

**Table 6.21C Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2006 and 2007**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2006	2007	2006	2007	2006	2007
<b>TOTAL POPULATION</b>	338	335	253	243	213	226
Could Not Afford Cost	207	223	154	162	129	147
Might Cause Neighbors/Community to Have Negative Opinion	103	79	68	51	74	59
Might Have Negative Effect on Job	102	91	61	58	80	70
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	74	84	63	49	40	68
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	89	110	70	83	52	74
Did Not Know Where to Go for Services	119	110	92	79	76	79
Concerned about Confidentiality	106	103	73	71	69	78
Fear of Being Committed/Have to Take Medicine	90	94	69	88	57	37
Did Not Feel Need for Treatment	94	89	70	61	63	64
Could Handle the Problem Without Treatment	194	160	133	118	123	111
Treatment Would Not Help	78	109	51	91	59	60
Did Not Have Time	152	126	99	87	98	91
Did Not Want Others to Find Out	75	71	52	49	54	53
No Transportation/Inconvenient	49	39	45	36	18	20
Some Other Reason <sup>4</sup>	83	79	69	49	47	64

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

**Table 6.21D Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2006 and 2007**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2006	2007	2006	2007	2006	2007
<b>TOTAL POPULATION</b>	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.56	1.51	2.23	2.26	2.12	1.96
Might Cause Neighbors/Community to Have Negative Opinion	0.93	0.71	1.17	0.95	1.46	1.05
Might Have Negative Effect on Job	0.89	0.80	1.04	1.05	1.55	1.24
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.69	0.75	1.09	0.90	0.82	1.20
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.82	0.97	1.22	1.43	1.04	1.31
Did Not Know Where to Go for Services	1.08	0.95	1.53	1.38	1.49	1.36
Concerned about Confidentiality	0.96	0.90	1.25	1.25	1.37	1.36
Fear of Being Committed/Have to Take Medicine	0.84	0.83	1.19	1.52	1.16	0.69
Did Not Feel Need for Treatment	0.86	0.80	1.22	1.09	1.26	1.14
Could Handle the Problem Without Treatment	1.54	1.24	2.04	1.90	2.12	1.72
Treatment Would Not Help	0.73	0.96	0.92	1.58	1.18	1.08
Did Not Have Time	1.31	1.07	1.63	1.50	1.81	1.53
Did Not Want Others to Find Out	0.69	0.64	0.90	0.89	1.09	0.96
No Transportation/Inconvenient	0.47	0.36	0.80	0.66	0.38	0.37
Some Other Reason <sup>4</sup>	0.77	0.71	1.18	0.90	0.94	1.13

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

**Table 6.21P Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: *P* Values from Tests of Differences of Percentages, 2007 Versus 2006**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>	
			Received	Not Received
	2006	2007	2006	2007
<b>TOTAL POPULATION</b>	N/A		N/A	N/A
Could Not Afford Cost	0.0828		0.0568	0.5723
Might Cause Neighbors/Community to Have Negative Opinion	0.0459		0.0514	0.3069
Might Have Negative Effect on Job	0.3208		0.3831	0.5482
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.4929		0.6370	0.1203
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.1275		0.6318	0.0545
Did Not Know Where to Go for Services	0.6421		0.6150	0.2980
Concerned about Confidentiality	0.3798		0.9420	0.2191
Fear of Being Committed/Have to Take Medicine	0.5886		0.0585	0.0651
Did Not Feel Need for Treatment	0.8333		0.4459	0.6931
Could Handle the Problem Without Treatment	0.2345		0.7770	0.0892
Treatment Would Not Help	0.1862		0.0751	0.9864
Did Not Have Time	0.9348		0.8851	0.8501
Did Not Want Others to Find Out	0.4870		0.8152	0.3881
No Transportation/Inconvenient	0.5357		0.3271	0.2469
Some Other Reason <sup>4</sup>	0.7811		0.6605	0.3345

\*Low precision; no estimate reported.

N/A: Not applicable.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.