

**Table 6.62C Perception of Help Received from Treatment or Counseling among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Numbers in Thousands, 2004 and 2005**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	39	38
No Help at All	17	18
A Little Help	18	17
Some Help	19	19
A Lot of Help	17	17
Extremely Helpful	14	13

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.62D Perception of Help Received from Treatment or Counseling among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Percentages, 2004 and 2005**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	0.00	0.00
No Help at All	1.91	2.10
A Little Help	1.97	2.00
Some Help	2.00	2.16
A Lot of Help	1.94	2.05
Extremely Helpful	1.62	1.64

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.62P Perception of Help Received from Treatment or Counseling among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	.	
No Help at All	0.8142	
A Little Help	0.7144	
Some Help	0.8131	
A Lot of Help	0.7347	
Extremely Helpful	0.9845	

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.63C Perception of Help Received from Treatment or Counseling among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Numbers in Thousands, 2004 and 2005**

<b>Perception of Help Received<sup>1</sup></b>	<b>2004</b>	<b>2005</b>
<b>TOTAL</b>	513	348
No Help at All	171	127
A Little Help	181	125
Some Help	279	194
A Lot of Help	252	195
Extremely Helpful	222	96

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 18 or older with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.63D Perception of Help Received from Treatment or Counseling among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Percentages, 2004 and 2005**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	0.00	0.00
No Help at All	1.53	1.26
A Little Help	1.55	1.27
Some Help	2.30	1.63
A Lot of Help	2.13	1.69
Extremely Helpful	1.87	0.96

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 18 or older with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.63P Perception of Help Received from Treatment or Counseling among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	.	
No Help at All	0.1405	
A Little Help	0.7261	
Some Help	0.8761	
A Lot of Help	0.4318	
Extremely Helpful	0.0116	

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 18 or older with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.64C Perception of Help Received from Prescription Medication among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: Standard Errors of Numbers in Thousands, 2004 and 2005**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	27	27
No Help at All	10	10
A Little Help	12	8
Some Help	13	13
A Lot of Help	14	15
Extremely Helpful	11	10

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.64D Perception of Help Received from Prescription Medication among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: Standard Errors of Percentages, 2004 and 2005**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	0.00	0.00
No Help at All	2.27	2.47
A Little Help	2.57	2.14
Some Help	2.76	2.97
A Lot of Help	2.88	3.25
Extremely Helpful	2.41	2.55

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.



**Table 6.64P Perception of Help Received from Prescription Medication among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	.	
No Help at All	0.6663	
A Little Help	0.0910	
Some Help	0.9188	
A Lot of Help	0.2621	
Extremely Helpful	0.9443	

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.65C Perception of Help Received from Prescription Medication among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: Standard Errors of Numbers in Thousands, 2004 and 2005**

<b>Perception of Help Received<sup>1</sup></b>	<b>2004</b>	<b>2005</b>
<b>TOTAL</b>	435	328
No Help at All	96	62
A Little Help	133	113
Some Help	239	159
A Lot of Help	261	204
Extremely Helpful	172	110

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 18 or older with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.65D Perception of Help Received from Prescription Medication among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: Standard Errors of Percentages, 2004 and 2005**

<b>Perception of Help Received<sup>1</sup></b>	<b>2004</b>	<b>2005</b>
<b>TOTAL</b>	0.00	0.00
No Help at All	1.12	0.79
A Little Help	1.51	1.33
Some Help	2.41	1.70
A Lot of Help	2.43	1.95
Extremely Helpful	1.90	1.31

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 18 or older with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.65P Perception of Help Received from Prescription Medication among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004**

Perception of Help Received <sup>1</sup>	2004	2005
<b>TOTAL</b>	.	
No Help at All	0.6112	
A Little Help	0.1886	
Some Help	0.7647	
A Lot of Help	0.9192	
Extremely Helpful	0.3509	

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Estimates in the Total row represent persons aged 18 or older with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.