

**Table 6.45A Substance Use and Substance Dependence or Abuse in the Past Year among Persons Aged 18 or Older, by Receipt of and Perceived Need for Past Year Mental Health Treatment/Counseling: Numbers in Thousands, 2003 and 2004**

Substance Use/Dependence or Abuse	Total <sup>1</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>							
			Received				Not Received			
			Unmet Need		No Unmet Need		Unmet Need		No Unmet Need	
	2003	2004	2003	2004	2003	2004	2003	2004	2003	2004
<b>ILLCIT DRUG<sup>3</sup></b>	29,538	29,506	1,796	1,828	4,143	4,087	1,823	2,041	21,677	21,433
Marijuana and Hashish	21,486	21,796	1,239	1,287	2,714	2,722	1,288	1,621	16,183	16,096
Nonmedical Use of Psychotherapeutics <sup>4</sup>	12,697	12,418	1,014	1,071	2,168	1,977	954	948	8,512	8,353
<b>ILLCIT DRUG OTHER THAN MARIJUANA<sup>3</sup></b>	16,954	16,389	1,245	1,321	2,661	2,450	1,214	1,153	11,765	11,390
<b>CIGARETTES</b>	65,116	65,264	2,583	2,637	7,802	7,759	2,653	2,750	51,794	51,875
<b>ALCOHOL</b>	145,978	148,149	4,013	4,086	15,966	15,548	4,448	4,606	121,073	123,537
<b>ILLCIT DRUG OR ALCOHOL DEPENDENCE OR ABUSE<sup>3,5</sup></b>	19,372	20,278	1,296	1,494	2,630	3,036	1,517	1,718	13,859	13,954
Illicit Drug Dependence or Abuse <sup>3,5</sup>	5,548	5,951	676	720	829	1,016	603	762	3,401	3,422
Alcohol Dependence or Abuse <sup>5</sup>	16,334	17,137	998	1,151	2,101	2,461	1,225	1,350	11,961	12,114

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent substance use and substance dependence or abuse in the past year for all persons aged 18 or older, including those with unknown mental health treatment/counseling or unmet need information.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown treatment/counseling or unmet need information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>4</sup> Nonmedical use of prescription-type pain relievers, tranquilizers, stimulants, or sedatives; does not include over-the-counter drugs.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.45B Substance Use and Substance Dependence or Abuse in the Past Year among Persons Aged 18 or Older, by Receipt of and Perceived Need for Past Year Mental Health Treatment/Counseling: Percentages, 2003 and 2004**

Substance Use/Dependence or Abuse	Total <sup>1</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>							
			Received				Not Received			
			Unmet Need		No Unmet Need		Unmet Need		No Unmet Need	
	2003	2004	2003	2004	2003	2004	2003	2004	2003	2004
<b>ILLCIT DRUG<sup>3</sup></b>	13.9	13.7	33.9	35.0	18.3	18.4	33.4	36.1	12.1	11.8
Marijuana and Hashish	10.1	10.1	23.4	24.6	12.0	12.3	23.6	28.7	9.1	8.9
Nonmedical Use of Psychotherapeutics <sup>4</sup>	6.0	5.8	19.1	20.5	9.6	8.9	17.5	16.8	4.8	4.6
<b>ILLCIT DRUG OTHER THAN MARIJUANA<sup>3</sup></b>	8.0	7.6	23.5	25.3	11.8	11.0	22.3	20.4	6.6	6.3
<b>CIGARETTES</b>	30.6	30.3	48.8	50.5	34.5	35.0	48.7	48.7	29.0	28.6
<b>ALCOHOL</b>	68.6	68.8	75.8	78.2	70.6	70.1	81.6	81.5	67.9	68.1
<b>ILLCIT DRUG OR ALCOHOL DEPENDENCE OR ABUSE<sup>3,5</sup></b>	9.1	9.4	24.5	28.6	11.6 <sup>a</sup>	13.7	27.8	30.4	7.8	7.7
Illicit Drug Dependence or Abuse <sup>3,5</sup>	2.6	2.8	12.8	13.8	3.7	4.6	11.1	13.5	1.9	1.9
Alcohol Dependence or Abuse <sup>5</sup>	7.7	8.0	18.8	22.0	9.3 <sup>a</sup>	11.1	22.5	23.9	6.7	6.7

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent substance use and substance dependence or abuse in the past year for all persons aged 18 or older, including those with unknown mental health treatment/counseling or unmet need information.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown treatment/counseling or unmet need information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>4</sup> Nonmedical use of prescription-type pain relievers, tranquilizers, stimulants, or sedatives; does not include over-the-counter drugs.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.46A Substance Use and Substance Dependence or Abuse in the Past Year among Persons Aged 18 or Older, by Perceived Need for Past Year Mental Health Treatment/Counseling: Numbers in Thousands, 2003 and 2004**

Substance Use/Dependence or Abuse	Total <sup>1</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>			
			Unmet Need		No Unmet Need	
	2003	2004	2003	2004	2003	2004
<b>ILLCIT DRUG<sup>3</sup></b>	29,538	29,506	3,630	3,876	25,855	25,589
Marijuana and Hashish	21,486	21,796	2,531	2,914	18,926	18,852
Nonmedical Use of Psychotherapeutics <sup>4</sup>	12,697	12,418	1,968	2,021	10,695	10,373
<b>ILLCIT DRUG OTHER THAN MARIJUANA<sup>3</sup></b>	16,954	16,389	2,467	2,477	14,445	13,887
<b>CIGARETTES</b>	65,116	65,264	5,259	5,391	59,710	59,728
<b>ALCOHOL</b>	145,978	148,149	8,492	8,702	137,226	139,235
<b>ILLCIT DRUG OR ALCOHOL DEPENDENCE OR ABUSE<sup>3,5</sup></b>	19,372	20,278	2,823	3,222	16,506	17,022
Illicit Drug Dependence or Abuse <sup>3,5</sup>	5,548	5,951	1,282	1,484	4,234	4,454
Alcohol Dependence or Abuse <sup>5</sup>	16,334	17,137	2,233	2,508	14,078	14,597

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent substance use and substance dependence or abuse in the past year for all persons aged 18 or older, including those with unknown mental health treatment/counseling or unmet need information.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown treatment/counseling or unmet need information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

<sup>4</sup> Nonmedical use of prescription-type pain relievers, tranquilizers, stimulants, or sedatives; does not include over-the-counter drugs.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.46B Substance Use and Substance Dependence or Abuse in the Past Year among Persons Aged 18 or Older, by Perceived Need for Past Year Mental Health Treatment/Counseling: Percentages, 2003 and 2004**

Substance Use/Dependence or Abuse	Total <sup>1</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup>			
			Unmet Need		No Unmet Need	
	2003	2004	2003	2004	2003	2004
<b>ILLICIT DRUG<sup>3</sup></b>	13.9	13.7	33.7	35.6	12.8	12.5
Marijuana and Hashish	10.1	10.1	23.5	26.7	9.4	9.2
Nonmedical Use of Psychotherapeutics <sup>4</sup>	6.0	5.8	18.3	18.5	5.3	5.1
<b>ILLICIT DRUG OTHER THAN MARIJUANA<sup>3</sup></b>	8.0	7.6	22.9	22.7	7.2	6.8
<b>CIGARETTES</b>	30.6	30.3	48.8	49.5	29.7	29.3
<b>ALCOHOL</b>	68.6	68.8	78.8	79.8	68.2	68.3
<b>ILLICIT DRUG OR ALCOHOL DEPENDENCE OR ABUSE<sup>3,5</sup></b>	9.1	9.4	26.2	29.6	8.2	8.3
Illicit Drug Dependence or Abuse <sup>3,5</sup>	2.6	2.8	11.9	13.6	2.1	2.2
Alcohol Dependence or Abuse <sup>5</sup>	7.7	8.0	20.7	23.0	7.0	7.2

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent substance use and substance dependence or abuse in the past year for all persons aged 18 or older, including those with unknown mental health treatment/counseling or unmet need information.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown treatment/counseling or unmet need information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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<sup>4</sup> Nonmedical use of prescription-type pain relievers, tranquilizers, stimulants, or sedatives; does not include over-the-counter drugs.

<sup>5</sup> Dependence or abuse is based on definitions found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.