

Table 6.9A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Numbers in Thousands, 2006 and 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
	2006	2007	Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	10,919	10,832	961	1,238	6,760	6,616	9,679	9,423
AGE								
18-25	1,723	1,712	188	225	1,039	1,018	1,306	1,356
26-49	5,895	5,761	481	620	3,721	3,741	5,220	5,055
50 or Older	3,301	3,359	292	393	2,000	1,858	3,154	3,012
GENDER								
Male	3,383	3,231	463	544	2,214	1,825	2,913	2,826
Female	7,536	7,601	498	695	4,547	4,790	6,766	6,597
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	10,128	9,939	848	1,054	6,270	6,100	9,054	8,732
White	8,818	8,876	621	835	5,366	5,453	7,926	7,862
Black or African American	780	689	153	178	547	398	658	595
American Indian or Alaska Native	*	*	5	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	7	90	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	790	893	112	184	491	516	626	691
EDUCATION								
< High School	1,718	2,105	319	525	915	1,073	1,531	1,783
High School Graduate	3,365	3,316	321	348	1,950	1,874	3,023	2,931
Some College	3,386	2,977	198	240	2,147	1,936	3,036	2,656
College Graduate	2,449	2,435	122	125	1,748	1,732	2,089	2,052
CURRENT EMPLOYMENT								
Full-Time	4,946	4,365	137 ^a	237	2,967	2,618	4,322	3,817
Part-Time	1,481	1,721	110	159	1,022	1,087	1,228	1,436
Unemployed	564	493	85	70	291	324	491	430
Other ³	3,928	4,253	629	773	2,480	2,586	3,638	3,739

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.9B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Percentages, 2006 and 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	44.0	44.6	3.9	5.1	27.2	27.3	39.0	38.8
AGE								
18-25	30.0	29.4	3.2	3.9	18.1	17.5	22.6	23.2
26-49	45.4	47.2	3.7	5.1	28.6	30.7	40.1	41.4
50 or Older	54.5	53.8	4.8	6.3	33.0	29.9	52.1	48.2
GENDER								
Male	36.9	36.7	5.0	6.2	24.1	20.7	31.7	32.0
Female	48.2	49.2	3.2	4.5	29.1	31.1	43.2	42.6
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	46.7	46.8	3.9	5.0	28.9	28.8	41.7	41.0
White	50.8	50.9	3.6	4.8	30.8	31.3	45.5	45.1
Black or African American	29.4	26.0	5.8	6.7	20.6	15.2	24.7	22.4
American Indian or Alaska Native	*	*	1.8	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	1.1	12.4	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	25.4	29.6	3.6	6.1	15.8	17.1	20.1	22.8
EDUCATION								
< High School	34.3	39.9	6.4	9.9	18.2	20.3	30.5	33.7
High School Graduate	41.8	42.9	4.0	4.5	24.2	24.4	37.5	37.9
Some College	47.5	45.2	2.8	3.6	30.2	29.4	42.6	40.3
College Graduate	53.0	52.0	2.6	2.7	37.7	37.0	45.1	43.8
CURRENT EMPLOYMENT								
Full-Time	40.2	37.9	1.1 ^a	2.1	24.1	22.8	35.1	33.2
Part-Time	39.4	45.3	2.9	4.2	27.2	28.6	32.4	37.6
Unemployed	37.5	33.5	5.6	4.7	19.2	22.1	32.5	29.2
Other ³	54.4	56.8	8.7	10.3	34.2	34.7	50.3	49.9

*Low precision; no estimate reported.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.10A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2006 and 2007

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	48 ^a	207	27	47	17	54	4	*
Outpatient	1,113	1,149	365	284	605	624	143	242
Prescription Medication	3,975	3,729	624	612	2,090	1,879	1,261	1,239
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	70	53	17	26	53	28	*	*
Inpatient and Prescription Medication	113	233	24	33	60	81	30	119
Outpatient and Prescription Medication	4,854	4,665	543	589	2,713	2,628	1,598	1,448
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	721	745	112	119	351	457	259	168

*Low precision; no estimate reported.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.10B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Mental Health Treatment in the Past Year, by Age Group: Percentages, 2006 and 2007

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	0.4 ^a	1.9	1.6	2.7	0.3	0.9	0.1	*
Outpatient	10.2	10.7	21.3 ^a	16.6	10.3	10.8	4.3	7.3
Prescription Medication	36.5	34.6	36.5	35.8	35.5	32.7	38.3	37.3
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.6	0.5	1.0	1.5	0.9	0.5	*	*
Inpatient and Prescription Medication	1.0	2.2	1.4	1.9	1.0	1.4	0.9	3.6
Outpatient and Prescription Medication	44.6	43.3	31.7	34.5	46.1	45.7	48.5	43.6
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	6.6	6.9	6.5	7.0	6.0	7.9	7.9	5.1

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

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