

Table 6.26A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Numbers in Thousands, 2007 and 2008

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL	10,921	10,560	5,486	5,353	5,392	5,148
AGE						
18-25	2,465	2,592	943	1,012	1,518	1,569
26-49	6,415	5,970	3,374	3,175	3,020	2,791
50 or Older	2,040	1,997	1,169	1,166	854	788
GENDER						
Male	3,403	3,372	1,726	1,469	1,667	1,867
Female	7,518	7,188	3,760	3,884	3,725	3,281
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	9,711	9,559	5,033	4,943	4,637	4,560
White	8,184	8,006	4,403	4,241	3,748	3,712
Black or African American	1,054	1,183	419	523	624	659
Other or Two or More Races	474	370	210	178	264	189
Hispanic or Latino	1,209	1,001	453	410	755	588
EDUCATION						
< High School	1,946 ^b	1,384	1,063 ^b	702	883	648
High School Graduate	2,875	2,881	1,515	1,565	1,344	1,309
Some College	3,273	3,576	1,576	1,845	1,692	1,718
College Graduate	2,828	2,719	1,331	1,240	1,474	1,473
CURRENT EMPLOYMENT						
Full-Time	5,423	5,058	2,507	2,324	2,896	2,733
Part-Time	1,874	1,914	896	839	968	1,067
Unemployed	566	756	237	361	330	395
Other ³	3,057	2,832	1,846	1,829	1,198	953

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information were excluded.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.26B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Percentages, 2007 and 2008

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL	4.9	4.7	18.7	17.9	2.8	2.7
AGE						
18-25	7.6	7.9	28.2	28.6	5.2	5.4
26-49	6.4	6.0	23.8	22.8	3.5	3.3
50 or Older	2.3	2.2	10.0	9.4	1.1	1.0
GENDER						
Male	3.2	3.1	17.6	14.7	1.7	1.9
Female	6.5	6.2	19.3	19.5	3.9	3.4
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	5.0	4.9	18.5	17.8	2.8	2.7
White	5.3	5.2	17.9	17.3	2.9	2.9
Black or African American	4.2	4.6	24.5	23.9	2.6	2.8
Other or Two or More Races	3.5	2.6	23.9	16.4	2.1	1.5
Hispanic or Latino	4.1	3.3	21.8	20.0	2.8	2.1
EDUCATION						
< High School	5.4 ^b	4.0	24.4 ^a	18.1	2.8	2.1
High School Graduate	4.2	4.1	17.9	18.3	2.3	2.1
Some College	5.7	6.3	20.3	22.8	3.4	3.5
College Graduate	4.7	4.4	15.3	13.3	2.8	2.8
CURRENT EMPLOYMENT						
Full-Time	4.5	4.1	19.2	17.7	2.7	2.5
Part-Time	6.4	6.3	20.5	18.1	3.9	4.2
Unemployed	8.0	8.4	23.5	28.6	5.4	5.1
Other ³	4.8	4.5	17.1	16.9	2.2	1.8

*Low precision; no estimate reported.

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^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

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³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.27A (REVISED) Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment, and Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2007 and 2008

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL	10,974	10,636	5,536	5,408	5,395	5,168
GEOGRAPHIC REGION						
Northeast	1,871	1,885	970	940	895	937
Midwest	2,509	2,602	1,293	1,340	1,205	1,217
South	3,971	3,639	1,957	1,857	1,991	1,776
West	2,622	2,509	1,317	1,272	1,304	1,238
COUNTY TYPE						
Large Metro	5,679	5,433	2,702	2,491	2,953	2,936
Small Metro	3,553	3,421	1,922	1,868	1,620	1,511
250K – 1 Mil. Pop.	2,336	2,383	1,157	1,313	1,170	1,032
< 250K Pop.	1,217	1,039	765	555	450	479
Nonmetro	1,742	1,781	912	1,050	822	721
Urbanized	787	765	440	439	347	326
Less Urbanized	768	892	389	546	370	336
Completely Rural	188	124	*	*	105	59
FAMILY INCOME						
Less Than \$20,000	2,912	2,974	1,669	1,579	1,224	1,355
\$20,000 - \$49,999	3,559	3,689	1,752	1,831	1,806	1,844
\$50,000 - \$74,999	1,932	1,672	998	895	934	778
\$75,000 or More	2,571	2,301	1,118	1,104	1,431	1,191
GOVERNMENT ASSISTANCE³						
Yes	2,936	2,691	1,711	1,581	1,215	1,077
No	8,038	7,944	3,825	3,828	4,180	4,091

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information were excluded.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

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¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.27B (REVISED) Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment, and Geographic or Socioeconomic Characteristics: Percentages, 2007 and 2008

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL	4.9	4.7	18.8	18.0	2.8	2.7
GEOGRAPHIC REGION						
Northeast	4.5	4.5	15.7	16.5	2.6	2.6
Midwest	5.1	5.3	19.2	19.0	2.8	2.9
South	4.9	4.5	18.9	18.1	2.8	2.5
West	5.1	4.9	21.3	17.9	2.9	2.8
COUNTY TYPE						
Large Metro	4.8	4.5	18.6	16.3	2.8	2.8
Small Metro	5.3	5.0	20.1	19.4	2.8	2.6
250K – 1 Mil. Pop.	5.3	5.3	18.8	20.6	3.1	2.7
< 250K Pop.	5.5	4.5	22.4	17.1	2.4	2.4
Nonmetro	4.7	4.8	17.2	20.1	2.6	2.3
Urbanized	5.2	5.0	18.9	18.6	2.7	2.5
Less Urbanized	4.4	5.0	15.2 ^a	22.2	2.5	2.2
Completely Rural	4.5	3.4	*	*	2.8	1.8
FAMILY INCOME						
Less Than \$20,000	7.2	7.8	24.1	26.1	3.6	4.3
\$20,000 - \$49,999	4.9	5.0	19.9	20.9	2.8	2.9
\$50,000 - \$74,999	4.8	4.0	19.1	15.6	2.6	2.2
\$75,000 or More	3.8	3.2	13.2	11.6	2.4	1.9
GOVERNMENT ASSISTANCE³						
Yes	9.2	8.7	26.1	26.3	4.8	4.3
No	4.2	4.1	16.7	15.9	2.5	2.4

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2008 detailed tables).

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