

**Table 6.21A Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Numbers in Thousands, 2004 and 2005**

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse <sup>1</sup>	Mental Health Treatment or Substance Use Treatment at a Specialty Facility <sup>2,3</sup>		Mental Health Treatment Only <sup>2</sup>		Substance Use Treatment at a Specialty Facility Only <sup>3</sup>		Mental Health Treatment and Substance Use Treatment at a Specialty Facility <sup>2,3</sup>	
	2004	2005	2004	2005	2004	2005	2004	2005
<b>EITHER SPD OR DEPENDENCE/ABUSE<sup>4,5</sup></b>	13,769	13,809	12,272	12,384	660	654	836	760
SPD <sup>4</sup>	11,134	11,407	10,297	10,553	266	282	571	572
SPD but not Dependence/Abuse <sup>4,5</sup>	8,447	8,955	8,252	8,761	43	68	151	127
Dependence/Abuse <sup>5</sup>	5,322	4,854	4,020	3,624	616	587	685	633
Dependence/Abuse but not SPD <sup>4,5</sup>	2,635	2,402	1,975	1,831	394	373	265	188
Both SPD and Dependence/Abuse <sup>4,5</sup>	2,687	2,452	2,045	1,793	222	214	420	446
<b>NEITHER SPD NOR DEPENDENCE/ABUSE<sup>4,5</sup></b>	15,599	15,453	14,801	14,751	593	429	205	270

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>3</sup> Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

<sup>4</sup> Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.21B Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Percentages, 2004 and 2005**

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse <sup>1</sup>	Mental Health Treatment or Substance Use Treatment at a Specialty Facility <sup>2,3</sup>		Mental Health Treatment Only <sup>2</sup>		Substance Use Treatment at a Specialty Facility Only <sup>3</sup>		Mental Health Treatment and Substance Use Treatment at a Specialty Facility <sup>2,3</sup>	
	2004	2005	2004	2005	2004	2005	2004	2005
<b>EITHER SPD OR DEPENDENCE/ABUSE<sup>4,5</sup></b>	33.5	35.0	29.9	31.4	1.6	1.7	2.0	1.9
SPD <sup>4</sup>	42.6 <sup>a</sup>	46.5	39.4 <sup>a</sup>	43.0	1.0	1.1	2.2	2.3
SPD but not Dependence/Abuse <sup>4,5</sup>	41.9 <sup>a</sup>	46.4	40.9 <sup>a</sup>	45.4	0.2	0.3	0.7	0.7
Dependence/Abuse <sup>5</sup>	25.4	24.1	19.2	18.0	2.9	2.9	3.3	3.1
Dependence/Abuse but not SPD <sup>4,5</sup>	17.6	16.1	13.2	12.3	2.6	2.5	1.8	1.3
Both SPD and Dependence/Abuse <sup>4,5</sup>	45.0	47.0	34.3	34.3	3.7	4.1	7.0	8.5
<b>NEITHER SPD NOR DEPENDENCE/ABUSE<sup>4,5</sup></b>	9.0	8.7	8.5	8.3	0.3	0.2	0.1	0.2

\*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>3</sup> Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

<sup>4</sup> Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.