.7	5.0	4.7

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

<sup>2</sup> Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

<sup>3</sup> Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.32A Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Demographic Characteristics: Numbers in Thousands, 2007 and 2008**

Demographic Characteristic	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION <sup>3</sup>		MEDICAL <sup>4</sup>		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5</sup>	
	Total		Outpatient <sup>1</sup>		Inpatient <sup>2</sup>							
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	3,113	3,126	2,781	2,811	628	598	2,862	2,882	692	706	1,278	1,306
GENDER												
Male	1,362	1,349	1,155	1,170	331	292	1,250	1,313	299	324	517	513
Female	1,751	1,778	1,627	1,641	297	306	1,612	1,569	393	382	761	794
AGE GROUP												
12-13	939	983	827	878	191	181	967	997	200	214	406	427
14-15	1,082	1,111	959	991	235	224	1,009	1,037	237	240	441	475
16-17	1,093	1,032	995	942	202	192	885	848	254	252	431	404
HISPANIC ORIGIN AND RACE												
Not Hispanic or Latino	2,650	2,580	2,381	2,356	529	462	2,370	2,303	617	576	1,095	1,059
White	2,006	1,994	1,856	1,847	339	317	1,621	1,636	500	457	806	814
Black or African American	487	413	385	354	155 <sup>a</sup>	109	581	492	70	81	209	173
American Indian or Alaska Native	*	22	*	17	3	9	*	19	*	5	*	11
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	*	*	*
Asian	58	69	49	61	17	10	62	63	18	11	27	20
Two or More Races	57	74	52	71	10	15	62	85	8	15	30	41
Hispanic or Latino	463	546	401	455	99	136	491	579	74 <sup>b</sup>	130	183 <sup>a</sup>	247

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>2</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>3</sup> Includes treatment/counseling from (1) school counselors, school psychologists, or regular meetings with teachers or (2) special education services while in a regular classroom or placement in a special classroom, program, or school. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

<sup>4</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>5</sup> Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.32B Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Demographic Characteristics: Percentages, 2007 and 2008**

Demographic Characteristic	SPECIALTY MENTAL HEALTH SERVICE										SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5</sup>	
	Total		Outpatient <sup>1</sup>		Inpatient <sup>2</sup>							
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	12.5	12.7	11.1	11.4	2.5	2.4	11.5	11.8	2.8	2.9	5.1	5.3
GENDER												
Male	10.7	10.7	9.1	9.3	2.6	2.3	9.9	10.5	2.3	2.6	4.1	4.1
Female	14.3	14.8	13.3	13.6	2.4	2.5	13.2	13.0	3.2	3.2	6.2	6.6
AGE GROUP												
12-13	11.8	12.9	10.4	11.4	2.4	2.4	12.2	13.2	2.5	2.8	5.1	5.6
14-15	12.8	13.3	11.4	11.8	2.8	2.7	12.0	12.4	2.8	2.9	5.2	5.7
16-17	12.8	12.0	11.6	11.0	2.4	2.2	10.4	9.9	3.0	2.9	5.0	4.7
HISPANIC ORIGIN AND RACE												
Not Hispanic or Latino	13.0	12.9	11.7	11.8	2.6	2.3	11.7	11.6	3.0	2.9	5.4	5.3
White	13.4	13.7	12.4	12.7	2.3	2.2	10.9	11.3	3.3	3.1	5.4	5.6
Black or African American	12.8	11.1	10.2	9.5	4.1 <sup>a</sup>	2.9	15.4	13.2	1.9	2.2	5.5	4.6
American Indian or Alaska Native	*	16.4	*	12.6	2.1	6.6	*	14.5	*	3.6	*	8.3
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	*	*	*
Asian	5.8	7.3	4.9	6.4	1.7	1.0	6.1	6.8	1.8	1.1	2.7	2.1
Two or More Races	13.6	14.9	12.6	14.4	2.5	3.0	14.9	17.2	1.9	3.0	7.2	8.2
Hispanic or Latino	10.1	11.7	8.7	9.7	2.2	2.9	10.8	12.5	1.6 <sup>b</sup>	2.8	4.0 <sup>a</sup>	5.3

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>2</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>3</sup> Includes treatment/counseling from (1) school counselors, school psychologists, or regular meetings with teachers or (2) special education services while in a regular classroom or placement in a special classroom, program, or school. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

<sup>4</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>5</sup> Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.33A (REVISED) Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2007 and 2008**

Geographic or Socioeconomic Characteristic	SPECIALTY MENTAL HEALTH SERVICE										SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5</sup>	
	Total		Outpatient <sup>1</sup>		Inpatient <sup>2</sup>							
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	3,121	3,158	2,787	2,837	630	607	2,867	2,912	692	710	1,279	1,319
GEOGRAPHIC REGION												
Northeast	634	632	571	596	99	87	576	594	117	114	279	298
Midwest	774	707	705	634	166	160	652	641	165	159	339	292
South	1,023	1,034	897	910	231	203	954	956	267	274	409	400
West	689	785	613	697	134	156	685	721	142	163	253 <sup>a</sup>	329
COUNTY TYPE												
Large Metro	1,659	1,652	1,483	1,503	321	288	1,544	1,624	325	311	670	704
Small Metro	967	986	870	891	187	192	877	841	233	260	391	413
250K – 1 Mil. Pop.	659	654	598	600	123	105	583	567	141	153	246	273
< 250K Pop.	308	332	272	291	64	87	294	274	92	107	146	140
Nonmetro	494	520	435	443	122	127	446	447	134	139	218	203
Urbanized	195	227	176	206	39	47	203	189	51	63	88	84
Less Urbanized	241	254	208	202	73	71	207	213	60	66	100	101
Completely Rural	58	39	51	35	10	8	37	45	23	10	30	18
FAMILY INCOME												
Less Than \$20,000	628	566	515	465	200	164	632	543	116	130	267	233
\$20,000 - \$49,999	994	1,008	875	885	222	234	969	995	197	215	438	424
\$50,000 - \$74,999	560	519	510	476	96	78	484	519	115	106	213	240
\$75,000 or More	938	1,065	887	1,011	112	131	783	855	263	259	361	422
GOVERNMENT ASSISTANCE <sup>6</sup>												
Yes	785	749	644	642	239	205	758	740	147	178	346	333
No	2,336	2,408	2,143	2,195	391	402	2,109	2,172	545	531	934	986

\*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>2</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>3</sup> Includes treatment/counseling from (1) school counselors, school psychologists, or regular meetings with teachers or (2) special education services while in a regular classroom or placement in a special classroom, program, or school. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

<sup>4</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>5</sup> Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

<sup>6</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.33B (REVISED) Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Geographic and Socioeconomic Characteristics: Percentages, 2007 and 2008**

Geographic or Socioeconomic Characteristic	SPECIALTY MENTAL HEALTH SERVICE										SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5</sup>	
	Total		Outpatient <sup>1</sup>		Inpatient <sup>2</sup>							
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
TOTAL	12.5	12.8	11.2	11.5	2.5	2.5	11.5	11.9	2.8	2.9	5.1	5.4
GEOGRAPHIC REGION												
Northeast	14.3	14.7	12.9	13.8	2.2	2.0	13.1	13.8	2.7	2.6	6.3	6.9
Midwest	13.9	13.0	12.7	11.6	3.0	2.9	11.8	11.8	3.0	2.9	6.1	5.4
South	11.3	11.6	9.9	10.2	2.5	2.3	10.6	10.7	3.0	3.1	4.5	4.5
West	11.6	13.3	10.3	11.8	2.2	2.6	11.6	12.3	2.4	2.8	4.2 <sup>a</sup>	5.6
COUNTY TYPE												
Large Metro	12.3	12.6	11.0	11.4	2.4	2.2	11.4	12.4	2.4	2.4	4.9	5.3
Small Metro	13.2	13.5	11.9	12.1	2.6	2.6	12.1	11.5	3.2	3.5	5.3	5.6
250K – 1 Mil. Pop.	13.4	13.5	12.1	12.4	2.5	2.1	11.9	11.7	2.9	3.1	5.0	5.6
< 250K Pop.	13.0	13.4	11.4	11.7	2.7	3.5	12.4	11.1	3.9	4.3	6.1	5.6
Nonmetro	12.0	12.6	10.5	10.7	2.9	3.1	10.9	10.9	3.2	3.4	5.3	4.9
Urbanized	11.4	12.8	10.3	11.6	2.3	2.6	11.9	10.7	3.0	3.6	5.2	4.7
Less Urbanized	12.1	12.8	10.4	10.2	3.6	3.6	10.5	10.7	3.0	3.3	5.0	5.1
Completely Rural	13.8	10.7	12.0	9.5	2.4	2.3	8.7	12.2	5.4	2.8	7.2	4.8
FAMILY INCOME												
Less Than \$20,000	14.8	15.3	12.1	12.5	4.7	4.4	15.0	14.7	2.7	3.5	6.3	6.3
\$20,000 - \$49,999	13.1	13.2	11.5	11.5	2.9	3.0	12.8	13.1	2.6	2.8	5.8	5.5
\$50,000 - \$74,999	12.4	11.6	11.3	10.6	2.1	1.7	10.7	11.6	2.5	2.3	4.7	5.3
\$75,000 or More	10.9	12.2	10.3	11.5	1.3	1.5	9.1	9.8	3.1	3.0	4.2	4.8
GOVERNMENT ASSISTANCE <sup>6</sup>												
Yes	16.0	16.1	13.1	13.7	4.9	4.4	15.6	15.9	3.0	3.8	7.1	7.1
No	11.7	12.1	10.7	11.0	1.9	2.0	10.5	10.9	2.7	2.7	4.6	4.9

\*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

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<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>2</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>3</sup> Includes treatment/counseling from (1) school counselors, school psychologists, or regular meetings with teachers or (2) special education services while in a regular classroom or placement in a special classroom, program, or school. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

<sup>4</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>5</sup> Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

<sup>6</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008