

**Table 6.22A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2004 and 2005**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
<b>TOTAL</b>	27,502	28,166	1,917	2,129	15,226	14,856	22,638	23,305
<b>AGE</b>								
18-25	3,459	3,615	388	344	1,976	2,070	2,594	2,680
26-49	14,348	13,889	801	930	8,632 <sup>a</sup>	7,766	11,671	11,423
50 or Older	9,695	10,661	728	855	4,619	5,019	8,373	9,202
<b>GENDER</b>								
Male	9,044	9,308	918	931	5,208	4,812	7,139	7,369
Female	18,458	18,858	999	1,197	10,018	10,044	15,499	15,935
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	25,523	25,999	1,523	1,727	14,151	13,672	21,185	21,714
White	22,512	22,890	980	1,268	12,452	11,904	18,998	19,435
Black or African American	2,052	2,193	414	418	1,120	1,268	1,480	1,518
American Indian or Alaska Native	143	169	11	3	68	66	105	156
Native Hawaiian or Other Pacific Islander	*	*	1	2	*	12	*	*
Asian	422	365	99	26	241	216	318	264
Two or More Races	335	317	18	9	216	205	250	286
Hispanic or Latino	1,979	2,166	393	402	1,075	1,184	1,453	1,591
<b>EDUCATION</b>								
< High School	4,134	3,868	639	775	1,927	1,837	3,227	3,073
High School Graduate	7,783	7,951	801	712	4,003	3,472	6,641	7,061
Some College	8,067	7,992	376	434	4,466	4,398	6,865	6,739
College Graduate	7,518	8,354	100	208	4,829	5,149	5,904	6,432
<b>CURRENT EMPLOYMENT</b>								
Full-Time	12,632	12,579	514	457	6,855	6,638	10,152	10,086
Part-Time	4,081	4,229	199	220	2,537	2,286	3,192	3,402
Unemployed	1,301	1,317	120	224	743	699	1,117	1,066
Other <sup>3</sup>	9,488	10,041	1,083	1,227	5,092	5,234	8,177	8,750

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>2</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>3</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.22B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2004 and 2005**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
<b>TOTAL</b>	12.8	13.0	0.9	1.0	7.1	6.8	10.5	10.7
<b>AGE</b>								
18-25	10.8	11.2	1.2	1.1	6.2	6.4	8.1	8.3
26-49	14.4	13.9	0.8	0.9	8.6 <sup>a</sup>	7.8	11.7	11.4
50 or Older	11.7	12.5	0.9	1.0	5.6	5.9	10.1	10.8
<b>GENDER</b>								
Male	8.8	8.9	0.9	0.9	5.0	4.6	6.9	7.0
Female	16.6	16.8	0.9	1.1	9.0	8.9	13.9	14.1
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	13.6	13.7	0.8	0.9	7.5	7.2	11.2	11.4
White	14.9	15.1	0.6	0.8	8.2	7.8	12.5	12.8
Black or African American	8.5	8.9	1.7	1.7	4.6	5.1	6.1	6.2
American Indian or Alaska Native	12.6	15.4	1.0	0.3	6.1	6.0	9.2	14.1
Native Hawaiian or Other Pacific Islander	*	*	0.1	0.3	*	2.0	*	*
Asian	4.7	4.0	1.1	0.3	2.7	2.4	3.6	2.9
Two or More Races	15.8	14.4	0.9	0.4	10.2	9.3	11.8	13.0
Hispanic or Latino	7.4	7.8	1.5	1.4	4.0	4.3	5.4	5.7
<b>EDUCATION</b>								
< High School	11.3	10.9	1.8	2.2	5.3	5.2	8.9	8.6
High School Graduate	11.5	11.6	1.2	1.0	5.9	5.1	9.8	10.3
Some College	14.8	14.5	0.7	0.8	8.2	8.0	12.5	12.2
College Graduate	13.5	14.3	0.2	0.4	8.6	8.8	10.6	11.0
<b>CURRENT EMPLOYMENT</b>								
Full-Time	10.6	10.5	0.4	0.4	5.8	5.5	8.5	8.4
Part-Time	14.8	14.9	0.7	0.8	9.2	8.1	11.6	12.0
Unemployed	17.7	17.4	1.6	3.0	10.1	9.2	15.2	14.1
Other <sup>3</sup>	15.5	16.4	1.8	2.0	8.3	8.6	13.3	14.3

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>2</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>3</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.23A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2004 and 2005**

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling <sup>1</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
<b>TOTAL</b>	27,502	28,166	1,917	2,129	15,226	14,856	22,638	23,305
<b>GEOGRAPHIC REGION</b>								
Northeast	5,397	5,709	287	318	3,323	3,311	4,386	4,546
Midwest	6,577	6,790	455	371	3,651	3,341	5,399	5,803
South	9,364	9,976	883	998	4,734	5,026	7,831	8,493
West	6,164	5,690	291	442	3,518	3,179	5,023	4,462
<b>COUNTY TYPE</b>								
Large Metro	13,826	14,129	1,004	1,111	7,910	8,091	11,147	11,100
Small Metro	9,046	8,809	595	602	4,964 <sup>a</sup>	4,277	7,536	7,608
250K - 1 Mil. Pop.	5,943	5,862	356	368	3,244	2,790	4,879	5,045
< 250K Pop.	3,103	2,947	240	234	1,721	1,487	2,657	2,563
Nonmetro	4,629	5,228	318	416	2,351	2,487	3,955 <sup>a</sup>	4,597
Urbanized	2,034	2,155	173	202	1,077	1,213	1,731	1,817
Less Urbanized	2,207	2,524	132	174	1,135	1,030	1,891	2,284
Completely Rural	388	549	12	40	139	244	333	496
<b>FAMILY INCOME</b>								
Less Than \$20,000	6,711	6,971	973	1,117	3,820	3,939	5,404	5,701
\$20,000 - \$49,999	9,031	8,499	597	601	4,939 <sup>b</sup>	3,990	7,569	7,352
\$50,000 - \$74,999	4,943	5,271	220	221	2,815	2,994	4,246	4,437
\$75,000 or More	6,817	7,424	127	190	3,652	3,933	5,419	5,815
<b>GOVERNMENT ASSISTANCE<sup>3</sup></b>								
Yes	5,778	6,339	814	1,044	3,240	3,407	4,895	5,471
No	21,723	21,827	1,103	1,085	11,986	11,449	17,743	17,833

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>2</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>3</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 and 2005.

**Table 6.23B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Percentages, 2004 and 2005**

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling <sup>1</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>					
			Inpatient		Outpatient		Prescription Medication	
	2004	2005	2004	2005	2004	2005	2004	2005
<b>TOTAL</b>	12.8	13.0	0.9	1.0	7.1	6.8	10.5	10.7
<b>GEOGRAPHIC REGION</b>								
Northeast	13.2	13.9	0.7	0.8	8.1	8.1	10.7	11.1
Midwest	13.6	13.9	0.9	0.8	7.5	6.9	11.1	11.9
South	12.2	12.7	1.1	1.3	6.2	6.4	10.2	10.8
West	12.7	11.6	0.6	0.9	7.2	6.5	10.3	9.1
<b>COUNTY TYPE</b>								
Large Metro	12.1	12.1	0.9	0.9	6.9	6.9	9.7	9.5
Small Metro	14.2	13.8	0.9	0.9	7.8 <sup>a</sup>	6.7	11.8	11.9
250K - 1 Mil. Pop.	14.2	13.8	0.8	0.9	7.7 <sup>a</sup>	6.6	11.6	11.9
< 250K Pop.	14.2	13.7	1.1	1.1	7.9	6.9	12.1	11.9
Nonmetro	12.8	14.4	0.9	1.1	6.5	6.9	10.9 <sup>a</sup>	12.7
Urbanized	13.6	15.7	1.2	1.5	7.2	8.8	11.5	13.2
Less Urbanized	12.2	13.8	0.7	1.0	6.3	5.7	10.4	12.5
Completely Rural	12.2	12.9	0.4	0.9	4.4	5.7	10.4	11.6
<b>FAMILY INCOME</b>								
Less Than \$20,000	15.6	16.7	2.3	2.7	8.9	9.5	12.6	13.7
\$20,000 - \$49,999	11.6	11.3	0.8	0.8	6.3 <sup>a</sup>	5.3	9.7	9.7
\$50,000 - \$74,999	12.9	13.4	0.6	0.6	7.4	7.6	11.1	11.3
\$75,000 or More	12.2	12.2	0.2	0.3	6.5	6.5	9.7	9.6
<b>GOVERNMENT ASSISTANCE<sup>3</sup></b>								
Yes	18.8	20.1	2.6	3.3	10.5	10.8	15.9	17.3
No	11.8	11.8	0.6	0.6	6.5	6.2	9.6	9.6

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

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