

Table 6.12A Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Numbers in Thousands, 2006 and 2007

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2006	2007	2006	2007	2006	2007	2006	2007
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	13,578	13,881	11,858	12,183	801	707	912	980
SPD ⁴	11,183	11,116	10,264	10,125	264	284	654	708
SPD but not Dependence/Abuse ^{4,5}	8,365	8,625	8,067	8,343	111	132	187	150
Dependence/Abuse ⁵	5,212	5,256	3,790	3,840	690	575	724	829
Dependence/Abuse but not SPD ^{4,5}	2,395	2,765	1,593 ^a	2,058	537	424	257	272
Both SPD and Dependence/Abuse ^{4,5}	2,817	2,491	2,197	1,782	154	152	467	557
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	15,983	16,653	15,347	16,089	406	415	230	149

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically, based on data from the original questions not including methamphetamine items added in 2005 and 2006.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

⁴ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

⁵ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

Table 6.12B Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Percentages, 2006 and 2007

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2006	2007	2006	2007	2006	2007	2006	2007
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	34.1	35.4	29.8	31.1	2.0	1.8	2.3	2.5
SPD ⁴	45.1	45.8	41.4	41.7	1.1	1.2	2.6	2.9
SPD but not Dependence/Abuse ^{4,5}	43.5	45.6	41.9	44.1	0.6	0.7	1.0	0.8
Dependence/Abuse ⁵	25.4	25.9	18.5	18.9	3.4	2.8	3.5	4.1
Dependence/Abuse but not SPD ^{4,5}	16.0	18.5	10.6 ^a	13.8	3.6	2.8	1.7	1.8
Both SPD and Dependence/Abuse ^{4,5}	50.8	46.5	39.6 ^a	33.3	2.8	2.8	8.4	10.4
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	8.9	9.1	8.5	8.8	0.2	0.2	0.1	0.1

*Low precision; no estimate reported.

^a Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically, based on data from the original questions not including methamphetamine items added in 2005 and 2006.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.