

Table 6.13C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2006 and 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	577	602	129	173	437	421	535	561
AGE								
18-25	92	90	28	30	74	70	79	78
26-49	372	347	94	107	268	280	342	316
50 or Older	420	469	91	135	323	329	391	442
GENDER								
Male	334	359	97	116	263	266	310	328
Female	452	446	86	130	329	327	425	415
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	549	564	125	153	411	408	515	529
White	574	581	102	139	400	402	528	543
Black or African American	171	145	56	54	124	113	156	127
American Indian or Alaska Native	25	29	4	10	19	13	24	29
Native Hawaiian or Other Pacific Islander	25	*	3	*	*	4	21	4
Asian	102	70	33	25	74	59	71	54
Two or More Races	93	56	36	18	81	42	90	49
Hispanic or Latino	161	185	33	85	128	128	130	162
EDUCATION								
< High School	227	274	74	124	158	175	198	238
High School Graduate	320	325	79	80	212	216	301	309
Some College	299	306	54	78	219	214	283	293
College Graduate	346	369	56	52	270	294	308	339
CURRENT EMPLOYMENT								
Full-Time	419	390	51	63	299	292	381	358
Part-Time	183	237	31	60	146	166	163	222
Unemployed	100	104	29	34	71	83	96	99
Other ³	371	443	113	146	273	287	340	410

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.13D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Standard Errors of Percentages, 2006 and 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	0.26	0.27	0.06	0.08	0.20	0.19	0.24	0.25
AGE								
18-25	0.28	0.27	0.08	0.09	0.23	0.21	0.24	0.24
26-49	0.37	0.35	0.09	0.11	0.27	0.28	0.34	0.32
50 or Older	0.48	0.52	0.10	0.15	0.37	0.37	0.45	0.49
GENDER								
Male	0.31	0.34	0.09	0.11	0.25	0.25	0.29	0.31
Female	0.40	0.39	0.08	0.11	0.29	0.28	0.37	0.36
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	0.29	0.29	0.07	0.08	0.21	0.21	0.27	0.27
White	0.33	0.34	0.07	0.09	0.25	0.25	0.31	0.32
Black or African American	0.64	0.54	0.22	0.21	0.47	0.44	0.58	0.48
American Indian or Alaska Native	2.52	2.62	0.35	0.94	1.86	1.22	2.46	2.54
Native Hawaiian or Other Pacific Islander	2.99	*	0.42	*	*	0.63	2.56	0.65
Asian	1.07	0.74	0.36	0.26	0.78	0.62	0.77	0.57
Two or More Races	3.63	2.25	1.60	0.78	3.30	1.73	3.57	2.01
Hispanic or Latino	0.56	0.63	0.11	0.29	0.45	0.43	0.45	0.55
EDUCATION								
< High School	0.58	0.69	0.20	0.34	0.42	0.46	0.52	0.61
High School Graduate	0.43	0.44	0.11	0.12	0.30	0.30	0.40	0.42
Some College	0.50	0.50	0.10	0.13	0.38	0.37	0.48	0.48
College Graduate	0.53	0.54	0.09	0.09	0.42	0.45	0.49	0.51
CURRENT EMPLOYMENT								
Full-Time	0.32	0.31	0.04	0.05	0.24	0.24	0.29	0.29
Part-Time	0.59	0.73	0.11	0.20	0.49	0.53	0.54	0.69
Unemployed	1.30	1.35	0.40	0.48	0.98	1.12	1.26	1.29
Other ³	0.56	0.66	0.18	0.23	0.42	0.43	0.52	0.61

*Low precision; no estimate reported.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.13P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: P Values from Tests of Differences of Percentages, 2007 Versus 2006

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²			
			Inpatient		Outpatient	
	2006	2007	2006	2007	2006	2007
TOTAL	0.3307		0.0168		0.3781	0.4383
AGE						
18-25	0.2426		0.7059		0.4254	0.8912
26-49	0.5847		0.0163		0.2716	0.9503
50 or Older	0.2819		0.3144		0.6361	0.3417
GENDER						
Male	0.5581		0.0947		0.8297	0.5871
Female	0.4032		0.0800		0.1767	0.5459
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.3364		0.0266		0.2948	0.5534
White	0.0944		0.0113		0.0883	0.2241
Black or African American	0.4753		0.9366		0.6238	0.4963
American Indian or Alaska Native	0.9404		0.4009		0.2348	0.8191
Native Hawaiian or Other Pacific Islander	*		*		*	0.0923
Asian	0.1713		0.6481		0.3381	0.5241
Two or More Races	0.1556		0.7110		0.1741	0.0814
Hispanic or Latino	0.7353		0.3842		0.7382	0.3700
EDUCATION						
< High School	0.1102		0.0861		0.1813	0.1885
High School Graduate	0.2738		0.1741		0.3634	0.3301
Some College	0.5691		0.2576		0.3566	0.5654
College Graduate	0.9953		0.7292		0.5848	0.9749
CURRENT EMPLOYMENT						
Full-Time	0.1443		0.0369		0.5752	0.1092
Part-Time	0.1208		0.0310		0.4655	0.1145
Unemployed	0.7202		0.6874		0.7931	0.7960
Other ³	0.0458		0.2575		0.1653	0.0641

*Low precision; no estimate reported.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.14C (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2006 and 2007

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	578	605	129	173	438	423	536	565
GEOGRAPHIC REGION								
Northeast	227	266	55	94	197	209	206	245
Midwest	223	233	37	60	159	175	213	217
South	378	397	84	92	260	265	363	357
West	296	313	78	98	234	219	256	299
COUNTY TYPE								
Large Metro	496	496	100	129	361	336	447	465
Small Metro	327	401	61	95	217	258	303	355
250K – 1 Mil. Pop.	251	329	56	61	182	205	238	285
< 250K Pop.	223	230	24	72	129	160	196	210
Nonmetro	258	270	64	75	168	163	242	246
Urbanized	161	169	34	47	115	108	156	160
Less Urbanized	184	204	35	52	106	116	171	177
Completely Rural	96	63	42	23	64	31	90	64
FAMILY INCOME								
Less Than \$20,000	278	313	92	127	207	238	241	266
\$20,000 - \$49,999	328	352	66	96	233	231	311	330
\$50,000 - \$74,999	250	302	52	56	159	197	235	282
\$75,000 or More	376	341	51	42	281	254	326	323
GOVERNMENT ASSISTANCE³								
Yes	271	313	85	111	201	223	254	286
No	569	592	101	131	407	390	512	543

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2007 detailed tables).

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.14D (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Standard Errors of Percentages, 2006 and 2007

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	0.26	0.27	0.06	0.08	0.20	0.19	0.24	0.25
GEOGRAPHIC REGION								
Northeast	0.55	0.64	0.13	0.23	0.48	0.51	0.50	0.59
Midwest	0.46	0.47	0.07	0.12	0.32	0.36	0.43	0.44
South	0.48	0.49	0.11	0.11	0.33	0.33	0.46	0.44
West	0.59	0.61	0.16	0.19	0.47	0.43	0.51	0.59
COUNTY TYPE								
Large Metro	0.37	0.40	0.08	0.11	0.28	0.28	0.34	0.37
Small Metro	0.45	0.51	0.10	0.14	0.32	0.37	0.43	0.46
250K – 1 Mil. Pop.	0.55	0.61	0.13	0.14	0.41	0.42	0.54	0.54
< 250K Pop.	0.82	0.88	0.11	0.32	0.54	0.68	0.75	0.79
Nonmetro	0.61	0.62	0.17	0.20	0.44	0.40	0.59	0.58
Urbanized	0.99	0.92	0.23	0.30	0.75	0.66	0.97	0.89
Less Urbanized	0.79	0.93	0.18	0.29	0.52	0.58	0.73	0.86
Completely Rural	1.93	1.38	0.95	0.55	1.47	0.80	1.96	1.38
FAMILY INCOME								
Less Than \$20,000	0.59	0.71	0.21	0.31	0.46	0.56	0.53	0.61
\$20,000 - \$49,999	0.40	0.45	0.09	0.13	0.29	0.31	0.38	0.42
\$50,000 - \$74,999	0.60	0.67	0.14	0.14	0.40	0.47	0.57	0.63
\$75,000 or More	0.53	0.46	0.08	0.06	0.42	0.35	0.47	0.45
GOVERNMENT ASSISTANCE³								
Yes	0.77	0.85	0.26	0.34	0.58	0.65	0.73	0.80
No	0.27	0.29	0.05	0.07	0.21	0.20	0.25	0.27

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2007 detailed tables).

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.14P (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: *P* Values from Tests of Differences of Percentages, 2007 Versus 2006

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	0.2785		0.0143		0.3369		0.3773	
GEOGRAPHIC REGION								
Northeast	0.0837		0.1732		0.4564		0.0771	
Midwest	0.9015		0.1535		0.3445		0.4894	
South	0.5157		0.0704		0.7308		0.9675	
West	0.9600		0.6593		0.9431		0.4482	
COUNTY TYPE								
Large Metro	0.8147		0.3807		0.8994		0.7074	
Small Metro	0.1869		0.0252		0.2307		0.1980	
250K – 1 Mil. Pop.	0.5624		0.4539		0.9559		0.5787	
< 250K Pop.	0.1520		0.0133		0.0431		0.1512	
Nonmetro	0.6283		0.1373		0.5786		0.7849	
Urbanized	0.5635		0.2460		0.8967		0.8962	
Less Urbanized	0.4265		0.0996		0.2817		0.7949	
Completely Rural	0.1565		0.5460		0.3963		0.2386	
FAMILY INCOME								
Less Than \$20,000	0.0032		0.0563		0.0310		0.0033	
\$20,000 - \$49,999	0.6727		0.0492		0.4899		0.9387	
\$50,000 - \$74,999	0.6508		0.9769		0.3398		0.8768	
\$75,000 or More	0.2371		0.4156		0.1553		0.5589	
GOVERNMENT ASSISTANCE³								
Yes	0.0103		0.0617		0.0730		0.0490	
No	0.9752		0.0770		0.8507		0.9622	

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2007 detailed tables).

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.15C Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Standard Errors of Numbers in Thousands, 2006 and 2007

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	42	97	13	17	23	51	35	84
Outpatient	212	228	51	40	153	140	139	172
Prescription Medication	417	425	62	57	258	225	302	341
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	31	40	9	11	27	25	14	29
Inpatient and Prescription Medication	44	66	9	10	33	34	27	56
Outpatient and Prescription Medication	362	373	51	49	217	241	275	293
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	104	114	20	20	74	83	76	78

*Low precision; no estimate reported.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.15D Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Standard Errors of Percentages, 2006 and 2007

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	0.15	0.33	0.36	0.50	0.17	0.36	0.33	0.71
Outpatient	0.68	0.74	1.19	1.08	1.00	0.91	1.20	1.40
Prescription Medication	1.07	1.03	1.39	1.37	1.29	1.29	2.10	2.07
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.11	0.14	0.26	0.31	0.19	0.18	0.13	0.25
Inpatient and Prescription Medication	0.16	0.22	0.26	0.28	0.24	0.24	0.25	0.47
Outpatient and Prescription Medication	1.00	1.04	1.16	1.20	1.23	1.33	1.98	2.04
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	0.36	0.38	0.56	0.57	0.52	0.57	0.70	0.66

*Low precision; no estimate reported.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.15P Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: *P* Values from Tests of Differences of Percentages, 2007 Versus 2006

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	0.0017		0.2123		0.0028		0.1186	
Outpatient	0.4572		0.0194		0.7992		0.6681	
Prescription Medication	0.1976		0.6956		0.0851		0.7100	
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.6083		0.4971		1.0000		0.5332	
Inpatient and Prescription Medication	0.2269		0.7046		0.9890		0.1378	
Outpatient and Prescription Medication	0.5531		0.0420		0.8412		0.8613	
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	0.6319		0.9581		0.1202		0.4140	

*Low precision; no estimate reported.

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