

**Table 6.11A Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2006 and 2007**

Location of Treatment/Counseling <sup>1</sup>	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
Outpatient Mental Health Clinic or Center	2,060	1,880	265	265	1,193	1,174	602	442
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	3,365	3,446	596	626	1,880	1,978	889	841
Doctor's Office - Not Part of a Clinic	1,616	1,517	146	154	904	779	566	584
Outpatient Medical Clinic	510	596	70	57	250	354	190	185
Partial Day Hospital or Day Treatment Program	79	168	21	24	39	85	19	*
School or University Setting/Clinic/Center <sup>2</sup>	50	29	43	29	7	*	*	*
Some Other Place <sup>3</sup>	146	118	28	17	58	54	*	47

\*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location is one of the most commonly reported other locations for receiving outpatient treatment/counseling.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.

**Table 6.11B Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2006 and 2007**

Location of Treatment/Counseling <sup>1</sup>	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2006	2007	2006	2007	2006	2007	2006	2007
Outpatient Mental Health Clinic or Center	30.6	28.5	25.6	26.0	32.2	31.5	30.1	23.8
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	49.9	52.2	57.6	61.6	50.7	53.1	44.5	45.3
Doctor's Office - Not Part of a Clinic	24.0	23.0	14.1	15.2	24.4	20.9	28.3	31.4
Outpatient Medical Clinic	7.6	9.0	6.8	5.6	6.7	9.5	9.5	10.0
Partial Day Hospital or Day Treatment Program	1.2	2.5	2.0	2.4	1.1	2.3	0.9	*
School or University Setting/Clinic/Center <sup>2</sup>	0.7	0.4	4.2	2.8	0.2	*	*	*
Some Other Place <sup>3</sup>	2.2	1.8	2.7	1.7	1.6	1.5	*	2.5

\*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2007 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2007 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2007 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location is one of the most commonly reported other locations for receiving outpatient treatment/counseling.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2006 and 2007.