

Table 6.21A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2006 and 2007

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2006	2007	2006	2007	2006	2007
TOTAL POPULATION	10,481	10,921	5,621	5,486	4,827	5,392
Could Not Afford Cost	4,289	4,860	2,271	2,537	2,000	2,312
Might Cause Neighbors/Community to Have Negative Opinion	1,044	832	534 ^a	362	505	463
Might Have Negative Effect on Job	909	811	435	352	469	459
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	600	699	340	294	254	404
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	1,043	1,293	653	684	390 ^a	606
Did Not Know Where to Go for Services	1,465	1,593	695	620	769	969
Concerned about Confidentiality	904	1,065	485	464	419	594
Fear of Being Committed/Have to Take Medicine	965	1,070	524	703	441	357
Did Not Feel Need for Treatment	894	901	462	381	432	515
Could Handle the Problem Without Treatment	2,943	2,801	1,298	1,219	1,637	1,571
Treatment Would Not Help	853	1,061	400	564	447	496
Did Not Have Time	1,603	1,679	773	769	823	892
Did Not Want Others to Find Out	755	714	311	287	438	421
No Transportation/Inconvenient	309	282	246	185	58	97
Some Other Reason ⁴	722	777	415	367	301	410

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.21B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2006 and 2007

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2006	2007	2006	2007	2006	2007
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	41.2	44.9	40.8	46.9	41.5	43.2
Might Cause Neighbors/Community to Have Negative Opinion	10.0 ^a	7.7	9.6	6.7	10.5	8.7
Might Have Negative Effect on Job	8.7	7.5	7.8	6.5	9.8	8.6
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	5.8	6.5	6.1	5.4	5.3	7.6
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	10.0	12.0	11.7	12.6	8.1	11.3
Did Not Know Where to Go for Services	14.1	14.7	12.5	11.4	16.0	18.1
Concerned about Confidentiality	8.7	9.8	8.7	8.6	8.7	11.1
Fear of Being Committed/Have to Take Medicine	9.3	9.9	9.4	13.0	9.2	6.7
Did Not Feel Need for Treatment	8.6	8.3	8.3	7.0	9.0	9.6
Could Handle the Problem Without Treatment	28.3	25.9	23.3	22.5	34.0	29.3
Treatment Would Not Help	8.2	9.8	7.2	10.4	9.3	9.3
Did Not Have Time	15.4	15.5	13.9	14.2	17.1	16.7
Did Not Want Others to Find Out	7.2	6.6	5.6	5.3	9.1	7.9
No Transportation/Inconvenient	3.0	2.6	4.4	3.4	1.2	1.8
Some Other Reason ⁴	6.9	7.2	7.4	6.8	6.3	7.7

*Low precision; no estimate reported.

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