

Table 6.17A Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2004 and 2005

Location of Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2004	2005	2004	2005	2004	2005	2004	2005
Outpatient Mental Health Clinic or Center	1,861	2,201	212 ^b	350	1,089	1,195	*	655
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	3,642	3,719	571	661	2,429	2,072	*	987
Doctor's Office - Not Part of a Clinic	1,902 ^a	1,438	244	203	1,343 ^b	831	*	404
Outpatient Medical Clinic	934	616	80	89	468	325	*	202
Partial Day Hospital or Day Treatment Program	192	169	39	40	53	70	*	*
School or University Setting/Clinic/Center ²	39	47	14 ^a	47	25	*	*	*
Some Other Place ³	117	113	44	15	36	64	*	*

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location is one of the most commonly reported other locations for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.17B Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2004 and 2005

Location of Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2004	2005	2004	2005	2004	2005	2004	2005
Outpatient Mental Health Clinic or Center	25.2 ^a	31.6	20.3 ^b	29.1	23.4 ^a	30.8	*	34.9
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	49.3	53.5	54.5	55.1	52.1	53.4	*	52.6
Doctor's Office - Not Part of a Clinic	25.7	20.7	23.4	16.9	28.8 ^a	21.4	*	21.5
Outpatient Medical Clinic	12.6	8.9	7.7	7.4	10.0	8.4	*	10.8
Partial Day Hospital or Day Treatment Program	2.6	2.4	3.7	3.3	1.1	1.8	*	*
School or University Setting/Clinic/Center ²	0.5	0.7	1.3 ^a	4.0	0.5	*	*	*
Some Other Place ³	1.6	1.6	4.2	1.2	0.8	1.7	*	*

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location is one of the most commonly reported other locations for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.