

Table 6.13A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2006 and 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	28,346	29,401	1,591 ^a	2,126	14,673	15,344	23,920	24,730
AGE								
18-25	3,514	3,365	342	358	1,903	1,823	2,601	2,586
26-49	14,020	14,242	777 ^a	1,119	7,559	7,941	11,724	11,715
50 or Older	10,812	11,794	472	650	5,212	5,581	9,595	10,429
GENDER								
Male	9,458	9,836	801	1,066	5,083	5,049	7,686	8,000
Female	18,888	19,565	790	1,060	9,590	10,295	16,233	16,730
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	26,320	27,241	1,388 ^a	1,838	13,480	14,181	22,486	23,073
White	23,279	24,647	947 ^a	1,397	11,631	12,638	20,214	21,169
Black or African American	1,855	1,711	301	309	1,119	1,045	1,405	1,280
American Indian or Alaska Native	130	128	9	18	71	43	120	112
Native Hawaiian or Other Pacific Islander	58	*	5	*	*	7	48	9
Asian	519	370	70	53	308	230	273	226
Two or More Races	480	359	57	44	322	219	427	278
Hispanic or Latino	2,025	2,160	203	288	1,193	1,164	1,434	1,657
EDUCATION								
< High School	3,961	4,443	550	790	1,807	2,085	3,242	3,593
High School Graduate	8,136	8,482	521	665	3,700	3,918	7,123	7,405
Some College	7,693	7,777	334	457	4,116	4,011	6,721	6,772
College Graduate	8,557	8,698	187	214	5,050	5,331	6,833	6,960
CURRENT EMPLOYMENT								
Full-Time	13,875	13,087	338 ^a	506	7,041	6,804	11,462	10,667
Part-Time	3,850	4,367	153 ^a	302	2,166	2,370	3,186	3,669
Unemployed	1,052	1,012	122	105	552	584	898	873
Other ³	9,569 ^a	10,934	979	1,213	4,914	5,586	8,374 ^a	9,521

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.13B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2006 and 2007

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	12.9	13.2	0.7 ^a	1.0	6.7	6.9	10.9	11.1
AGE								
18-25	10.8	10.3	1.0	1.1	5.8	5.6	8.0	7.9
26-49	14.0	14.3	0.8 ^a	1.1	7.5	8.0	11.7	11.7
50 or Older	12.4	13.2	0.5	0.7	6.0	6.2	11.0	11.6
GENDER								
Male	8.9	9.2	0.8	1.0	4.8	4.7	7.2	7.5
Female	16.6	17.0	0.7	0.9	8.4	9.0	14.2	14.5
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	13.8	14.2	0.7 ^a	1.0	7.0	7.4	11.7	12.0
White	15.2	16.0	0.6 ^a	0.9	7.6	8.2	13.2	13.8
Black or African American	7.4	6.8	1.2	1.2	4.5	4.1	5.6	5.1
American Indian or Alaska Native	11.9	11.6	0.8	1.6	6.4	3.9	10.9	10.1
Native Hawaiian or Other Pacific Islander	7.0	*	0.6	*	*	1.1	5.8	1.4
Asian	5.6	3.9	0.8	0.6	3.4	2.4	3.0	2.4
Two or More Races	21.6	15.6	2.6	1.9	14.5	9.5	19.2	12.1
Hispanic or Latino	7.0	7.3	0.7	1.0	4.2	3.9	5.0	5.6
EDUCATION								
< High School	10.9	12.3	1.5	2.2	5.0	5.8	8.9	9.9
High School Graduate	11.8	12.5	0.8	1.0	5.4	5.8	10.3	10.9
Some College	14.0	13.6	0.6	0.8	7.5	7.0	12.2	11.8
College Graduate	14.4	14.4	0.3	0.4	8.5	8.8	11.5	11.5
CURRENT EMPLOYMENT								
Full-Time	11.4	10.8	0.3 ^a	0.4	5.8	5.6	9.4	8.8
Part-Time	13.4	14.8	0.5 ^a	1.0	7.5	8.0	11.0	12.4
Unemployed	15.0	14.3	1.7	1.5	7.9	8.3	12.8	12.3
Other ³	15.2 ^a	17.0	1.6	1.9	7.8	8.7	13.3	14.8

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.14A (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2006 and 2007

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	28,405	29,556	1,596 ^a	2,145	14,712	15,433	23,967	24,864
GEOGRAPHIC REGION								
Northeast	5,540	6,174	319	468	3,444	3,668	4,498	5,101
Midwest	6,755	6,738	281	383	3,159	3,397	5,967	5,771
South	9,934	10,394	596	831	4,769	4,953	8,737	8,861
West	6,177	6,249	400	462	3,341	3,414	4,764	5,132
COUNTY TYPE								
Large Metro	14,546	14,624	824	962	8,126	8,144	11,801	11,969
Small Metro	8,494 ^a	9,570	377 ^a	659	4,239	4,882	7,298 ^a	8,255
250K – 1 Mil. Pop.	5,517	6,154	277	363	2,926	3,143	4,741	5,298
< 250K Pop.	2,977	3,416	100 ^a	297	1,313 ^a	1,738	2,557	2,957
Nonmetro	5,365	5,361	395	523	2,347	2,407	4,868	4,640
Urbanized	2,166	2,334	154	225	1,017	1,065	1,981	2,009
Less Urbanized	2,641	2,603	164	248	1,081	1,147	2,382	2,239
Completely Rural	557	425	77	50	248	195	504	392
FAMILY INCOME								
Less Than \$20,000	6,139 ^a	6,970	803	1,064	3,475	3,981	4,989 ^a	5,704
\$20,000 - \$49,999	9,050	8,884	447	659	4,303	4,350	7,959	7,616
\$50,000 - \$74,999	4,792	5,226	173	181	2,266	2,628	4,205	4,495
\$75,000 or More	8,425	8,476	172	241	4,669	4,474	6,814	7,049
GOVERNMENT ASSISTANCE³								
Yes	5,773 ^a	6,665	727	974	3,189	3,660	5,104	5,730
No	22,632	22,891	869	1,170	11,523	11,773	18,863	19,134

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2007 detailed tables).

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.14B (REVISED) Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Percentages, 2006 and 2007

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2006	2007	2006	2007	2006	2007	2006	2007
TOTAL	12.9	13.3	0.7 ^a	1.0	6.7	7.0	10.9	11.2
GEOGRAPHIC REGION								
Northeast	13.4	15.0	0.8	1.1	8.4	8.9	10.9	12.3
Midwest	13.8	13.7	0.6	0.8	6.5	6.9	12.2	11.7
South	12.5	12.9	0.7	1.0	6.0	6.1	11.0	11.0
West	12.3	12.2	0.8	0.9	6.6	6.7	9.5	10.0
COUNTY TYPE								
Large Metro	12.2	12.3	0.7	0.8	6.8	6.9	9.9	10.1
Small Metro	13.5	14.4	0.6 ^a	1.0	6.7	7.3	11.6	12.4
250K – 1 Mil. Pop.	13.4	13.8	0.7	0.8	7.1	7.1	11.5	11.9
< 250K Pop.	13.7	15.5	0.5 ^a	1.3	6.1 ^a	7.9	11.8	13.4
Nonmetro	14.1	14.6	1.0	1.4	6.2	6.5	12.8	12.6
Urbanized	14.8	15.5	1.0	1.5	6.9	7.1	13.5	13.3
Less Urbanized	13.8	14.8	0.9	1.4	5.7	6.5	12.4	12.7
Completely Rural	13.5	10.2	1.9	1.2	6.1	4.7	12.2	9.4
FAMILY INCOME								
Less Than \$20,000	14.5 ^b	17.2	1.9	2.6	8.2 ^a	9.8	11.8 ^b	14.0
\$20,000 - \$49,999	11.9	12.1	0.6 ^a	0.9	5.6	5.9	10.4	10.4
\$50,000 - \$74,999	12.5	12.9	0.4	0.4	5.9	6.5	10.9	11.1
\$75,000 or More	13.4	12.6	0.3	0.4	7.4	6.6	10.8	10.5
GOVERNMENT ASSISTANCE³								
Yes	17.8 ^a	20.8	2.2	3.0	9.8	11.4	15.7 ^a	17.9
No	12.1	12.1	0.5	0.6	6.1	6.2	10.0	10.1

*Low precision; no estimate reported.

NOTE: This table was revised in May 2012 due to updates (for details, see the introduction to these 2007 detailed tables).

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.15A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2006 and 2007

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	217 ^b	556	76	99	80 ^b	249	60	209
Outpatient	3,977	3,907	783 ^a	626	2,105	2,183	1,088	1,098
Prescription Medication	13,100	13,049	1,464	1,383	6,206	5,851	5,429	5,815
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	122	153	39	47	64	65	19	42
Inpatient and Prescription Medication	222	326	44	47	125	127	53	151
Outpatient and Prescription Medication	9,593	10,207	906	987	4,924	5,043	3,762	4,177
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	941	1,049	167	159	462	641	311	248

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.15B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Percentages, 2006 and 2007

Type of Mental Health Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	0.8 ^b	1.9	2.2	3.0	0.6 ^b	1.8	0.6	1.8
Outpatient	14.1	13.4	22.5 ^a	18.7	15.1	15.4	10.1	9.4
Prescription Medication	46.5	44.6	42.1	41.3	44.4	41.3	50.6	49.5
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.4	0.5	1.1	1.4	0.5	0.5	0.2	0.4
Inpatient and Prescription Medication	0.8	1.1	1.3	1.4	0.9	0.9	0.5	1.3
Outpatient and Prescription Medication	34.1	34.9	26.0 ^a	29.5	35.3	35.6	35.1	35.6
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	3.3	3.6	4.8	4.8	3.3	4.5	2.9	2.1

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.