

Table 6.13A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Demographic Characteristics: Numbers in Thousands, 2004 and 2005

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL	26,232	24,618	10,868	11,126	15,268 ^b	13,409
AGE						
18-25	6,508 ^a	6,050	1,740	1,831	4,729 ^b	4,173
26-49	13,986 ^a	12,472	6,687	6,084	7,291	6,352
50 or Older	5,739	6,096	2,441 ^a	3,211	3,247	2,885
GENDER						
Male	9,726	8,776	3,005	3,226	6,703 ^a	5,525
Female	16,507	15,842	7,864	7,900	8,565	7,885
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	22,964 ^a	21,366	9,960	10,140	12,919 ^b	11,147
White	18,627	17,373	8,589	8,828	9,964 ^b	8,506
Black or African American	2,861	2,650	*	932	1,882	1,681
American Indian or Alaska Native	113 ^a	232	*	*	82	167
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	33
Asian	799	656	*	*	692	528
Two or More Races	399	372	*	*	198	233
Hispanic or Latino	3,268	3,252	908	986	2,349	2,262
EDUCATION						
< High School	5,483	5,067	2,013	1,980	3,460	3,074
High School Graduate	8,560 ^a	7,473	3,216	3,168	5,278 ^b	4,264
Some College	7,295	6,970	3,301	3,290	3,975	3,655
College Graduate	4,895	5,108	2,339	2,688	2,555	2,416
CURRENT EMPLOYMENT						
Full-Time	12,913	11,759	4,774	4,529	8,071	7,181
Part-Time	4,001	3,603	1,487	1,591	2,497 ^a	1,995
Unemployed	1,619	1,528	668	659	951	866
Other ³	7,699	7,728	3,939	4,347	3,749	3,368

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent persons aged 18 or older with past year SPD, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.13B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Demographic Characteristics: Percentages, 2004 and 2005

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2004	2005	2004	2005	2004	2005
TOTAL	12.2 ^a	11.3	38.7	39.5	8.2 ^b	7.1
AGE						
18-25	20.2 ^b	18.6	50.9	50.6	16.5 ^b	14.6
26-49	14.0 ^a	12.5	43.6	43.8	8.6 ^a	7.4
50 or Older	6.9	7.1	26.0	30.1	4.4	3.9
GENDER						
Male	9.4	8.4	32.7	34.7	7.1 ^b	5.8
Female	14.8	14.0	41.5	41.9	9.2	8.4
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	12.2 ^a	11.2	38.3	39.0	8.0 ^b	6.8
White	12.2	11.4	37.4	38.6	7.7 ^b	6.6
Black or African American	11.9	10.7	*	42.5	8.6	7.5
American Indian or Alaska Native	10.8 ^a	21.1	*	*	8.7	17.9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	5.9
Asian	9.2	7.2	*	*	8.4	6.1
Two or More Races	22.4	16.8	*	*	14.4	12.4
Hispanic or Latino	12.2	11.7	42.8	45.5	9.6	8.9
EDUCATION						
< High School	14.9	14.2	43.8	51.2	10.7	9.7
High School Graduate	12.5 ^a	10.9	40.3	39.8	8.8 ^b	7.1
Some College	13.8	12.6	43.2	41.2	8.8	7.7
College Graduate	8.6	8.7	29.6	32.2	5.2	4.8
CURRENT EMPLOYMENT						
Full-Time	10.8 ^a	9.8	36.0	36.0	7.6 ^a	6.7
Part-Time	14.2	12.7	37.8	37.6	10.3 ^a	8.3
Unemployed	21.7	20.1	53.4	50.1	15.3	13.8
Other ³	12.9	12.6	40.8	43.3	7.5	6.6

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

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¹ Estimates in the Total column represent persons aged 18 or older with past year SPD, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.14A Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Numbers in Thousands, 2004 and 2005

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2004	2005	2004	2005	2004	2005
TOTAL	28,115	28,166	10,868	11,126	17,247	17,040
AGE						
18-25	3,418	3,615	1,740	1,831	1,679	1,784
26-49	15,322 ^a	13,889	6,687	6,084	8,635	7,805
50 or Older	9,375	10,661	2,441 ^a	3,211	6,933	7,451
GENDER						
Male	9,188	9,308	3,005	3,226	6,183	6,082
Female	18,927	18,858	7,864	7,900	11,064	10,958
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	25,993	25,999	9,960	10,140	16,033	15,860
White	22,944	22,890	8,589	8,828	14,355	14,062
Black or African American	2,050	2,193	973	932	1,077	1,262
American Indian or Alaska Native	*	169	*	*	*	104
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	412	365	*	*	309	238
Two or More Races	406	317	*	*	*	178
Hispanic or Latino	2,122	2,166	908	986	1,213	1,180
EDUCATION						
< High School	4,594	3,868	2,013	1,980	2,581	1,888
High School Graduate	7,983	7,951	3,216	3,168	4,767	4,783
Some College	7,641	7,992	3,301	3,290	4,340	4,702
College Graduate	7,897	8,354	2,339	2,688	5,558	5,666
CURRENT EMPLOYMENT						
Full-Time	13,274	12,579	4,774	4,529	8,500	8,051
Part-Time	3,935	4,229	1,487	1,591	2,448	2,638
Unemployed	1,249	1,317	668	659	582	657
Other ²	9,656	10,041	3,939	4,347	5,717	5,694

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2005 estimate is statistically significant at the 0.01 level.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these 2004 and 2005 estimates are not comparable with 2004 and earlier estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

² The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample) and 2005.

Table 6.14B Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Percentages, 2004 and 2005

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2004	2005	2004	2005	2004	2005
TOTAL	13.1	13.0	41.6 ^a	45.3	9.1	8.8
AGE						
18-25	10.7	11.2	26.9 ^a	30.5	6.6	6.8
26-49	15.3 ^a	13.9	47.8	48.9	10.0	8.9
50 or Older	11.3	12.5	42.9	52.7	9.0	9.4
GENDER						
Male	8.9	8.9	31.0 ^a	36.9	6.6	6.3
Female	17.0	16.8	47.9	50.0	11.6	11.3
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	13.8	13.7	43.5 ^a	47.6	9.7	9.4
White	15.1	15.1	46.3 ^a	50.9	10.7	10.4
Black or African American	8.6	8.9	34.1	35.7	5.1	5.7
American Indian or Alaska Native	*	15.4	*	*	*	11.9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	4.8	4.0	*	*	3.9	2.8
Two or More Races	22.8	14.4	*	*	*	9.8
Hispanic or Latino	7.9	7.8	27.9	30.4	5.2	4.8
EDUCATION						
< High School	12.5	10.9	36.8	39.2	8.2	6.2
High School Graduate	11.7	11.6	37.9	42.6	8.0	7.9
Some College	14.4	14.5	45.4	47.4	9.5	9.8
College Graduate	13.9	14.3	47.8	52.7	10.7	10.7
CURRENT EMPLOYMENT						
Full-Time	11.1	10.5	37.2	38.7	8.0	7.4
Part-Time	14.0	14.9	37.3	44.4	10.1	10.7
Unemployed	16.8	17.4	41.3	43.2	10.0	10.9
Other ²	16.2	16.4	51.2	56.3	11.0	10.7

*Low precision; no estimate reported.

NOTE: Estimates for 2004 in this table are based on a subsample of respondents aged 18 or older. Due to the use of alternative 2004 subsample data, these 2004 estimates may differ from 2004 estimates published in prior NSDUH reports. See Section B.4.4 in Appendix B of the *Results from the 2005 National Survey on Drug Use and Health: National Findings*.

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^a Difference between estimate and 2005 estimate is statistically significant at the 0.05 level.

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