

Table 6.14A (REVISED) Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Demographic Characteristics: Numbers in Thousands, 2008

Demographic Characteristic	Total¹	Serious Mental Illness	No Serious Mental Illness
TOTAL	30,201	5,458	24,743
AGE			
18-25	3,612	567	3,045
26-49	14,030	3,192	10,838
50 or Older	12,559	1,699	10,860
GENDER			
Male	10,141	1,717	8,424
Female	20,060	3,741	16,318
HISPANIC ORIGIN AND RACE			
Not Hispanic or Latino	28,137	5,059	23,077
White	24,818	4,462	20,355
Black or African American	2,231	364	1,867
American Indian or Alaska Native	124	*	99
Native Hawaiian or Other Pacific Islander	*	*	*
Asian	442	*	315
Two or More Races	469	*	392
Hispanic or Latino	2,064	*	1,665
EDUCATION			
< High School	3,968	639	3,330
High School Graduate	8,649	1,716	6,932
Some College	8,138	1,672	6,466
College Graduate	9,446	1,431	8,015
CURRENT EMPLOYMENT			
Full-Time	13,254	2,016	11,238
Part-Time	4,697	772	3,925
Unemployed	1,285	*	916
Other ²	10,965	2,301	8,663

*Low precision; no estimate reported.

NOTE: Some 2008 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

¹ Estimates in the Total column represent persons aged 18 or older, including those with unknown past year SMI information.

² The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

Table 6.14B (REVISED) Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Demographic Characteristics: Percentages, 2008

Demographic Characteristic	Total ¹	Serious Mental Illness	No Serious Mental Illness
TOTAL	13.5	65.7	11.5
AGE			
18-25	11.0	45.9	9.6
26-49	14.1	67.2	11.4
50 or Older	13.7	73.2	12.1
GENDER			
Male	9.4	60.0	8.0
Female	17.3	68.7	14.8
HISPANIC ORIGIN AND RACE			
Not Hispanic or Latino	14.5	67.2	12.4
White	16.1	68.7	13.8
Black or African American	8.7	55.4	7.5
American Indian or Alaska Native	13.2	*	10.9
Native Hawaiian or Other Pacific Islander	*	*	*
Asian	4.5	*	3.3
Two or More Races	18.9	*	16.7
Hispanic or Latino	6.8	*	5.7
EDUCATION			
< High School	11.4	54.6	9.9
High School Graduate	12.4	62.9	10.4
Some College	14.2	63.7	11.9
College Graduate	15.1	80.0	13.2
CURRENT EMPLOYMENT			
Full-Time	10.9	57.0	9.5
Part-Time	15.6	68.8	13.5
Unemployed	14.3	*	10.9
Other ²	17.3	75.6	14.4

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Table 6.15A (REVISED) Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Geographic Characteristics: Numbers in Thousands, 2008

Geographic Characteristic	Total¹	Serious Mental Illness	No Serious Mental Illness
TOTAL	30,201	5,458	24,743
GEOGRAPHIC REGION			
Northeast	5,749	1,166	4,583
New England	1,793	*	1,500
Middle Atlantic	3,956	873	3,083
Midwest	7,046	1,325	5,721
East North Central	4,858	938	3,920
West North Central	2,188	*	1,801
South	10,285	1,717	8,568
South Atlantic	5,811	940	4,870
East South Central	1,557	*	1,345
West South Central	2,917	565	2,353
West	7,121	1,250	5,871
Mountain	2,378	448	1,929
Pacific	4,743	802	3,941
COUNTY TYPE			
Large Metro	15,290	2,729	12,561
Small Metro	9,672	1,793	7,878
250K – 1 Mil. Pop.	6,412	1,261	5,152
< 250K Pop.	3,260	533	2,727
Nonmetro	5,239	935	4,303
Urbanized	2,381	*	1,920
Less Urbanized	2,460	416	2,045
Completely Rural	397	*	338

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Table 6.15B (REVISED) Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Geographic Characteristics: Percentages, 2008

Geographic Characteristic	Total¹	Serious Mental Illness	No Serious Mental Illness
TOTAL	13.5	65.7	11.5
GEOGRAPHIC REGION			
Northeast	13.8	72.2	11.5
New England	16.4	*	14.3
Middle Atlantic	12.9	71.8	10.5
Midwest	14.3	67.9	12.1
East North Central	14.1	66.7	11.9
West North Central	14.7	*	12.6
South	12.6	61.7	10.9
South Atlantic	13.4	67.4	11.6
East South Central	11.7	*	10.4
West South Central	11.7	59.7	9.8
West	13.8	63.8	11.8
Mountain	15.1	61.7	12.9
Pacific	13.2	65.1	11.4
COUNTY TYPE			
Large Metro	12.8	63.5	10.9
Small Metro	14.2	66.8	12.1
250K – 1 Mil. Pop.	14.3	71.4	11.9
< 250K Pop.	14.2	57.9	12.4
Nonmetro	14.2	70.5	12.1
Urbanized	15.5	*	13.1
Less Urbanized	13.7	68.2	11.8
Completely Rural	10.9	*	9.5

*Low precision; no estimate reported.

NOTE: Some 2008 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

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