

**Table 6.8C Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Standard Errors of Numbers in Thousands, 2006 and 2007**

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS <sup>1</sup>			
			Yes		No	
	2006	2007	2006	2007	2006	2007
<b>TOTAL</b>	577	602	355	373	493	523
<b>AGE</b>						
18-25	92	90	67	65	73	62
26-49	372	347	238	230	301	292
50 or Older	420	469	242	271	381	419
<b>GENDER</b>						
Male	334	359	207	202	290	323
Female	452	446	286	297	396	393
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	549	564	343	343	476	503
White	574	581	314	326	447	489
Black or African American	171	145	100	86	127	114
American Indian or Alaska Native	25	29	*	*	16	16
Native Hawaiian or Other Pacific Islander	25	*	*	*	13	*
Asian	102	70	*	*	92	51
Two or More Races	93	56	*	*	60	48
Hispanic or Latino	161	185	90	136	137	142
<b>EDUCATION</b>						
< High School	227	274	132	183	178	191
High School Graduate	320	325	197	203	238	257
Some College	299	306	201	165	231	268
College Graduate	346	369	172	184	296	326
<b>CURRENT EMPLOYMENT</b>						
Full-Time	419	390	227	206	338	336
Part-Time	183	237	112	144	152	181
Unemployed	100	104	69	74	71	71
Other <sup>2</sup>	371	443	218	254	296	353

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>1</sup> Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

**Table 6.8D Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Standard Errors of Percentages, 2006 and 2007**

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS <sup>1</sup>			
			Yes		No	
	2006	2007	2006	2007	2006	2007
<b>TOTAL</b>	0.26	0.27	1.07	1.11	0.24	0.25
<b>AGE</b>						
18-25	0.28	0.27	0.92	0.94	0.25	0.23
26-49	0.37	0.35	1.41	1.37	0.33	0.31
50 or Older	0.48	0.52	2.84	2.94	0.45	0.49
<b>GENDER</b>						
Male	0.31	0.34	1.74	1.74	0.29	0.32
Female	0.40	0.39	1.31	1.35	0.37	0.37
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	0.29	0.29	1.10	1.14	0.26	0.28
White	0.33	0.34	1.21	1.25	0.30	0.33
Black or African American	0.64	0.54	3.05	2.90	0.55	0.49
American Indian or Alaska Native	2.52	2.62	*	*	1.96	1.73
Native Hawaiian or Other Pacific Islander	2.99	*	*	*	1.84	*
Asian	1.07	0.74	*	*	1.05	0.58
Two or More Races	3.63	2.25	*	*	3.37	2.26
Hispanic or Latino	0.56	0.63	2.56	3.49	0.52	0.52
<b>EDUCATION</b>						
< High School	0.58	0.69	2.26	2.47	0.55	0.58
High School Graduate	0.43	0.44	1.79	1.82	0.37	0.41
Some College	0.50	0.50	1.94	1.87	0.46	0.50
College Graduate	0.53	0.54	2.35	2.62	0.50	0.52
<b>CURRENT EMPLOYMENT</b>						
Full-Time	0.32	0.31	1.42	1.42	0.29	0.30
Part-Time	0.59	0.73	2.29	2.56	0.58	0.66
Unemployed	1.30	1.35	3.46	3.77	1.23	1.20
Other <sup>2</sup>	0.56	0.66	2.16	2.14	0.51	0.61

\*Low precision; no estimate reported.

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<sup>1</sup> Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

**Table 6.8P Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: P Values from Tests of Differences of Percentages, 2007 Versus 2006**

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS <sup>1</sup>			
			Yes		No	
	2006	2007	2006	2007	2006	2007
<b>TOTAL</b>	0.3307		0.6979		0.1817	
<b>AGE</b>						
18-25	0.2426		0.6633		0.1479	
26-49	0.5847		0.3434		0.4310	
50 or Older	0.2819		0.8551		0.1876	
<b>GENDER</b>						
Male	0.5581		0.9295		0.2899	
Female	0.4032		0.6216		0.3544	
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	0.3364		0.9697		0.1445	
White	0.0944		0.9271		0.0496	
Black or African American	0.4753		0.4225		0.7271	
American Indian or Alaska Native	0.9404		*		0.4134	
Native Hawaiian or Other Pacific Islander	*		*		*	
Asian	0.1713		*		0.0995	
Two or More Races	0.1556		*		0.9701	
Hispanic or Latino	0.7353		0.3387		0.9699	
<b>EDUCATION</b>						
< High School	0.1102		0.0914		0.5730	
High School Graduate	0.2738		0.6786		0.1769	
Some College	0.5691		0.3926		0.4832	
College Graduate	0.9953		0.7697		0.8885	
<b>CURRENT EMPLOYMENT</b>						
Full-Time	0.1443		0.2594		0.5718	
Part-Time	0.1208		0.0833		0.3375	
Unemployed	0.7202		0.4476		0.8076	
Other <sup>2</sup>	0.0458		0.4286		0.0540	

\*Low precision; no estimate reported.

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<sup>1</sup> Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.