

Table 6.21C Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Standard Errors of Numbers in Thousands, 2004 and 2005

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2004	2005	2004	2005	2004	2005	2004	2005
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	564	401	543	382	114	73	128	91
SPD ⁴	496	368	487	356	69	54	102	71
SPD but not Dependence/Abuse ^{4,5}	444	340	440	336	18	27	58	25
Dependence/Abuse ⁵	337	214	291	185	112	67	113	84
Dependence/Abuse but not SPD ^{4,5}	267	161	232	145	91	48	77	45
Both SPD and Dependence/Abuse ^{4,5}	209	138	181	111	66	46	84	67
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	682	461	661	446	142	78	58	75

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

⁴ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

⁵ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.21D Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Standard Errors of Percentages, 2004 and 2005

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2004	2005	2004	2005	2004	2005	2004	2005
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	1.14	0.79	1.11	0.77	0.28	0.18	0.31	0.23
SPD ⁴	1.49	1.04	1.48	1.04	0.26	0.22	0.39	0.29
SPD but not Dependence/Abuse ^{4,5}	1.69	1.23	1.69	1.23	0.09	0.14	0.29	0.13
Dependence/Abuse ⁵	1.36	0.93	1.21	0.83	0.52	0.33	0.54	0.41
Dependence/Abuse but not SPD ^{4,5}	1.55	1.00	1.39	0.91	0.60	0.33	0.51	0.30
Both SPD and Dependence/Abuse ^{4,5}	2.85	1.87	2.66	1.76	1.09	0.85	1.36	1.20
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	0.37	0.25	0.36	0.24	0.08	0.04	0.03	0.04

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

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⁵ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.21P Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: P Values from Tests of Differences of Percentages, 2005 Versus 2004

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2004	2005	2004	2005	2004	2005	2004	2005
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	0.2763		0.2547		0.8726		0.7794	
SPD ⁴	0.0324		0.0462		0.7029		0.7608	
SPD but not Dependence/Abuse ^{4,5}	0.0320		0.0335		0.4179		0.7680	
Dependence/Abuse ⁵	0.4276		0.4135		0.9603		0.8495	
Dependence/Abuse but not SPD ^{4,5}	0.4186		0.5800		0.8438		0.3828	
Both SPD and Dependence/Abuse ^{4,5}	0.5722		0.9840		0.7878		0.4106	
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	0.5235		0.6104		0.2771		0.5237	

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.