

Table 6.31C Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2004 and 2005

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL POPULATION	357	365	212	243	264	265
Cost/Insurance Barriers ⁴	231	233	149	169	161	159
Stigma ⁵	153	139	98	93	115	101
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	195	194	110	124	159	151
Treatment Would Not Help	126	102	57	81	111	59
Did Not Have Time	113	117	74	83	85	81
Did Not Know Where to Go for Services	127	162	75	136	106	92
Fear of Being Committed/Have to Take Medicine	70	85	48	60	50	58
Other Access Barriers ⁷	59	89	44	77	37	45

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other-specify responses of "No health insurance."

⁵ Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other-specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

⁶ Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other-specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

⁷ Includes reasons of "No transportation/inconvenient" and other-specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.31D Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2004 and 2005

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Cost/Insurance Barriers ⁴	1.45	1.52	2.01	2.28	2.10	2.15
Stigma ⁵	1.26	1.15	1.71	1.60	1.80	1.67
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	1.45	1.47	1.81	2.03	2.22	2.15
Treatment Would Not Help	1.08	0.88	1.05	1.42	1.82	1.03
Did Not Have Time	0.98	1.00	1.33	1.45	1.45	1.39
Did Not Know Where to Go for Services	1.08	1.29	1.38	2.15	1.74	1.57
Fear of Being Committed/Have to Take Medicine	0.62	0.74	0.90	1.08	0.89	1.02
Other Access Barriers ⁷	0.54	0.78	0.84	1.36	0.66	0.80

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

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⁴ Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other-specify responses of "No health insurance."

⁵ Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other-specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

⁶ Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other-specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

⁷ Includes reasons of "No transportation/inconvenient" and other-specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.31P Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL POPULATION
Cost/Insurance Barriers ⁴	0.9238		0.9763		0.8920	
Stigma ⁵	0.1561		0.3089		0.3279	
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	0.4056		0.3931		0.7886	
Treatment Would Not Help	0.4328		0.5271		0.1342	
Did Not Have Time	0.2845		0.5540		0.3812	
Did Not Know Where to Go for Services	0.2704		0.0373		0.5431	
Fear of Being Committed/Have to Take Medicine	0.3891		0.5079		0.5978	
Other Access Barriers ⁷	0.8759		0.6469		0.6268	

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⁴ Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other-specify responses of "No health insurance."

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.32C Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2004 and 2005

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL POPULATION	357	365	212	243	264	265
Could Not Afford Cost	207	220	128	154	154	154
Might Cause Neighbors/Community to Have Negative Opinion	89	81	57	63	71	54
Might Have Negative Effect on Job	83	80	61	56	55	59
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	76	89	54	70	51	56
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	111	125	88	102	60	72
Did Not Know Where to Go for Services	127	162	75	136	106	92
Concerned about Confidentiality	106	76	66	43	75	62
Fear of Being Committed/Have to Take Medicine	70	85	48	60	50	58
Did Not Feel Need for Treatment	81	110	53	63	59	88
Could Handle the Problem Without Treatment	187	166	105	117	157	121
Treatment Would Not Help	126	102	57	81	111	59
Did Not Have Time	113	117	74	83	85	81
Did Not Want Others to Find Out	64	77	44	54	49	55
No Transportation/Inconvenient	46	72	34	64	30	32
Some Other Reason ⁴	92	107	71	79	52	72

*Low precision; no estimate reported.

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⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.32D Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2004 and 2005

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.43	1.52	1.99	2.22	2.11	2.16
Might Cause Neighbors/Community to Have Negative Opinion	0.79	0.72	1.05	1.12	1.22	0.96
Might Have Negative Effect on Job	0.73	0.70	1.12	1.00	0.96	1.04
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.68	0.78	0.98	1.23	0.91	0.98
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.98	1.07	1.54	1.71	1.06	1.24
Did Not Know Where to Go for Services	1.08	1.29	1.38	2.15	1.74	1.57
Concerned about Confidentiality	0.93	0.68	1.23	0.80	1.27	1.08
Fear of Being Committed/Have to Take Medicine	0.62	0.74	0.90	1.08	0.89	1.02
Did Not Feel Need for Treatment	0.73	0.96	1.00	1.13	1.00	1.51
Could Handle the Problem Without Treatment	1.43	1.33	1.77	1.95	2.21	1.89
Treatment Would Not Help	1.08	0.88	1.05	1.42	1.82	1.03
Did Not Have Time	0.98	1.00	1.33	1.45	1.45	1.39
Did Not Want Others to Find Out	0.59	0.69	0.84	0.98	0.89	0.97
No Transportation/Inconvenient	0.42	0.65	0.64	1.15	0.53	0.57
Some Other Reason ⁴	0.83	0.94	1.30	1.39	0.91	1.27

*Low precision; no estimate reported.

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Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL POPULATION						
Could Not Afford Cost	0.8079		0.8325		0.9047	
Might Cause Neighbors/Community to Have Negative Opinion	0.2147		0.5294		0.3095	
Might Have Negative Effect on Job	0.5478		0.3479		0.8996	
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.4390		0.6161		0.5269	
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.2956		0.5047		0.3776	
Did Not Know Where to Go for Services	0.2704		0.0373		0.5431	
Concerned about Confidentiality	0.0763		0.1153		0.2631	
Fear of Being Committed/Have to Take Medicine	0.3891		0.5079		0.5978	
Did Not Feel Need for Treatment	0.3961		0.8031		0.3578	
Could Handle the Problem Without Treatment	0.0487		0.3023		0.1065	
Treatment Would Not Help	0.4328		0.5271		0.1342	
Did Not Have Time	0.2845		0.5540		0.3812	
Did Not Want Others to Find Out	0.7875		0.8541		0.9075	
No Transportation/Inconvenient	0.8881		0.4866		0.3490	
Some Other Reason ⁴	0.7346		0.5279		0.1993	

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