

Table 6.3A Types of Illicit Drug Use in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress: Numbers in Thousands, 2006 and 2007

Drug	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2006	2007	2006	2007	2006	2007
ILLCIT DRUGS²	30,804	30,966	6,762	6,811	24,042	24,155
Marijuana and Hashish	22,030	21,938	4,551	4,826	17,479	17,112
Cocaine	5,658	5,355	1,470	1,551	4,189	3,804
Crack	1,406	1,386	488	607	918	779
Heroin	523	342	163	152	360	190
Hallucinogens	3,307	3,135	823	772	2,483	2,364
LSD	560	495	107	110	453	385
PCP	128	82	27	41	101	41
Ecstasy	1,824	1,804	483	471	1,340	1,333
Inhalants	1,108	1,086	264	265	844	821
Nonmedical Use of Psychotherapeutics ^{3,4}	14,301	14,246	3,809	3,674	10,492	10,572
Pain Relievers	10,832	10,785	2,762	2,837	8,069	7,948
OxyContin [®]	1,124	1,190	344 ^a	498	780	691
Tranquilizers	4,575	4,776	1,475	1,571	3,100	3,206
Stimulants ⁴	3,243 ^b	2,582	1,059 ^a	797	2,185 ^a	1,784
Methamphetamine ⁴	1,704 ^b	1,226	524	421	1,180 ^b	805
Sedatives	817	752	321	266	496	486
ILLCIT DRUGS OTHER THAN MARIJUANA²	18,108	18,230	4,594	4,512	13,514	13,718

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

² Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from the methamphetamine items added in 2005 and 2006. See Section B.4.6 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

³ Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

⁴ Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in prior NSDUH reports. See Section B.4.6 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.3B Types of Illicit Drug Use in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress: Percentages, 2006 and 2007

Drug	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2006	2007	2006	2007	2006	2007
ILLCIT DRUGS²	14.0	13.9	27.2	28.0	12.3	12.2
Marijuana and Hashish	10.0	9.9	18.3	19.9	8.9	8.6
Cocaine	2.6	2.4	5.9	6.4	2.1	1.9
Crack	0.6	0.6	2.0	2.5	0.5	0.4
Heroin	0.2	0.2	0.7	0.6	0.2	0.1
Hallucinogens	1.5	1.4	3.3	3.2	1.3	1.2
LSD	0.3	0.2	0.4	0.5	0.2	0.2
PCP	0.1	0.0	0.1	0.2	0.1	0.0
Ecstasy	0.8	0.8	1.9	1.9	0.7	0.7
Inhalants	0.5	0.5	1.1	1.1	0.4	0.4
Nonmedical Use of Psychotherapeutics ^{3,4}	6.5	6.4	15.3	15.1	5.4	5.3
Pain Relievers	4.9	4.8	11.1	11.7	4.1	4.0
OxyContin [®]	0.5	0.5	1.4 ^a	2.0	0.4	0.3
Tranquilizers	2.1	2.1	5.9	6.5	1.6	1.6
Stimulants ⁴	1.5 ^b	1.2	4.3 ^a	3.3	1.1 ^a	0.9
Methamphetamine ⁴	0.8 ^b	0.6	2.1	1.7	0.6 ^b	0.4
Sedatives	0.4	0.3	1.3	1.1	0.3	0.2
ILLCIT DRUGS OTHER THAN MARIJUANA²	8.2	8.2	18.4	18.6	6.9	6.9

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

² Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from the methamphetamine items added in 2005 and 2006. See Section B.4.6 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

³ Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

⁴ Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in prior NSDUH reports. See Section B.4.6 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.4A Tobacco Product and Alcohol Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Serious Psychological Distress: Numbers in Thousands, 2006 and 2007

Substance	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2006	2007	2006	2007	2006	2007
PAST YEAR						
Tobacco Products ²	80,717	79,844	13,369	12,567	67,348	67,277
Cigarettes	67,361	66,614	12,372	11,584	54,989	55,029
Smokeless Tobacco	10,081	9,730	1,197	1,172	8,884	8,558
Cigars	24,469	24,200	3,586	3,737	20,883	20,463
Alcohol	154,054	154,860	18,011	17,424	136,043	137,435
PAST MONTH						
Tobacco Products ²	69,598	67,812	11,863	10,989	57,735	56,823
Cigarettes	58,932	57,587	11,012	10,235	47,920	47,352
Smokeless Tobacco	7,630	7,434	794	790	6,836	6,644
Cigars	12,662	12,193	1,887	1,806	10,775	10,387
Pipe Tobacco	2,154	1,864	327	413	1,826	1,452
Alcohol	121,087	122,739	13,332	13,350	107,754	109,389
Binge Alcohol Use ³	53,961	55,331	7,181	7,837	46,781	47,493
Heavy Alcohol Use ³	16,344	16,420	2,332	2,642	14,012	13,778

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

² Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco. Tobacco Product use in the past year excludes past year pipe tobacco use, but includes past month pipe tobacco use.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion on each of 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.4B Tobacco Product and Alcohol Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Serious Psychological Distress: Percentages, 2006 and 2007

Substance	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2006	2007	2006	2007	2006	2007
PAST YEAR						
Tobacco Products ²	36.6	35.9	53.7	51.7	34.4	33.9
Cigarettes	30.5	29.9	49.7	47.6	28.1	27.8
Smokeless Tobacco	4.6	4.4	4.8	4.8	4.5	4.3
Cigars	11.1	10.9	14.4	15.4	10.7	10.3
Alcohol	69.8	69.6	72.3	71.7	69.5	69.3
PAST MONTH						
Tobacco Products ²	31.5 ^a	30.5	47.6	45.2	29.5	28.7
Cigarettes	26.7	25.9	44.2	42.1	24.5	23.9
Smokeless Tobacco	3.5	3.3	3.2	3.2	3.5	3.4
Cigars	5.7	5.5	7.6	7.4	5.5	5.2
Pipe Tobacco	1.0	0.8	1.3	1.7	0.9	0.7
Alcohol	54.9	55.1	53.5	54.9	55.1	55.2
Binge Alcohol Use ³	24.5	24.9	28.8 ^b	32.2	23.9	24.0
Heavy Alcohol Use ³	7.4	7.4	9.4	10.9	7.2	6.9

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

² Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco. Tobacco Product use in the past year excludes past year pipe tobacco use, but includes past month pipe tobacco use.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion on each of 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.