

**Table 6.31C Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Standard Errors of Numbers in Thousands, 2003 and 2004**

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse <sup>1</sup>	Mental Health Treatment or Substance Use Treatment at a Specialty Facility <sup>2,3</sup>		Mental Health Treatment Only <sup>2</sup>		Substance Use Treatment at a Specialty Facility Only <sup>3</sup>		Mental Health Treatment and Substance Use Treatment at a Specialty Facility <sup>2,3</sup>	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>EITHER SPD OR DEPENDENCE/ABUSE<sup>4,5</sup></b>	378	768	356	630	68	393	70	157
SPD <sup>4</sup>	339	711	330	581	38	375	56	131
SPD but not Dependence/Abuse <sup>4,5</sup>	299	667	296	537	12	*	22	120
Dependence/Abuse <sup>5</sup>	214	357	181	301	67	151	66	101
Dependence/Abuse but not SPD <sup>4,5</sup>	139	272	117	228	57	119	41	87
Both SPD and Dependence/Abuse <sup>4,5</sup>	147	220	131	193	36	92	51	52
<b>NEITHER SPD NOR DEPENDENCE/ABUSE<sup>4,5</sup></b>	508	765	505	757	41	88	27	57

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), a rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

<sup>4</sup> Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.31D Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Standard Errors of Percentages, 2003 and 2004**

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse <sup>1</sup>	Mental Health Treatment or Substance Use Treatment at a Specialty Facility <sup>2,3</sup>		Mental Health Treatment Only <sup>2</sup>		Substance Use Treatment at a Specialty Facility Only <sup>3</sup>		Mental Health Treatment and Substance Use Treatment at a Specialty Facility <sup>2,3</sup>	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>EITHER SPD OR DEPENDENCE/ABUSE<sup>4,5</sup></b>	0.81	1.54	0.79	1.42	0.19	1.04	0.20	0.42
SPD <sup>4</sup>	1.13	2.18	1.14	2.12	0.19	1.70	0.28	0.61
SPD but not Dependence/Abuse <sup>4,5</sup>	1.31	2.64	1.30	2.52	0.08	*	0.14	0.71
Dependence/Abuse <sup>5</sup>	0.94	1.54	0.83	1.36	0.34	0.73	0.33	0.50
Dependence/Abuse but not SPD <sup>4,5</sup>	0.84	1.60	0.73	1.40	0.37	0.76	0.27	0.56
Both SPD and Dependence/Abuse <sup>4,5</sup>	2.17	3.33	2.22	3.38	0.86	1.92	1.15	1.15
<b>NEITHER SPD NOR DEPENDENCE/ABUSE<sup>4,5</sup></b>	0.26	0.41	0.26	0.40	0.02	0.05	0.02	0.03

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), a rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

<sup>4</sup> Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.31P Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: P Values from Tests of Differences of Percentages, 2004 Versus 2003**

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse <sup>1</sup>	Mental Health Treatment or Substance Use Treatment at a Specialty Facility <sup>2,3</sup>		Mental Health Treatment Only <sup>2</sup>		Substance Use Treatment at a Specialty Facility Only <sup>3</sup>		Mental Health Treatment and Substance Use Treatment at a Specialty Facility <sup>2,3</sup>	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>EITHER SPD OR DEPENDENCE/ABUSE<sup>4,5</sup></b>	0.0624		0.2805		0.2438		0.5758	
SPD <sup>4</sup>	0.2440		0.7927		0.2668		0.6350	
SPD but not Dependence/Abuse <sup>4,5</sup>	0.2750		0.9164		*		0.2545	
Dependence/Abuse <sup>5</sup>	0.1450		0.1870		0.4483		0.8002	
Dependence/Abuse but not SPD <sup>4,5</sup>	0.1940		0.2663		0.6427		0.8046	
Both SPD and Dependence/Abuse <sup>4,5</sup>	0.6733		0.6502		0.5190		0.3589	
<b>NEITHER SPD NOR DEPENDENCE/ABUSE<sup>4,5</sup></b>	0.1324		0.0804		0.0910		0.6175	

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), a rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

<sup>4</sup> Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).