

Table 6.9C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2006 and 2007

| Demographic Characteristic | Received Mental Health Treatment/Counseling ¹ | | TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ² | | | | | |
|---|--|------|---|------|------------|------|-------------------------|------|
| | 2006 | 2007 | Inpatient | | Outpatient | | Prescription Medication | |
| | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 |
| TOTAL | 355 | 373 | 102 | 139 | 281 | 274 | 338 | 344 |
| AGE | | | | | | | | |
| 18-25 | 67 | 65 | 20 | 24 | 54 | 50 | 55 | 58 |
| 26-49 | 238 | 230 | 72 | 80 | 181 | 186 | 228 | 217 |
| 50 or Older | 242 | 271 | 74 | 110 | 187 | 189 | 238 | 250 |
| GENDER | | | | | | | | |
| Male | 207 | 202 | 74 | 85 | 167 | 142 | 196 | 194 |
| Female | 286 | 297 | 71 | 112 | 213 | 225 | 279 | 268 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 343 | 343 | 100 | 114 | 273 | 263 | 327 | 323 |
| White | 314 | 326 | 83 | 104 | 246 | 250 | 300 | 311 |
| Black or African American | 100 | 86 | 41 | 43 | 89 | 60 | 98 | 83 |
| American Indian or Alaska Native | * | * | 3 | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * |
| Asian | * | * | * | 4 | 28 | * | * | * |
| Two or More Races | * | * | * | * | * | * | * | * |
| Hispanic or Latino | 90 | 136 | 19 | 79 | 67 | 83 | 79 | 113 |
| EDUCATION | | | | | | | | |
| < High School | 132 | 183 | 59 | 107 | 91 | 116 | 128 | 162 |
| High School Graduate | 197 | 203 | 60 | 58 | 145 | 146 | 189 | 192 |
| Some College | 201 | 165 | 39 | 50 | 160 | 133 | 193 | 159 |
| College Graduate | 172 | 184 | 49 | 41 | 147 | 150 | 161 | 169 |
| CURRENT EMPLOYMENT | | | | | | | | |
| Full-Time | 227 | 206 | 26 | 43 | 179 | 165 | 219 | 197 |
| Part-Time | 112 | 144 | 28 | 41 | 99 | 109 | 104 | 128 |
| Unemployed | 69 | 74 | 22 | 29 | 46 | 60 | 67 | 71 |
| Other ³ | 218 | 254 | 92 | 123 | 169 | 174 | 211 | 233 |

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.9D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Standard Errors of Percentages, 2006 and 2007

| Demographic Characteristic | Received Mental Health Treatment/Counseling ¹ | | TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ² | | | | | |
|---|--|------|---|------|------------|------|-------------------------|------|
| | | | Inpatient | | Outpatient | | Prescription Medication | |
| | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 |
| TOTAL | 1.07 | 1.11 | 0.40 | 0.55 | 0.92 | 0.96 | 1.05 | 1.08 |
| AGE | | | | | | | | |
| 18-25 | 0.92 | 0.94 | 0.34 | 0.40 | 0.81 | 0.78 | 0.82 | 0.88 |
| 26-49 | 1.41 | 1.37 | 0.54 | 0.63 | 1.17 | 1.24 | 1.41 | 1.36 |
| 50 or Older | 2.84 | 2.94 | 1.20 | 1.71 | 2.56 | 2.64 | 2.82 | 2.94 |
| GENDER | | | | | | | | |
| Male | 1.74 | 1.74 | 0.79 | 0.94 | 1.52 | 1.45 | 1.71 | 1.73 |
| Female | 1.31 | 1.35 | 0.44 | 0.71 | 1.13 | 1.22 | 1.33 | 1.31 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 1.10 | 1.14 | 0.45 | 0.52 | 1.01 | 1.06 | 1.10 | 1.13 |
| White | 1.21 | 1.25 | 0.47 | 0.58 | 1.12 | 1.21 | 1.21 | 1.26 |
| Black or African American | 3.05 | 2.90 | 1.49 | 1.59 | 2.91 | 2.23 | 3.01 | 2.81 |
| American Indian or Alaska Native | * | * | 1.02 | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * |
| Asian | * | * | * | 0.66 | 3.81 | * | * | * |
| Two or More Races | * | * | * | * | * | * | * | * |
| Hispanic or Latino | 2.56 | 3.49 | 0.62 | 2.48 | 1.98 | 2.49 | 2.28 | 3.15 |
| EDUCATION | | | | | | | | |
| < High School | 2.26 | 2.47 | 1.14 | 1.87 | 1.67 | 1.95 | 2.19 | 2.39 |
| High School Graduate | 1.79 | 1.82 | 0.73 | 0.72 | 1.54 | 1.59 | 1.76 | 1.80 |
| Some College | 1.94 | 1.87 | 0.55 | 0.75 | 1.76 | 1.71 | 1.93 | 1.87 |
| College Graduate | 2.35 | 2.62 | 1.05 | 0.88 | 2.30 | 2.53 | 2.41 | 2.68 |
| CURRENT EMPLOYMENT | | | | | | | | |
| Full-Time | 1.42 | 1.42 | 0.21 | 0.37 | 1.25 | 1.27 | 1.42 | 1.39 |
| Part-Time | 2.29 | 2.56 | 0.73 | 1.06 | 2.18 | 2.32 | 2.22 | 2.50 |
| Unemployed | 3.46 | 3.77 | 1.39 | 1.90 | 2.74 | 3.41 | 3.44 | 3.75 |
| Other ³ | 2.16 | 2.14 | 1.22 | 1.53 | 1.93 | 1.96 | 2.12 | 2.18 |

*Low precision; no estimate reported.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.9P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: *P* Values from Tests of Differences of Percentages, 2007 Versus 2006

| Demographic Characteristic | Received Mental Health Treatment/Counseling ¹ | | TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ² | | | | | |
|---|--|------|---|------|------------|------|-------------------------|------|
| | | | Inpatient | | Outpatient | | Prescription Medication | |
| | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 |
| TOTAL | 0.6979 | | 0.0727 | | 0.9498 | | 0.9007 | |
| AGE | | | | | | | | |
| 18-25 | 0.6633 | | 0.2379 | | 0.5871 | | 0.5889 | |
| 26-49 | 0.3434 | | 0.0948 | | 0.2103 | | 0.5137 | |
| 50 or Older | 0.8551 | | 0.4803 | | 0.3956 | | 0.3447 | |
| GENDER | | | | | | | | |
| Male | 0.9295 | | 0.3525 | | 0.1062 | | 0.8881 | |
| Female | 0.6216 | | 0.1158 | | 0.2193 | | 0.7460 | |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 0.9697 | | 0.1273 | | 0.9452 | | 0.6886 | |
| White | 0.9271 | | 0.1021 | | 0.7743 | | 0.7872 | |
| Black or African American | 0.4225 | | 0.6724 | | 0.1434 | | 0.5740 | |
| American Indian or Alaska Native | * | | * | | * | | * | |
| Native Hawaiian or Other Pacific Islander | * | | * | | * | | * | |
| Asian | * | | * | | * | | * | |
| Two or More Races | * | | * | | * | | * | |
| Hispanic or Latino | 0.3387 | | 0.3307 | | 0.6794 | | 0.4850 | |
| EDUCATION | | | | | | | | |
| < High School | 0.0914 | | 0.0990 | | 0.4092 | | 0.3156 | |
| High School Graduate | 0.6786 | | 0.6058 | | 0.9341 | | 0.8931 | |
| Some College | 0.3926 | | 0.3572 | | 0.7595 | | 0.4033 | |
| College Graduate | 0.7697 | | 0.9785 | | 0.8455 | | 0.7173 | |
| CURRENT EMPLOYMENT | | | | | | | | |
| Full-Time | 0.2594 | | 0.0279 | | 0.4353 | | 0.3263 | |
| Part-Time | 0.0833 | | 0.3201 | | 0.6620 | | 0.1206 | |
| Unemployed | 0.4476 | | 0.7162 | | 0.5260 | | 0.5239 | |
| Other ³ | 0.4286 | | 0.4009 | | 0.8498 | | 0.8909 | |

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.10C Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Mental Health Treatment in the Past Year, by Age Group: Standard Errors of Numbers in Thousands, 2006 and 2007

| Type of Mental Health Treatment/Counseling ¹ | Total | | AGE GROUP | | | | | |
|---|-------|------|-----------|------|-------|------|-------------|------|
| | | | 18-25 | | 26-49 | | 50 or Older | |
| | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | |
| Inpatient | 13 | 77 | 7 | 12 | 10 | 23 | 4 | * |
| Outpatient | 91 | 102 | 33 | 27 | 70 | 68 | 46 | 77 |
| Prescription Medication | 211 | 221 | 37 | 40 | 144 | 124 | 155 | 174 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | |
| Inpatient and Outpatient | 26 | 20 | 6 | 7 | 25 | 19 | * | * |
| Inpatient and Prescription Medication | 27 | 60 | 7 | 8 | 21 | 29 | 15 | 51 |
| Outpatient and Prescription Medication | 239 | 229 | 38 | 36 | 154 | 158 | 168 | 160 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 93 | 96 | 15 | 17 | 64 | 69 | 72 | 65 |

*Low precision; no estimate reported.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.10D Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Mental Health Treatment in the Past Year, by Age Group: Standard Errors of Percentages, 2006 and 2007

| Type of Mental Health Treatment/Counseling ¹ | Total | | AGE GROUP | | | | | |
|---|-------|------|-----------|------|-------|------|-------------|------|
| | | | 18-25 | | 26-49 | | 50 or Older | |
| | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | |
| Inpatient | 0.12 | 0.70 | 0.42 | 0.69 | 0.17 | 0.40 | 0.12 | * |
| Outpatient | 0.80 | 0.90 | 1.61 | 1.45 | 1.15 | 1.12 | 1.37 | 2.24 |
| Prescription Medication | 1.53 | 1.62 | 1.82 | 1.90 | 1.89 | 1.77 | 3.62 | 4.01 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | |
| Inpatient and Outpatient | 0.24 | 0.19 | 0.34 | 0.43 | 0.43 | 0.33 | * | * |
| Inpatient and Prescription Medication | 0.25 | 0.54 | 0.38 | 0.49 | 0.36 | 0.51 | 0.45 | 1.53 |
| Outpatient and Prescription Medication | 1.57 | 1.67 | 1.79 | 1.67 | 1.95 | 2.01 | 3.70 | 4.01 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.82 | 0.85 | 0.86 | 0.93 | 1.05 | 1.13 | 2.11 | 1.91 |

*Low precision; no estimate reported.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

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Table 6.10P Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Mental Health Treatment in the Past Year, by Age Group: P Values from Tests of Differences of Percentages, 2007 Versus 2006

| Type of Mental Health Treatment/Counseling ¹ | Total | | AGE GROUP | | | | | |
|---|--------|------|-----------|------|--------|------|-------------|------|
| | | | 18-25 | | 26-49 | | 50 or Older | |
| | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 | 2006 | 2007 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | |
| Inpatient | 0.0381 | | 0.1483 | | 0.1307 | | * | |
| Outpatient | 0.7167 | | 0.0302 | | 0.7204 | | 0.2669 | |
| Prescription Medication | 0.3765 | | 0.7971 | | 0.2716 | | 0.8575 | |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | |
| Inpatient and Outpatient | 0.6207 | | 0.3506 | | 0.4340 | | * | |
| Inpatient and Prescription Medication | 0.0615 | | 0.3759 | | 0.5259 | | 0.0944 | |
| Outpatient and Prescription Medication | 0.5594 | | 0.2649 | | 0.8947 | | 0.3521 | |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.8068 | | 0.7153 | | 0.1958 | | 0.3268 | |

*Low precision; no estimate reported.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.