

Table 6.8A Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Numbers in Thousands, 2006 and 2007

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2006	2007	2006	2007	2006	2007
TOTAL	28,346	29,401	10,919	10,832	17,427	18,568
AGE						
18-25	3,514	3,365	1,723	1,712	1,790	1,653
26-49	14,020	14,242	5,895	5,761	8,126	8,480
50 or Older	10,812	11,794	3,301	3,359	7,511	8,435
GENDER						
Male	9,458	9,836	3,383	3,231	6,076	6,605
Female	18,888	19,565	7,536	7,601	11,352	11,963
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	26,320	27,241	10,128	9,939	16,192	17,302
White	23,279	24,647	8,818	8,876	14,461 ^a	15,771
Black or African American	1,855	1,711	780	689	1,075	1,022
American Indian or Alaska Native	130	128	*	*	63	53
Native Hawaiian or Other Pacific Islander	58	*	*	*	35	*
Asian	519	370	*	*	369	213
Two or More Races	480	359	*	*	188	222
Hispanic or Latino	2,025	2,160	790	893	1,235	1,267
EDUCATION						
< High School	3,961	4,443	1,718	2,105	2,243	2,338
High School Graduate	8,136	8,482	3,365	3,316	4,771	5,166
Some College	7,693	7,777	3,386	2,977	4,307	4,800
College Graduate	8,557	8,698	2,449	2,435	6,107	6,264
CURRENT EMPLOYMENT						
Full-Time	13,875	13,087	4,946	4,365	8,929	8,721
Part-Time	3,850	4,367	1,481	1,721	2,369	2,647
Unemployed	1,052	1,012	564	493	487	520
Other ²	9,569 ^a	10,934	3,928	4,253	5,642 ^a	6,681

*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

² The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.8B Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Percentages, 2006 and 2007

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2006	2007	2006	2007	2006	2007
TOTAL	12.9	13.2	44.0	44.6	8.9	9.4
AGE						
18-25	10.8	10.3	30.0	29.4	6.7	6.2
26-49	14.0	14.3	45.4	47.2	9.3	9.7
50 or Older	12.4	13.2	54.5	53.8	9.3	10.1
GENDER						
Male	8.9	9.2	36.9	36.7	6.3	6.7
Female	16.6	17.0	48.2	49.2	11.6	12.0
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	13.8	14.2	46.7	46.8	9.5	10.1
White	15.2	16.0	50.8	50.9	10.7 ^a	11.6
Black or African American	7.4	6.8	29.4	26.0	4.8	4.5
American Indian or Alaska Native	11.9	11.6	*	*	7.7	5.6
Native Hawaiian or Other Pacific Islander	7.0	*	*	*	4.8	*
Asian	5.6	3.9	*	*	4.3	2.4
Two or More Races	21.6	15.6	*	*	11.4	11.2
Hispanic or Latino	7.0	7.3	25.4	29.6	4.8	4.8
EDUCATION						
< High School	10.9	12.3	34.3	39.9	7.1	7.6
High School Graduate	11.8	12.5	41.8	42.9	7.8	8.6
Some College	14.0	13.6	47.5	45.2	9.0	9.5
College Graduate	14.4	14.4	53.0	52.0	11.1	11.2
CURRENT EMPLOYMENT						
Full-Time	11.4	10.8	40.2	37.9	8.2	8.0
Part-Time	13.4	14.8	39.4	45.3	9.5	10.3
Unemployed	15.0	14.3	37.5	33.5	8.9	9.3
Other ²	15.2 ^a	17.0	54.4	56.8	10.2	11.8

*Low precision; no estimate reported.

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^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

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² The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.