

Table 6.25C Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Numbers in Thousands, 2006 and 2007

Reason for Mental Health Care ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³							
	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED MENTAL HEALTH SERVICES ⁷	74	77	72	72	38	34	70	72	35	35	47	48
Thought about Killing Self or Tried to Kill Self	33	31	30	29	18	18	20	19	9	9	17	16
Felt Depressed	53	53	52	51	19	18	38	43	20	21	30	30
Felt Very Afraid or Tense	31	28	30	27	10	11	23	26	12	10	17	15
Eating Problems	23	24	22	21	9	9	17	15	12	11	13	12
Other Diagnosed Mental/Neurological Disorder ⁸	13	10	12	9	2	3	3	2	8	4	6	2
Breaking Rules or "Acting Out"	39	36	37	34	18	14	35	31	13	13	21	19
Trouble Controlling Anger	30	28	29	28	8	9	22	21	9	8	14	10
Got into Physical Fights	19	15	17	14	8	5	16	17	5	4	9	8
Problems at Home/Family	41	40	40	39	10	10	26	26	11	10	15	16
Problems with Friends	25	24	25	23	5	5	26	28	8	5	11	12
Problems with People Other Than Family/Friends	21	20	19	20	9	6	22	23	7	13	10	10
Problems at School	31	29	29	28	10	8	30	32	12	12	15	14
Some Other Reason ⁹	23	23	22	22	8	8	17	17	11	13	10	10

*Low precision; no estimate reported.

NOTE: Receipt of Mental Health Services for persons aged 12 to 17 is defined as having received treatment or counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown Mental Health Service Use in the Past Year were excluded.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment or counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment or counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care.

⁴ Received Mental Health Services estimate includes treatment or counseling from a (1) school counselor, school psychologist, or regular meetings with a teacher; or (2) special education services while in a regular or special classroom or placement in a special program or school. Reasons for Mental Health Care only pertain to treatment or counseling from a school counselor, school psychologist, or regular meetings with a teacher. Respondents who did not report their school enrollment status or who reported not being enrolled in school in the past 12 months were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

⁵ Includes treatment or counseling from a pediatrician or other family doctor.

⁶ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ The Total row represents all youths who received treatment regardless of whether a reason is known.

⁸ Respondent specified that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment or counseling. This reason is one of the most commonly reported other reasons for having received treatment or counseling.

⁹ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment or Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.25D Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Percentages, 2006 and 2007

Reason for Mental Health Care ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³							
	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED MENTAL HEALTH SERVICES ⁷	0.30	0.31	0.28	0.29	0.15	0.13	0.28	0.29	0.14	0.14	0.19	0.19
Thought about Killing Self or Tried to Kill Self	1.02	1.03	1.03	1.01	3.08	3.18	0.82	0.79	1.59	1.61	1.35	1.36
Felt Depressed	1.25	1.32	1.28	1.36	3.14	3.21	1.33	1.44	2.85	3.07	2.00	1.96
Felt Very Afraid or Tense	1.00	0.96	1.03	0.97	2.14	2.40	0.96	1.08	2.00	1.81	1.37	1.27
Eating Problems	0.79	0.83	0.81	0.78	1.81	2.09	0.71	0.63	1.87	2.00	1.11	1.00
Other Diagnosed Mental/Neurological Disorder ⁸	0.44	0.36	0.46	0.36	0.45	0.82	0.14	0.09	1.33	0.82	0.48	0.15
Breaking Rules or "Acting Out"	1.16	1.15	1.18	1.17	3.15	2.93	1.27	1.17	2.04	2.22	1.57	1.55
Trouble Controlling Anger	0.92	0.97	0.97	0.99	1.74	2.09	0.91	0.86	1.56	1.49	1.15	0.86
Got into Physical Fights	0.65	0.53	0.64	0.53	1.68	1.29	0.69	0.72	0.81	0.77	0.79	0.70
Problems at Home/Family	1.14	1.24	1.19	1.27	2.09	2.23	1.03	1.08	1.84	1.73	1.23	1.30
Problems with Friends	0.84	0.83	0.89	0.86	1.10	1.24	1.08	1.11	1.38	0.97	0.91	1.02
Problems with People Other Than Family/Friends	0.70	0.71	0.68	0.73	1.83	1.36	0.91	0.97	1.26	2.33	0.85	0.85
Problems at School	0.97	0.99	0.98	1.00	2.06	1.86	1.13	1.27	1.99	2.07	1.22	1.19
Some Other Reason ⁹	0.78	0.80	0.78	0.80	1.61	1.75	0.72	0.74	1.85	2.18	0.84	0.85

*Low precision; no estimate reported.

NOTE: Receipt of Mental Health Services for persons aged 12 to 17 is defined as having received treatment or counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown Mental Health Service Use in the Past Year were excluded.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment or counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment or counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care.

⁴ Received Mental Health Services estimate includes treatment or counseling from a (1) school counselor, school psychologist, or regular meetings with a teacher; or (2) special education services while in a regular or special classroom or placement in a special program or school. Reasons for Mental Health Care only pertain to treatment or counseling from a school counselor, school psychologist, or regular meetings with a teacher. Respondents who did not report their school enrollment status or who reported not being enrolled in school in the past 12 months were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

⁵ Includes treatment or counseling from a pediatrician or other family doctor.

⁶ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ The Total row represents all youths who received treatment regardless of whether a reason is known.

⁸ Respondent specified that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment or counseling. This reason is one of the most commonly reported other reasons for having received treatment or counseling.

⁹ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment or Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.25P Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: *P* Values from Tests of Differences of Percentages, 2007 Versus 2006

Reason for Mental Health Care ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³							
	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED MENTAL HEALTH SERVICES ⁷	0.1326		0.1862		0.4625		0.2798		0.9706		0.4062	
Thought about Killing Self or Tried to Kill Self	0.5452		0.5045		0.2756		0.9923		0.8762		0.4033	
Felt Depressed	0.9026		0.7014		0.9934		0.5650		0.4203		0.9115	
Felt Very Afraid or Tense	0.4676		0.2385		0.6980		0.8518		0.1735		0.1466	
Eating Problems	0.8723		0.5564		0.4319		0.6876		0.6194		0.3760	
Other Diagnosed Mental/ Neurological Disorder ⁸	0.3941		0.1799		0.1323		0.4564		0.3243		0.3733	
Breaking Rules or "Acting Out"	0.7031		0.6329		0.5391		0.0258		0.6910		0.5682	
Trouble Controlling Anger	0.7578		0.8226		0.3737		0.6803		0.6151		0.1328	
Got into Physical Fights	0.4886		0.4281		0.5338		0.8735		0.9922		0.9724	
Problems at Home/Family	0.6148		0.6323		0.8811		0.5331		0.9008		0.3626	
Problems with Friends	0.8115		0.5271		0.3545		0.3093		0.3179		0.7053	
Problems with People Other Than Family/Friends	0.9715		0.8575		0.5343		0.3415		0.4591		0.6599	
Problems at School	0.3084		0.3883		0.3363		0.5184		0.6467		0.5731	
Some Other Reason ⁹	0.8064		0.9248		0.2607		0.7454		0.4268		0.9945	

*Low precision; no estimate reported.

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NOTE: Respondents with unknown Mental Health Service Use in the Past Year were excluded.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment or counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment or counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care.

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