

Table 6.25A Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Numbers in Thousands, 2006 and 2007

Reason for Mental Health Care ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³							
	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007
RECEIVED MENTAL HEALTH SERVICES ⁷	3,295	3,113	2,934	2,781	670	628	2,991	2,862	694	692	1,342	1,278
Thought about Killing Self or Tried to Kill Self	600	543	516	470	186	189	214	209	63	61	140	156
Felt Depressed	1,443	1,356	1,366	1,291	208	188	853	856	230	235	464	461
Felt Very Afraid or Tense	536	479	497	433	76	75	359	356	89	65	170	136
Eating Problems	277	257	262	234	33	39	140	127	90	77	94	77
Other Diagnosed Mental/Neurological Disorder ⁸	78	61	75	52	3	9	8	5	26	16	9	4
Breaking Rules or "Acting Out"	729	672	675	627	126	104	633 ^a	530	93	94	221	206
Trouble Controlling Anger	464	448	435	424	46	52	265	246	52	43	96	71
Got into Physical Fights	168	143	150	128	30	22	139	139	13	13	34	33
Problems at Home/Family	839	771	791	738	71	63	373	384	59	54	130	146
Problems with Friends	349	322	338	305	17	22	423	447	28	18	78	83
Problems with People Other Than Family/Friends	252	237	226	222	34	25	254	276	23	32	51	57
Problems at School	527	459	483	431	57	41	572	533	67	70	129	118
Some Other Reason ⁹	293	284	262	255	32	40	171	159	66	74	49	48

*Low precision; no estimate reported.

NOTE: Receipt of Mental Health Services for persons aged 12 to 17 is defined as having received treatment or counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown Mental Health Service Use in the Past Year were excluded.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment or counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment or counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care.

⁴ Received Mental Health Services estimate includes treatment or counseling from a (1) school counselor, school psychologist, or regular meetings with a teacher; or (2) special education services while in a regular or special classroom or placement in a special program or school. Reasons for Mental Health Care only pertain to treatment or counseling from a school counselor, school psychologist, or regular meetings with a teacher. Respondents who did not report their school enrollment status or who reported not being enrolled in school in the past 12 months were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

⁵ Includes treatment or counseling from a pediatrician or other family doctor.

⁶ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ The Total row represents all youths who received treatment regardless of whether a reason is known.

⁸ Respondent specified that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment or counseling. This reason is one of the most commonly reported other reasons for having received treatment or counseling.

⁹ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment or Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.25B Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Percentages, 2006 and 2007

Reason for Mental Health Care ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³						2006	2007
	2006	2007	2006	2007	2006	2007	2006	2007	2006	2007		
RECEIVED MENTAL HEALTH SERVICES ⁷	13.1	12.5	11.7	11.1	2.7	2.5	11.9	11.5	2.8	2.8	5.3	5.1
Thought about Killing Self or Tried to Kill Self	21.1	20.2	19.5	18.5	40.0	44.9	9.3	9.3	11.2	11.6	12.1	13.7
Felt Depressed	50.3	50.0	51.2	50.4	44.8	44.8	36.8	38.0	40.9	44.3	40.6	40.9
Felt Very Afraid or Tense	18.9	17.9	18.8	17.1	16.6	17.9	15.5	15.8	15.8	12.2	14.8	12.0
Eating Problems	9.9	9.7	9.9	9.3	7.1	9.2	6.0	5.7	15.9	14.5	8.1	6.7
Other Diagnosed Mental/Neurological Disorder ⁸	2.8	2.3	2.9	2.1	0.7	2.1	0.3	0.2	4.6	3.0	0.8	0.3
Breaking Rules or "Acting Out"	25.7	25.1	25.5	24.7	27.4	24.8	27.3 ^a	23.5	16.5	17.7	19.2	18.0
Trouble Controlling Anger	16.4	16.8	16.4	16.7	10.1	12.5	11.4	10.9	9.2	8.2	8.4	6.2
Got into Physical Fights	6.0	5.4	5.7	5.1	6.5	5.2	6.0	6.2	2.4	2.4	2.9	2.9
Problems at Home/Family	29.6	28.8	29.9	29.0	15.3	14.9	16.1	17.0	10.5	10.2	11.3	13.0
Problems with Friends	12.4	12.1	12.8	12.1	3.7	5.3	18.3	19.8	5.0	3.4	6.8	7.3
Problems with People Other Than Family/Friends	8.9	8.9	8.6	8.8	7.4	6.0	11.0	12.2	4.1	6.0	4.5	5.0
Problems at School	18.6	17.2	18.2	17.0	12.3	9.7	24.7	23.6	12.0	13.2	11.3	10.4
Some Other Reason ⁹	10.4	10.7	10.0	10.1	7.0	9.6	7.4	7.1	11.7	14.0	4.3	4.2

*Low precision; no estimate reported.

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