

Table 6.41A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Numbers in Thousands, 2003 and 2004

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	10,781	10,902	5,296	5,227	5,451	5,649
AGE						
18-25	2,628	2,614	1,035	1,144	1,581	1,460
26-49	6,349	6,564	3,203	3,180	3,135	3,370
50 or Older	1,804	1,724	1,059	903	735	819
GENDER						
Male	3,275 ^a	3,908	1,380	1,623	1,885	2,278
Female	7,506	6,993	3,915	3,604	3,566	3,371
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	9,636	9,810	4,782	4,823	4,820	4,962
White	8,207	8,179	4,181	4,179	4,006	3,979
Black or African American	999	1,190	424	470	562	716
Other or Two or More Races	430	441	177	174	252	267
Hispanic or Latino	1,145	1,091	514	404	631	687
EDUCATION						
< High School	1,596	1,866	844	879	743	984
High School Graduate	3,010	3,111	1,394	1,498	1,614	1,608
Some College	3,322	3,263	1,626	1,659	1,681	1,601
College Graduate	2,853	2,661	1,432	1,191	1,413	1,455
CURRENT EMPLOYMENT						
Full-Time	5,440	5,620	2,512	2,194	2,910 ^a	3,409
Part-Time	2,042	1,822	908	896	1,131	923
Unemployed	654	661	267	347	377	312
Other ³	2,645	2,798	1,609	1,790	1,033	1,005

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information are excluded.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.41B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Percentages, 2003 and 2004

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	5.1	5.1	19.0	19.1	3.0	3.0
AGE						
18-25	8.3	8.1	29.6 ^a	33.3	5.6	5.1
26-49	6.4	6.6	22.2	22.3	3.7	3.9
50 or Older	2.2	2.1	10.6	9.3	1.0	1.1
GENDER						
Male	3.2 ^a	3.8	15.9	18.1	2.0	2.4
Female	6.8	6.3	20.4	19.6	3.9	3.6
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	5.2	5.2	18.5	18.9	3.0	3.1
White	5.5	5.4	18.3	18.6	3.1	3.1
Black or African American	4.2	4.9	21.0	22.9	2.6	3.2
Other or Two or More Races	3.5	3.5	18.0	18.3	2.2	2.3
Hispanic or Latino	4.5	4.1	25.5	20.9	2.7	2.8
EDUCATION						
< High School	4.2	5.1	21.3	21.5	2.2 ^a	3.1
High School Graduate	4.5	4.6	16.7	19.3	2.8	2.7
Some College	6.3	6.0	21.0	20.6	3.8	3.4
College Graduate	5.2	4.8	18.2	15.9	3.0	3.0
CURRENT EMPLOYMENT						
Full-Time	4.7	4.7	18.2	17.4	2.8	3.2
Part-Time	7.1	6.6	21.9	22.0	4.6	3.9
Unemployed	8.1	9.0	25.7	26.7	5.4	5.2
Other ³	4.5	4.6	18.0	19.0	2.1	1.9

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information are excluded.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

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³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.42A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment, and Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2003 and 2004

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	10,781	10,902	5,296	5,227	5,451	5,649
GEOGRAPHIC REGION						
Northeast	1,866	2,000	843	805	1,017	1,194
Midwest	2,706	2,692	1,457	1,409	1,248	1,282
South	3,459	3,852	1,800	1,870	1,636	1,964
West	2,750	2,358	1,196	1,142	1,550	1,209
COUNTY TYPE						
Large Metro	5,651	5,649	2,615	2,534	3,020	3,112
Small Metro	3,398	3,562	1,745	1,834	1,643	1,710
Nonmetro	1,733	1,691	936	859	788	827
FAMILY INCOME						
Less Than \$20,000	2,856	3,168	1,522	1,599	1,319	1,560
\$20,000 - \$49,999	4,237	3,941	2,125	1,877	2,105	2,062
\$50,000 - \$74,999	1,822	1,662	803	728	1,016	930
\$75,000 or More	1,866	2,131	845	1,022	1,011	1,096
GOVERNMENT ASSISTANCE³						
Yes	2,397	2,566	1,341	1,533	1,056	1,026
No	8,384	8,336	3,955	3,694	4,395	4,623

*Low precision; no estimate reported.

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^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

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³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.42B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment, and Geographic or Socioeconomic Characteristics: Percentages, 2003 and 2004

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	5.1	5.1	19.0	19.1	3.0	3.0
GEOGRAPHIC REGION						
Northeast	4.6	4.9	15.2	14.9	2.9	3.4
Midwest	5.6	5.6	21.4	21.5	3.0	3.1
South	4.6	5.0	18.2	20.0	2.5	2.9
West	5.7	4.9	21.1	18.7	3.7	2.9
COUNTY TYPE						
Large Metro	5.0	4.9	18.4	18.4	3.1	3.1
Small Metro	5.3	5.6	19.8	20.3	3.0	3.1
Nonmetro	4.8	4.7	19.0	18.6	2.6	2.6
FAMILY INCOME						
Less Than \$20,000	6.9	7.4	23.9	24.0	3.8	4.3
\$20,000 - \$49,999	5.3	5.1	21.8	20.9	3.0	3.0
\$50,000 - \$74,999	4.6	4.3	15.3	14.7	3.0	2.8
\$75,000 or More	3.7	3.8	12.9	15.0	2.3	2.2
GOVERNMENT ASSISTANCE³						
Yes	8.7	8.3	25.3	26.6	4.7	4.1
No	4.5	4.5	17.5	17.1	2.7	2.9

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information are excluded.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

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