

Table 6.74C Type of Professional Seen among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression, by Age Group: Standard Errors of Numbers in Thousands, 2004

Type of Professional ¹	Total	AGE GROUP	
		12-17	18 or Older
TOTAL ²	518	39	513
General Practitioner or Family Doctor	418	19	418
Other Medical Doctor ³	169	8	168
Psychologist	238	21	236
Psychiatrist or Psychotherapist	252	18	249
Social Worker	164	14	164
Counselor	238	29	236
Other Mental Health Professional ⁴	118	8	117
Nurse, Occupational Therapist, or Other Health Professional	132	11	131
Religious or Spiritual Advisor ⁵	205	15	205
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	123	6	122
Other ⁶	85	4	85

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

¹ Respondents could indicate multiple professionals; thus, these response categories are not mutually exclusive.

² Estimates in the Total row represent all persons aged 12 or older with past year MDE who saw or talked to a medical doctor or professional in the past year about depression, including those with unknown type of professional data.

³ Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

⁴ Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

⁵ Religious or Spiritual Advisor includes ministers, priests, or rabbis.

⁶ Other includes any other types of helping professionals.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).

Table 6.74D Type of Professional Seen among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression, by Age Group: Standard Errors of Percentages, 2004

Type of Professional ¹	Total	AGE GROUP	
		12-17	18 or Older
TOTAL²	0.00	0.00	0.00
General Practitioner or Family Doctor	2.23	2.09	2.37
Other Medical Doctor ³	1.43	0.91	1.54
Psychologist	1.87	2.24	2.01
Psychiatrist or Psychotherapist	1.89	2.00	2.02
Social Worker	1.38	1.70	1.48
Counselor	1.94	2.37	2.08
Other Mental Health Professional ⁴	1.01	1.00	1.09
Nurse, Occupational Therapist, or Other Health Professional	1.13	1.31	1.21
Religious or Spiritual Advisor ⁵	1.66	1.74	1.78
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	1.06	0.68	1.13
Other ⁶	0.76	0.54	0.82

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

¹ Respondents could indicate multiple professionals; thus, these response categories are not mutually exclusive.

² Estimates in the Total row represent all persons aged 12 or older with past year MDE who saw or talked to a medical doctor or professional in the past year about depression, including those with unknown type of professional data.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).