

Table 6.31A Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Numbers in Thousands, 2003 and 2004

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2003	2004	2003	2004	2003	2004	2003	2004
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	11,849 ^a	13,738	10,556	11,824	653	1,149	631	763
SPD ⁴	9,399	10,905	8,805	9,780	191	616	403	509
SPD but not Dependence/Abuse ^{4,5}	7,282	8,521	7,156	7,899	38	*	87	235
Dependence/Abuse ⁵	4,567	5,217	3,400	3,925	615	761	544	528
Dependence/Abuse but not SPD ^{4,5}	2,449	2,833	1,750	2,044	462	532	228	254
Both SPD and Dependence/Abuse ^{4,5}	2,117	2,384	1,649	1,881	153	229	315	274
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	17,054	15,843	16,640	15,230	297	468	112	144

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

³ Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient), a rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

⁴ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

⁵ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.31B Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Persons Aged 18 or Older With Serious Psychological Distress and/or Illicit Drug or Alcohol Dependence or Abuse in the Past Year: Percentages, 2003 and 2004

Serious Psychological Distress/Illicit Drug or Alcohol Dependence or Abuse ¹	Mental Health Treatment or Substance Use Treatment at a Specialty Facility ^{2,3}		Mental Health Treatment Only ²		Substance Use Treatment at a Specialty Facility Only ³		Mental Health Treatment and Substance Use Treatment at a Specialty Facility ^{2,3}	
	2003	2004	2003	2004	2003	2004	2003	2004
EITHER SPD OR DEPENDENCE/ABUSE^{4,5}	34.2	37.4	30.4	32.2	1.9	3.1	1.8	2.1
SPD ⁴	48.2	51.0	45.1	45.7	1.0	2.9	2.1	2.4
SPD but not Dependence/Abuse ^{4,5}	47.4	50.6	46.6	46.9	0.2	*	0.6	1.4
Dependence/Abuse ⁵	23.6	26.2	17.6	19.7	3.2	3.8	2.8	2.7
Dependence/Abuse but not SPD ^{4,5}	16.1	18.5	11.5	13.3	3.0	3.5	1.5	1.7
Both SPD and Dependence/Abuse ^{4,5}	50.8	52.5	39.6	41.4	3.7	5.0	7.5	6.0
NEITHER SPD NOR DEPENDENCE/ABUSE^{4,5}	9.6	8.9	9.4	8.6	0.2	0.3	0.1	0.1

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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⁴ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

⁵ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).