

Table 6.62A Perception of Help Received from Treatment or Counseling among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Numbers in Thousands, 2004 and 2005

Perception of Help Received ¹	2004	2005
TOTAL	820	764
No Help at All	154	149
A Little Help	170	166
Some Help	204	185
A Lot of Help	183	163
Extremely Helpful	102	95

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.62B Perception of Help Received from Treatment or Counseling among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Percentages, 2004 and 2005

Perception of Help Received ¹	2004	2005
TOTAL	100.0	100.0
No Help at All	19.0	19.6
A Little Help	20.9	21.9
Some Help	25.1	24.4
A Lot of Help	22.5	21.5
Extremely Helpful	12.5	12.5

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

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¹ Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

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Table 6.63A Perception of Help Received from Treatment or Counseling among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression: Numbers in Thousands, 2004 and 2005

Perception of Help Received ¹	2004	2005
TOTAL	10,542	9,618
No Help at All	1,347	1,500
A Little Help	1,625	1,541
Some Help	2,993	2,675
A Lot of Help	2,783	2,728
Extremely Helpful	1,711 ^b	1,048

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

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Perception of Help Received ¹	2004	2005
TOTAL	100.0	100.0
No Help at All	12.9	15.8
A Little Help	15.5	16.2
Some Help	28.6	28.2
A Lot of Help	26.6	28.7
Extremely Helpful	16.4 ^a	11.0

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.64A Perception of Help Received from Prescription Medication among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: Numbers in Thousands, 2004 and 2005

Perception of Help Received ¹	2004	2005
TOTAL	423	372
No Help at All	61	59
A Little Help	78 ^a	47
Some Help	103	89
A Lot of Help	109	113
Extremely Helpful	70	61

*Low precision; no estimate reported.

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^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

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¹ Estimates in the Total row represent persons aged 12 to 17 with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

Table 6.64B Perception of Help Received from Prescription Medication among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression: Percentages, 2004 and 2005

Perception of Help Received ¹	2004	2005
TOTAL	100.0	100.0
No Help at All	14.4	15.9
A Little Help	18.5	12.8
Some Help	24.6	24.2
A Lot of Help	25.9	30.7
Extremely Helpful	16.7	16.5

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

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Perception of Help Received¹	2004	2005
TOTAL	8,279	7,834
No Help at All	485	510
A Little Help	894	1,047
Some Help	2,297	2,091
A Lot of Help	3,125	2,912
Extremely Helpful	1,478	1,222

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

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Perception of Help Received ¹	2004	2005
TOTAL	100.0	100.0
No Help at All	5.9	6.6
A Little Help	10.8	13.5
Some Help	27.8	26.9
A Lot of Help	37.7	37.4
Extremely Helpful	17.9	15.7

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older, while 2005 estimates are based on all respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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