

Table 6.58C Type of Professional Seen among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Numbers in Thousands, 2004 and 2005

Type of Professional ¹	2004	2005
TOTAL²	39	38
General Practitioner or Family Doctor	19	18
Other Medical Doctor ³	8	6
Psychologist	21	21
Psychiatrist or Psychotherapist	18	18
Social Worker	14	14
Counselor	29	29
Other Mental Health Professional ⁴	8	14
Nurse, Occupational Therapist, or Other Health Professional	11	10
Religious or Spiritual Advisor ⁵	15	15
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	6	4
Other ⁶	4	5

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

¹ Respondents could indicate multiple professionals; thus, these response categories are not mutually exclusive.

² Estimates in the Total row represent all persons aged 12 to 17 with past year MDE who saw or talked to a medical doctor or professional in the past year about depression, including those with unknown type of professional data.

³ Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

⁴ Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

⁵ Religious or Spiritual Advisor includes ministers, priests, or rabbis.

⁶ Other includes any other types of helping professionals. Respondents with unknown or invalid responses to the other-specify question on Other Type of Professionals Seen for Depression were excluded.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.58D Type of Professional Seen among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Percentages, 2004 and 2005

Type of Professional ¹	2004	2005
TOTAL²	0.00	0.00
General Practitioner or Family Doctor	2.09	2.17
Other Medical Doctor ³	0.91	0.86
Psychologist	2.24	2.37
Psychiatrist or Psychotherapist	2.00	2.13
Social Worker	1.70	1.76
Counselor	2.37	2.57
Other Mental Health Professional ⁴	1.00	1.72
Nurse, Occupational Therapist, or Other Health Professional	1.31	1.26
Religious or Spiritual Advisor ⁵	1.74	1.83
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	0.68	0.51
Other ⁶	0.54	0.72

*Low precision; no estimate reported.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.58P Type of Professional Seen among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004

Type of Professional ¹	2004	2005
TOTAL²	.	
General Practitioner or Family Doctor	0.9384	
Other Medical Doctor ³	0.3562	
Psychologist	0.6395	
Psychiatrist or Psychotherapist	0.7317	
Social Worker	0.6529	
Counselor	0.5820	
Other Mental Health Professional ⁴	0.4747	
Nurse, Occupational Therapist, or Other Health Professional	0.6867	
Religious or Spiritual Advisor ⁵	0.7466	
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	0.7209	
Other ⁶	0.2846	

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.59C Type of Professional Seen among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Numbers in Thousands, 2004 and 2005

Type of Professional ¹	2004	2005
TOTAL²	513	348
General Practitioner or Family Doctor	418	265
Other Medical Doctor ³	168	137
Psychologist	236	202
Psychiatrist or Psychotherapist	249	190
Social Worker	164	109
Counselor	236	132
Other Mental Health Professional ⁴	117	88
Nurse, Occupational Therapist, or Other Health Professional	131	91
Religious or Spiritual Advisor ⁵	205	153
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	122	83
Other ⁶	85	16

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.59D Type of Professional Seen among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Standard Errors of Percentages, 2004 and 2005

Type of Professional ¹	2004	2005
TOTAL²	0.00	0.00
General Practitioner or Family Doctor	2.37	1.74
Other Medical Doctor ³	1.54	1.32
Psychologist	2.01	1.77
Psychiatrist or Psychotherapist	2.02	1.62
Social Worker	1.48	1.07
Counselor	2.08	1.25
Other Mental Health Professional ⁴	1.09	0.88
Nurse, Occupational Therapist, or Other Health Professional	1.21	0.90
Religious or Spiritual Advisor ⁵	1.78	1.46
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	1.13	0.83
Other ⁶	0.82	0.17

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.59P Type of Professional Seen among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004

Type of Professional ¹	2004	2005
TOTAL²	.	
General Practitioner or Family Doctor	0.5839	
Other Medical Doctor ³	0.5427	
Psychologist	0.5852	
Psychiatrist or Psychotherapist	0.4136	
Social Worker	0.7367	
Counselor	0.8273	
Other Mental Health Professional ⁴	0.2536	
Nurse, Occupational Therapist, or Other Health Professional	0.9457	
Religious or Spiritual Advisor ⁵	0.9779	
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	0.9603	
Other ⁶	0.1259	

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

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