

Table 6.1A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2004 and 2005

Age Category	Total		GENDER			
			Male		Female	
	2004	2005	2004	2005	2004	2005
TOTAL	26,232	24,618	9,726	8,776	16,507	15,842
18	1,018	870	383	351	635	519
19	907	822	393	307	514	515
20	930	836	414	333	516	502
21	850	762	349	302	502	460
22	744	770	339	308	405	461
23	650	697	257	274	393	423
24	787	660	259	263	528 ^a	397
25	620	633	224	209	397	424
26-29	2,291	2,103	881	886	1,410	1,217
30-34	2,779	2,526	976	923	1,804	1,603
35-39	3,240 ^a	2,478	1,000	814	2,239 ^a	1,664
40-44	2,677	2,914	997	1,012	1,680	1,902
45-49	2,999	2,451	1,011	830	1,988	1,621
50-54	2,145	1,856	1,074	658	1,071	1,198
55-59	961 ^b	1,694	326	515	635 ^a	1,179
60-64	869	855	219	401	650	454
65 or Older	1,763	1,690	623	388	1,140	1,302

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.1B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2004 and 2005

Age Category	Total		GENDER			
			Male		Female	
	2004	2005	2004	2005	2004	2005
TOTAL	12.2 ^a	11.3	9.4	8.4	14.8	14.0
18	21.4	19.0	15.8	14.3	27.1	24.5
19	23.9 ^b	19.2	20.3 ^a	14.0	27.7	24.6
20	22.9	20.3	19.5	17.0	26.7	23.4
21	21.7	19.0	18.6	14.8	24.4	23.3
22	19.1	19.0	17.3	15.1	21.1	22.9
23	16.7	17.9	13.9	14.5	19.3	21.2
24	19.7	17.8	13.4	14.2	25.8	21.4
25	16.0	16.5	10.9	11.0	21.6	21.8
26-29	15.1	13.5	11.6	11.2	18.8	16.0
30-34	14.0	13.1	10.0	9.8	17.9	16.2
35-39	15.6 ^a	12.4	10.2	8.1	20.5	16.8
40-44	11.6	12.5	8.7	8.8	14.6	15.9
45-49	14.0 ^a	11.2	9.4	7.8	18.7	14.3
50-54	11.0	9.4	11.3	6.9	10.7	11.8
55-59	5.9 ^b	9.9	4.1	6.5	7.6 ^a	12.8
60-64	7.0	6.5	3.8	6.0	9.8	7.0
65 or Older	5.1	4.8	4.2	2.6	5.7	6.4

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.2A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics:
Numbers in Thousands, 2004 and 2005**

Demographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	26,232	24,618	6,508 ^a	6,050	13,986 ^a	12,472	5,739	6,096
GENDER								
Male	9,726	8,776	2,618 ^a	2,349	4,865	4,465	2,242	1,962
Female	16,507	15,842	3,889	3,702	9,121 ^a	8,007	3,496	4,134
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	22,964 ^a	21,366	5,551 ^b	5,087	12,243 ^b	10,668	5,170	5,611
White	18,627	17,373	4,418 ^a	3,979	10,026 ^a	8,715	4,184	4,679
Black or African American	2,861	2,650	725	706	1,480	1,294	656	649
American Indian or Alaska Native	113 ^a	232	*	39	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	799	656	246	257	366	338	*	*
Two or More Races	399	372	*	88	191	168	*	116
Hispanic or Latino	3,268	3,252	956	964	1,743	1,804	568	484
EDUCATION								
< High School	5,483	5,067	1,569 ^b	1,206	2,513	2,145	1,400	1,717
High School Graduate	8,560 ^a	7,473	2,158	2,183	4,465 ^a	3,568	1,937	1,722
Some College	7,295	6,970	2,069	2,023	3,824	3,680	1,402	1,268
College Graduate	4,895	5,108	712	639	3,184	3,079	999	1,389
CURRENT EMPLOYMENT								
Full-Time	12,913	11,759	2,774	2,615	8,472 ^a	7,294	1,667	1,850
Part-Time	4,001	3,603	1,757	1,701	1,674	1,382	569	521
Unemployed	1,619	1,528	605	540	764	841	*	*
Other ¹	7,699	7,728	1,372	1,195	3,076	2,955	3,252	3,578

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

¹ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.2B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics: Percentages, 2004 and 2005

Demographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2004	2005	2004	2005	2004	2005	2004	2005
TOTAL	12.2 ^a	11.3	20.2 ^b	18.6	14.0 ^a	12.5	6.9	7.1
GENDER								
Male	9.4	8.4	16.2 ^a	14.4	9.9	9.0	5.9	5.0
Female	14.8	14.0	24.3	22.9	18.0 ^a	15.8	7.8	9.0
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	12.2 ^a	11.2	21.0 ^b	19.0	14.4 ^b	12.6	6.7	7.1
White	12.2	11.4	21.8 ^b	19.8	15.0 ^a	13.3	6.4	7.0
Black or African American	11.9	10.7	17.3	15.9	12.3	10.6	8.4	8.0
American Indian or Alaska Native	10.8 ^a	21.1	*	17.8	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	9.2	7.2	17.5	16.9	8.2	6.7	*	*
Two or More Races	22.4	16.8	*	25.8	19.8	20.2	*	11.2
Hispanic or Latino	12.2	11.7	16.7	16.8	11.6	11.6	9.4	7.5
EDUCATION								
< High School	14.9	14.2	23.8 ^b	18.1	17.6	15.7	8.7	11.1
High School Graduate	12.5 ^a	10.9	19.4	19.4	15.3 ^b	12.2	6.9	6.2
Some College	13.8	12.6	20.4	19.3	14.7	14.2	8.3	6.7
College Graduate	8.6	8.7	16.4	15.4	10.4	9.9	4.5	6.0
CURRENT EMPLOYMENT								
Full-Time	10.8 ^a	9.8	18.3	17.1	11.6 ^a	10.1	5.2	5.5
Part-Time	14.2	12.7	21.6	20.6	16.0	12.7	5.9	5.6
Unemployed	21.7	20.1	23.6	21.0	21.2	22.7	*	*
Other ¹	12.9	12.6	21.6	18.9	23.2	21.7	8.1	8.6

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.