

**Table 6.16A (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Demographic Characteristics: Numbers in Thousands, 2008**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1</sup>	Inpatient	Outpatient	Prescription Medication
<b>TOTAL</b>	5,458	713	3,822	4,973
<b>AGE</b>				
18-25	567	97	406	444
26-49	3,192	327	2,283	2,861
50 or Older	1,699	289	1,133	1,669
<b>GENDER</b>				
Male	1,717	239	1,188	1,534
Female	3,741	474	2,634	3,439
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	5,059	610	3,542	4,644
White	4,462	520	3,090	4,135
Black or African American	364	83	288	293
American Indian or Alaska Native	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*
Asian	*	*	*	*
Two or More Races	*	*	*	*
Hispanic or Latino	*	*	*	*
<b>EDUCATION</b>				
< High School	639	106	379	574
High School Graduate	1,716	182	1,089	1,572
Some College	1,672	248	1,233	1,529
College Graduate	1,431	178	1,121	1,298
<b>CURRENT EMPLOYMENT</b>				
Full-Time	2,016	128	1,409	1,822
Part-Time	772	*	593	683
Unemployed	*	32	*	*
Other <sup>2</sup>	2,301	356	1,621	2,133

\*Low precision; no estimate reported.

NOTE: Some 2008 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>2</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.16B (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Demographic Characteristics: Percentages, 2008**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1</sup>	Inpatient	Outpatient	Prescription Medication
<b>TOTAL</b>	65.7	8.6	46.2	59.7
<b>AGE</b>				
18-25	45.9	7.9	33.0	35.9
26-49	67.2	6.9	48.2	60.1
50 or Older	73.2	12.4	49.0	71.5
<b>GENDER</b>				
Male	60.0	8.3	41.7	53.5
Female	68.7	8.7	48.5	63.0
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	67.2	8.1	47.2	61.5
White	68.7	8.0	47.7	63.5
Black or African American	55.4	12.8	44.8	44.7
American Indian or Alaska Native	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*
Asian	*	*	*	*
Two or More Races	*	*	*	*
Hispanic or Latino	*	*	*	*
<b>EDUCATION</b>				
< High School	54.6	9.0	32.7	49.1
High School Graduate	62.9	6.7	40.0	57.7
Some College	63.7	9.4	47.3	58.0
College Graduate	80.0	9.9	62.8	72.2
<b>CURRENT EMPLOYMENT</b>				
Full-Time	57.0	3.6	39.9	51.4
Part-Time	68.8	*	52.9	60.6
Unemployed	*	5.3	*	*
Other <sup>2</sup>	75.6	11.7	53.7	69.8

\*Low precision; no estimate reported.

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NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>2</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.17A (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness Who Received Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2008**

Type of Mental Health Treatment/Counseling <sup>1</sup>	Total	Aged 18-25	Aged 26-49	Aged 50+
<b>RECEIVED ONLY ONE TREATMENT TYPE</b>				
Inpatient	33	6	17	*
Outpatient	428	105	306	17
Prescription Medication	1,521	137	860	525
<b>RECEIVED TWO TREATMENT TYPES</b>				
Inpatient and Outpatient	22	10	8	3
Inpatient and Prescription Medication	51	15	15	*
Outpatient and Prescription Medication	2,768	228	1,683	857
<b>RECEIVED ALL THREE TREATMENT TYPES</b>				
Inpatient, Outpatient, and Prescription Medication	604	63	285	*

\*Low precision; no estimate reported.

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<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.17B (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness Who Received Mental Health Treatment in the Past Year, by Age Group: Percentages, 2008**

Type of Mental Health Treatment/Counseling <sup>1</sup>	Total	Aged 18-25	Aged 26-49	Aged 50+
<b>RECEIVED ONLY ONE TREATMENT TYPE</b>				
Inpatient	0.6	1.1	0.5	*
Outpatient	7.9	18.6	9.7	1.0
Prescription Medication	28.0	24.2	27.1	31.1
<b>RECEIVED TWO TREATMENT TYPES</b>				
Inpatient and Outpatient	0.4	1.8	0.3	0.2
Inpatient and Prescription Medication	0.9	2.7	0.5	*
Outpatient and Prescription Medication	51.0	40.4	53.0	50.8
<b>RECEIVED ALL THREE TREATMENT TYPES</b>				
Inpatient, Outpatient, and Prescription Medication	11.1	11.1	9.0	*

\*Low precision; no estimate reported.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.