

Table 6.35C Receipt and Source of Alternative Mental Health Treatment/Support in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: Standard Errors of Numbers in Thousands, 2004 and 2005

Receipt/Source of Alternative Treatment/Support	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
ALTERNATIVE TREATMENT/SUPPORT						
Received	515	514	311	315	425	443
Not Received	515	514	514	523	1,902	1,844
SOURCE OF ALTERNATIVE TREATMENT/SUPPORT^{3,4}						
Acupuncturist/Acupressurist	153	170	109	84	108	162
Chiropractor	239	256	167	160	237	298
Herbalist	100	110	64	75	83	84
In-Person Support Group or Self-Help Group	176	186	144	163	117	122
Internet Support Group or Chat Room	91	93	54	70	67	64
Spiritual or Religious Advisor, Such as a Pastor, Priest, Rabbi	207	235	147	172	203	195
Telephone Hotline	57	81	37	74	45	35
Massage Therapist	241	253	171	172	246	255
Other	127	129	110	96	71	80

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information were excluded.

¹ Estimates in the Total column represent persons aged 18 or older who reported on the receipt and source of their alternative mental health treatment/support in the past year, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ Respondents who reported receiving past year alternative mental health treatment/support but did not report one of these specific sources of treatment/support were excluded.

⁴ Respondents could indicate multiple sources; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.35D Receipt and Source of Alternative Mental Health Treatment/Support in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: Standard Errors of Percentages, 2004 and 2005

Receipt/Source of Alternative Treatment/Support	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
ALTERNATIVE TREATMENT/SUPPORT						
Received	0.24	0.24	0.98	0.95	0.21	0.22
Not Received	0.24	0.24	0.98	0.95	0.21	0.22
SOURCE OF ALTERNATIVE TREATMENT/SUPPORT^{3,4}						
Acupuncturist/Acupressurist	0.75	0.85	1.32	1.14	0.82	1.19
Chiropractor	1.17	1.28	1.79	1.84	1.49	1.69
Herbalist	0.49	0.55	0.81	1.00	0.63	0.65
In-Person Support Group or Self-Help Group	0.86	0.93	1.72	1.97	0.87	0.92
Internet Support Group or Chat Room	0.45	0.47	0.70	0.93	0.52	0.50
Spiritual or Religious Advisor, Such as a Pastor, Priest, Rabbi	1.01	1.18	1.73	1.99	1.30	1.37
Telephone Hotline	0.28	0.40	0.47	0.98	0.35	0.27
Massage Therapist	1.18	1.27	1.83	1.99	1.49	1.58
Other	0.62	0.64	1.35	1.25	0.54	0.62

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information were excluded.

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Table 6.35P Receipt and Source of Alternative Mental Health Treatment/Support in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004

Receipt/Source of Alternative Treatment/Support	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
ALTERNATIVE TREATMENT/SUPPORT						
Received	0.3920		0.0641		0.9862	
Not Received	0.3920		0.0641		0.9862	
SOURCE OF ALTERNATIVE TREATMENT/SUPPORT^{3,4}						
Acupuncturist/Acupressurist	0.6558		0.9702		0.6155	
Chiropractor	0.1163		0.2926		0.0104	
Herbalist	0.7187		0.4507		0.8238	
In-Person Support Group or Self-Help Group	0.3468		0.2929		0.5805	
Internet Support Group or Chat Room	0.6530		0.4885		0.2159	
Spiritual or Religious Advisor, Such as a Pastor, Priest, Rabbi	0.7088		0.5829		0.4493	
Telephone Hotline	0.3912		0.1669		0.7131	
Massage Therapist	0.9345		0.9185		0.7870	
Other	0.4005		0.2337		0.9706	

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information were excluded.

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