

Table 6.1A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2006 and 2007

Age Category	Total		GENDER			
			Male		Female	
	2006	2007	2006	2007	2006	2007
TOTAL	24,901	24,313	9,211	8,829	15,690	15,484
18	854	834	319	346	535	488
19	839	799	334	277	505	523
20	753	735	264	269	489	466
21	796	779	342	300	454	479
22	659	666	227	265	432	401
23	638	701	212	245	426	455
24	597	670	202 ^a	292	395	378
25	649	659	264	231	385	428
26-29	2,693	2,437	1,045	984	1,648	1,453
30-34	2,602	2,477	1,035	921	1,567	1,555
35-39	2,542	2,581	735	816	1,806	1,765
40-44	2,819 ^a	2,289	1,162	873	1,657	1,416
45-49	2,397	2,443	946	895	1,451	1,548
50-54	2,061	2,255	651	811	1,411	1,444
55-59	1,737	1,643	823 ^a	469	914	1,173
60-64	755	776	111 ^a	352	644	424
65 or Older	1,511	1,570	540	484	971	1,086

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.1B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2006 and 2007

Age Category	Total		GENDER			
			Male		Female	
	2006	2007	2006	2007	2006	2007
TOTAL	11.3	10.9	8.7	8.2	13.7	13.4
18	18.6	17.5	12.8	13.5	25.5	22.1
19	20.1	18.2	15.0	12.5	26.0	24.0
20	18.7	18.0	13.2	13.0	24.1	23.1
21	18.5	19.1	15.9	14.6	21.2	23.6
22	16.7	17.6	11.5	13.8	21.8	21.5
23	16.2	17.7	11.0	12.8	21.1	22.3
24	15.2	17.0	10.7 ^a	15.0	19.5	18.9
25	16.9	17.7	14.5	12.7	19.0	22.4
26-29	16.3	14.9	12.9	12.0	19.7	17.7
30-34	14.0	13.1	11.0	9.8	17.0	16.3
35-39	12.2	12.3	7.2	7.8	17.0	16.6
40-44	12.6	10.8	10.6	8.3	14.5	13.3
45-49	10.9	10.8	8.7	8.2	13.1	13.3
50-54	9.9	10.4	6.5	7.4	13.0	13.4
55-59	9.9	8.9	9.4 ^a	5.5	10.4	11.9
60-64	5.6	5.8	1.8 ^a	5.5	9.1	6.1
65 or Older	4.2	4.3	3.5	3.1	4.8	5.2

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

**Table 6.2A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics:
Numbers in Thousands, 2006 and 2007**

Demographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	24,901	24,313	5,784	5,843	13,052	12,226	6,065	6,244
GENDER								
Male	9,211	8,829	2,164	2,224	4,922	4,489	2,125	2,116
Female	15,690	15,484	3,621	3,619	8,130	7,737	3,940	4,128
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	21,782	21,287	4,922	5,024	11,315	10,640	5,545	5,623
White	17,465	17,454	3,802	3,962	9,131	8,733	4,532	4,759
Black or African American	2,660	2,668	710	687	1,347	1,258	603	723
American Indian or Alaska Native	284	151	33	32	*	*	*	*
Native Hawaiian or Other Pacific Islander	89	76	*	16	*	*	*	*
Asian	722	614	260	227	393	331	*	56
Two or More Races	563 ^a	324	80	100	261	192	*	*
Hispanic or Latino	3,118	3,026	863	819	1,737	1,586	519	621
EDUCATION								
< High School	5,037	5,293	1,202	1,235	2,323	2,384	1,513	1,674
High School Graduate	8,070	7,753	2,029	2,053	4,189 ^a	3,587	1,852	2,113
Some College	7,134	6,582	1,931	1,933	3,593	3,514	1,610 ^a	1,135
College Graduate	4,659	4,685	622	622	2,947	2,741	1,090	1,322
CURRENT EMPLOYMENT								
Full-Time	12,312	11,514	2,472	2,516	7,833	7,116	2,007	1,882
Part-Time	3,789	3,823	1,573	1,599	1,524	1,463	693	761
Unemployed	1,524	1,474	605	594	801	695	*	*
Other ¹	7,275	7,503	1,134	1,133	2,894	2,952	3,247	3,418

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.2B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics: Percentages, 2006 and 2007

Demographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	11.3	10.9	17.7	17.9	13.0	12.2	6.9	7.0
GENDER								
Male	8.7	8.2	13.1	13.5	9.9	9.1	5.3	5.1
Female	13.7	13.4	22.3	22.3	16.0	15.3	8.4	8.5
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	11.4	11.0	18.3	18.6	13.4	12.7	6.9	6.8
White	11.4	11.3	18.8	19.6	14.1	13.6	6.7	6.9
Black or African American	10.5	10.5	15.8	15.2	10.9	10.3	7.2	8.3
American Indian or Alaska Native	25.9 ^a	13.7	18.2	19.2	*	*	*	*
Native Hawaiian or Other Pacific Islander	10.8	11.9	*	11.8	*	*	*	*
Asian	7.8	6.4	17.0	15.7	7.7	6.5	*	1.9
Two or More Races	25.3 ^b	14.0	22.9	22.6	28.0	18.2	*	*
Hispanic or Latino	10.8	10.2	14.8	14.2	10.7	9.6	7.6	8.6
EDUCATION								
< High School	13.7	14.6	18.4	19.9	16.6	17.3	9.4	10.3
High School Graduate	11.7	11.4	18.0	18.4	14.0	12.7	6.6	7.4
Some College	12.9 ^a	11.5	18.2	17.6	13.9	13.2	8.6 ^a	5.7
College Graduate	7.8	7.7	14.4	14.1	9.6	8.7	4.4	5.3
CURRENT EMPLOYMENT								
Full-Time	10.1	9.5	15.7	16.4	10.9	9.9	6.0	5.5
Part-Time	13.1	13.0	19.0	19.0	14.6	13.5	6.8	7.4
Unemployed	21.6	20.7	24.3	22.8	23.8	21.3	*	*
Other ¹	11.5	11.6	18.3	17.8	19.9	20.7	7.7	7.8

*Low precision; no estimate reported.

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