

Table 6.15C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2004 and 2005

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	494	364	142	121	418	283	471	339
AGE								
18-25	93	67	34	20	73	55	81	58
26-49	382	234	91	77	327	183	354	214
50 or Older	296	255	103	91	248	199	290	246
GENDER								
Male	243	209	104	61	224	157	204	194
Female	440	291	97	103	370	233	420	275
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	473	336	131	106	391	262	453	317
White	432	313	83	89	354	243	417	295
Black or African American	159	119	78	56	130	104	141	106
American Indian or Alaska Native	*	*	*	0	*	6	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	0	*	23	*	*
Two or More Races	*	*	*	3	*	*	*	*
Hispanic or Latino	154	124	52	59	144	99	132	116
EDUCATION								
< High School	232	159	83	86	154	119	216	154
High School Graduate	261	170	89	61	224	123	230	163
Some College	264	182	71	49	234	146	254	173
College Graduate	241	200	4	30	224	170	234	179
CURRENT EMPLOYMENT								
Full-Time	309	221	74	43	264	170	290	201
Part-Time	153	109	30	27	132	92	127	103
Unemployed	122	90	21	52	97	74	115	84
Other ³	341	245	114	96	282	196	320	236

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.15D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Standard Errors of Percentages, 2004 and 2005

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	1.49	1.04	0.54	0.47	1.38	0.95	1.47	1.03
AGE								
18-25	1.24	0.92	0.51	0.32	1.03	0.82	1.13	0.84
26-49	2.09	1.39	0.65	0.60	1.97	1.22	1.99	1.36
50 or Older	4.18	2.91	1.76	1.46	3.82	2.66	4.21	2.88
GENDER								
Male	2.16	1.77	1.05	0.69	2.01	1.52	1.95	1.71
Female	1.85	1.28	0.58	0.63	1.83	1.21	1.84	1.27
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	1.54	1.10	0.57	0.48	1.41	1.01	1.54	1.11
White	1.65	1.22	0.44	0.50	1.55	1.13	1.69	1.24
Black or African American	4.30	3.16	2.60	1.91	3.93	3.21	4.07	3.26
American Indian or Alaska Native	*	*	*	0.14	*	2.98	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	0.07	*	3.23	*	*
Two or More Races	*	*	*	0.89	*	*	*	*
Hispanic or Latino	4.33	2.96	1.60	1.71	4.09	2.54	3.78	2.89
EDUCATION								
< High School	3.17	2.43	1.49	1.61	2.55	2.04	3.17	2.45
High School Graduate	2.42	1.70	1.01	0.79	2.30	1.45	2.25	1.67
Some College	2.61	1.80	0.96	0.69	2.60	1.69	2.57	1.82
College Graduate	3.50	2.44	0.08	0.59	3.44	2.33	3.56	2.49
CURRENT EMPLOYMENT								
Full-Time	1.95	1.46	0.57	0.36	1.77	1.26	1.89	1.39
Part-Time	3.12	2.14	0.76	0.72	2.88	2.06	2.97	2.14
Unemployed	5.54	3.88	1.30	3.15	5.01	3.84	5.53	4.15
Other ³	2.92	2.06	1.45	1.18	2.88	1.97	2.89	2.06

*Low precision; no estimate reported.

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Table 6.15P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: *P* Values from Tests of Differences of Percentages, 2005 Versus 2004

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²			
			Inpatient		Outpatient	
	2004	2005	2004	2005	2004	2005
TOTAL	0.0389		0.1705		0.9416	0.0244
AGE						
18-25	0.0200		0.9849		0.0037	0.1028
26-49	0.6650		0.1713		0.3462	0.5757
50 or Older	0.0559		0.5463		0.7627	0.0242
GENDER						
Male	0.0345		0.4616		0.4650	0.0024
Female	0.3327		0.0152		0.6348	0.4971
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.0307		0.3141		0.7596	0.0248
White	0.0241		0.0287		0.5499	0.0147
Black or African American	0.7688		0.7544		0.7539	0.8705
American Indian or Alaska Native	*		*		*	*
Native Hawaiian or Other Pacific Islander	*		*		*	*
Asian	*		*		*	*
Two or More Races	*		*		*	*
Hispanic or Latino	0.6364		0.2802		0.6618	0.4602
EDUCATION						
< High School	0.5475		0.3945		0.5200	0.3574
High School Graduate	0.1075		0.6551		0.6216	0.0074
Some College	0.5266		0.6908		0.6550	0.7846
College Graduate	0.2554		0.0020		0.8502	0.5788
CURRENT EMPLOYMENT						
Full-Time	0.5363		0.6898		0.5017	0.4913
Part-Time	0.0630		0.7404		0.2475	0.0654
Unemployed	0.7703		0.0217		0.6340	0.9306
Other ³	0.1529		0.7325		0.8656	0.0642

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.16C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Geographic or Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2004 and 2005

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	494	364	142	121	418	283	471	339
GEOGRAPHIC REGION								
Northeast	162	173	47	66	154	143	143	153
Midwest	222	156	62	36	167	118	215	156
South	293	218	108	88	242	167	266	205
West	288	173	50	35	253	131	290	163
COUNTY TYPE								
Large Metro	337	272	114	85	300	226	323	249
Small Metro	283	186	60	56	223	135	265	180
250K - 1 Mil. Pop.	260	149	36	54	200	106	245	142
< 250K Pop.	140	95	48	18	116	76	125	92
Nonmetro	225	158	60	66	178	111	206	154
Urbanized	142	100	43	61	109	80	137	93
Less Urbanized	156	123	41	25	129	77	136	122
Completely Rural	*	*	*	2	*	*	*	*
FAMILY INCOME								
Less Than \$20,000	266	213	105	101	199	170	243	196
\$20,000 - \$49,999	261	193	55	45	229	151	232	184
\$50,000 - \$74,999	268	153	*	38	234	126	255	146
\$75,000 or More	223	156	41	25	187	121	216	142
GOVERNMENT ASSISTANCE³								
Yes	229	200	95	86	181	156	217	191
No	432	306	104	84	370	241	418	285

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

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Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	1.49	1.04	0.54	0.47	1.38	0.95	1.47	1.03
GEOGRAPHIC REGION								
Northeast	2.84	2.62	0.98	1.41	2.69	2.42	2.63	2.61
Midwest	2.88	1.87	1.00	0.61	2.29	1.72	2.88	1.91
South	2.52	1.77	1.12	0.95	2.34	1.61	2.35	1.79
West	3.62	2.17	0.88	0.62	3.55	1.92	3.84	2.19
COUNTY TYPE								
Large Metro	2.08	1.56	0.82	0.65	1.93	1.46	2.06	1.51
Small Metro	2.38	1.85	0.73	0.72	2.33	1.55	2.36	1.87
250K - 1 Mil. Pop.	2.96	2.23	0.64	1.06	2.90	1.86	2.98	2.26
< 250K Pop.	4.49	3.00	1.85	0.67	4.14	2.58	4.14	2.89
Nonmetro	3.70	2.21	1.37	1.38	3.25	2.06	3.72	2.41
Urbanized	5.05	3.42	2.51	2.98	4.75	3.51	5.21	4.00
Less Urbanized	5.06	3.19	1.89	1.07	4.58	2.83	4.99	3.25
Completely Rural	*	*	*	0.65	*	*	*	*
FAMILY INCOME								
Less Than \$20,000	2.64	1.90	1.30	1.24	2.22	1.76	2.51	1.91
\$20,000 - \$49,999	2.39	1.69	0.62	0.53	2.23	1.51	2.25	1.65
\$50,000 - \$74,999	4.01	2.58	*	0.91	3.86	2.47	4.03	2.55
\$75,000 or More	3.40	2.44	0.86	0.55	3.17	2.19	3.32	2.42
GOVERNMENT ASSISTANCE³								
Yes	2.95	2.07	1.61	1.19	2.72	1.88	2.89	2.15
No	1.70	1.23	0.51	0.46	1.56	1.11	1.71	1.21

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Table 6.16P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Geographic or Socioeconomic Characteristics: P Values from Tests of Differences of Percentages, 2005 Versus 2004

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			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	0.0389		0.1705		0.9416		0.0244	
GEOGRAPHIC REGION								
Northeast	0.0040		0.1336		0.1596		0.0223	
Midwest	0.3286		0.7547		0.8689		0.2455	
South	0.0294		0.2537		0.2322		0.0080	
West	0.1244		0.9606		0.0365		0.2050	
COUNTY TYPE								
Large Metro	0.0508		0.3418		0.3581		0.1146	
Small Metro	0.5030		0.4758		0.7372		0.2984	
250K - 1 Mil. Pop.	0.4249		0.0612		0.8947		0.3381	
< 250K Pop.	0.9966		0.2115		0.6549		0.6533	
Nonmetro	0.6298		0.5025		0.2499		0.2739	
Urbanized	0.6755		0.4694		0.9588		0.8818	
Less Urbanized	0.5499		0.9742		0.1437		0.1509	
Completely Rural	*		*		*		*	
FAMILY INCOME								
Less Than \$20,000	0.0192		0.2642		0.1076		0.0143	
\$20,000 - \$49,999	0.2719		0.6969		0.3054		0.0654	
\$50,000 - \$74,999	0.5528		*		0.8076		0.4639	
\$75,000 or More	0.9359		0.9578		0.5463		0.4592	
GOVERNMENT ASSISTANCE³								
Yes	0.2305		0.9853		0.4764		0.2078	
No	0.1183		0.1748		0.7460		0.0900	

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