

**Table 6.18A Source of Payment for Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2004 and 2005**

Source of Payment <sup>1</sup>	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2004	2005	2004	2005	2004	2005	2004	2005
Self or Family Member Living in Household	2,388	2,240	412	447	1,724 <sup>a</sup>	1,177	*	616
Family Member Not Living in Household	193	207	100	113	93	37	*	57
Private Health Insurance	3,218	2,571	312	352	2,103 <sup>a</sup>	1,478	*	741
Medicare	750	715	35	45	318	355	*	315
Medicaid	778	1,108	116	142	491	657	*	309
Rehabilitation Program	15	17	3	10	13	7	*	*
Employer	710	586	67	40	454	405	*	141
VA or Other Military Program	245	353	31	13	114	89	*	252
Other Public Source	262	333	42	42	164	242	*	49
Other Private Source	83	97	7 <sup>a</sup>	28	76	55	*	*
Free Treatment	350	404	136	164	182	197	*	*

\*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple sources of payment; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

**Table 6.18B Source of Payment for Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2004 and 2005**

Source of Payment <sup>1</sup>	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2004	2005	2004	2005	2004	2005	2004	2005
Self or Family Member Living in Household	32.5	32.4	39.6	37.4	37.2	30.6	*	32.8
Family Member Not Living in Household	2.6	3.0	9.6	9.4	2.0	1.0	*	3.0
Private Health Insurance	43.7	37.2	30.1	29.5	45.4	38.4	*	39.5
Medicare	10.2	10.3	3.4	3.8	6.9	9.2	*	16.8
Medicaid	10.6 <sup>a</sup>	16.0	11.2	11.9	10.6 <sup>a</sup>	17.1	*	16.5
Rehabilitation Program	0.2	0.2	0.3	0.8	0.3	0.2	*	*
Employer	9.7	8.5	6.5	3.4	9.8	10.5	*	7.5
VA or Other Military Program	3.3	5.1	3.0	1.1	2.5	2.3	*	13.4
Other Public Source	3.6	4.8	4.0	3.5	3.5	6.3	*	2.6
Other Private Source	1.1	1.4	0.7 <sup>a</sup>	2.4	1.6	1.4	*	*
Free Treatment	4.8	5.8	13.1	13.7	3.9	5.1	*	*

\*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple sources of payment; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.