

Table 6.47C Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Alternative Mental Health Treatment/Support and Demographic Characteristics: Standard Errors of Numbers in Thousands, 2004

Demographic Characteristic	Total ¹	ALTERNATIVE MENTAL HEALTH TREATMENT/SUPPORT ²	
		Received	Not Received
TOTAL	554	311	514
AGE			
18-25	85	47	76
26-49	338	209	310
50 or Older	423	236	389
GENDER			
Male	327	177	288
Female	443	261	402
HISPANIC ORIGIN AND RACE			
Not Hispanic or Latino	552	300	509
White	559	270	486
Black or African American	175	112	117
Other or Two or More Races	107	66	84
Hispanic or Latino	156	86	132
EDUCATION			
< High School	236	107	194
High School Graduate	304	170	254
Some College	313	170	266
College Graduate	322	169	259
CURRENT EMPLOYMENT			
Full-Time	385	203	327
Part-Time	215	112	173
Unemployed	109	56	97
Other ³	381	192	329

*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

¹ Estimates in the Total column represent persons aged 18 or older who received mental health treatment/counseling in the past year, including those with unknown alternative mental health treatment/support information.

² Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information are excluded.

³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004.

Table 6.47D Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Alternative Mental Health Treatment/Support and Demographic Characteristics: Standard Errors of Percentages, 2004

Demographic Characteristic	Total ¹	ALTERNATIVE MENTAL HEALTH TREATMENT/SUPPORT ²	
		Received	Not Received
TOTAL	0.26	1.15	0.25
AGE			
18-25	0.26	1.34	0.24
26-49	0.34	1.37	0.33
50 or Older	0.51	3.00	0.48
GENDER			
Male	0.32	1.96	0.29
Female	0.40	1.45	0.39
HISPANIC ORIGIN AND RACE			
Not Hispanic or Latino	0.29	1.21	0.29
White	0.33	1.26	0.33
Black or African American	0.69	5.06	0.51
Other or Two or More Races	0.85	4.72	0.75
Hispanic or Latino	0.58	4.03	0.51
EDUCATION			
< High School	0.61	4.56	0.56
High School Graduate	0.42	2.36	0.39
Some College	0.53	2.19	0.51
College Graduate	0.51	1.87	0.49
CURRENT EMPLOYMENT			
Full-Time	0.29	1.44	0.28
Part-Time	0.73	2.59	0.69
Unemployed	1.36	5.43	1.34
Other ³	0.57	3.00	0.55

*Low precision; no estimate reported.

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¹ Estimates in the Total column represent persons aged 18 or older who received mental health treatment/counseling in the past year, including those with unknown alternative mental health treatment/support information.

² Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information are excluded.

³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004.

Table 6.48C Received Alternative Mental Health Treatment/Support in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Demographic Characteristics: Standard Errors of Numbers in Thousands, 2004

Demographic Characteristic	Total ¹	MENTAL HEALTH TREATMENT/COUNSELING ²	
		Received	Not Received
TOTAL	515	311	425
AGE			
18-25	82	47	74
26-49	337	209	287
50 or Older	350	236	282
GENDER			
Male	303	177	254
Female	391	261	320
HISPANIC ORIGIN AND RACE			
Not Hispanic or Latino	474	300	390
White	453	270	331
Black or African American	133	112	111
Other or Two or More Races	171	66	156
Hispanic or Latino	144	86	129
EDUCATION			
< High School	178	107	147
High School Graduate	246	170	173
Some College	257	170	203
College Graduate	325	169	258
CURRENT EMPLOYMENT			
Full-Time	375	203	303
Part-Time	194	112	158
Unemployed	70	56	43
Other ³	261	192	202

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information are excluded.

¹ Estimates in the Total column represent persons aged 18 or older who received alternative mental health treatment/support in the past year, including those with unknown mental health treatment/counseling information.

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Demographic Characteristic	Total ¹	MENTAL HEALTH TREATMENT/COUNSELING ²	
		Received	Not Received
TOTAL	0.24	0.98	0.21
AGE			
18-25	0.25	1.09	0.24
26-49	0.34	1.20	0.31
50 or Older	0.42	2.09	0.37
GENDER			
Male	0.29	1.64	0.26
Female	0.35	1.20	0.32
HISPANIC ORIGIN AND RACE			
Not Hispanic or Latino	0.25	1.01	0.23
White	0.27	1.05	0.24
Black or African American	0.54	4.06	0.49
Other or Two or More Races	1.25	5.47	1.25
Hispanic or Latino	0.54	3.50	0.50
EDUCATION			
< High School	0.48	2.25	0.45
High School Graduate	0.35	1.83	0.29
Some College	0.45	1.80	0.41
College Graduate	0.52	1.80	0.49
CURRENT EMPLOYMENT			
Full-Time	0.29	1.37	0.27
Part-Time	0.65	2.19	0.64
Unemployed	0.93	3.82	0.72
Other ³	0.41	1.79	0.38

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information are excluded.

¹ Estimates in the Total column represent persons aged 18 or older who received alternative mental health treatment/support in the past year, including those with unknown mental health treatment/counseling information.

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³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004.

Table 6.49C Receipt and Source of Alternative Mental Health Treatment/Support in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: Standard Errors of Numbers in Thousands, 2004

Receipt/Source of Alternative Treatment/Support	Total ¹	MENTAL HEALTH TREATMENT/COUNSELING ²	
		Received	Not Received
ALTERNATIVE TREATMENT/SUPPORT			
Received	515	311	425
Not Received	515	514	1,902
SOURCE OF ALTERNATIVE TREATMENT/SUPPORT^{3,4}			
Acupuncturist/Acupressurist	153	109	108
Chiropractor	239	167	237
Herbalist	100	64	83
In-Person Support Group or Self-Help Group	176	144	117
Internet Support Group or Chat Room	91	54	67
Spiritual or Religious Advisor, Such as a Pastor, Priest, Rabbi	207	147	203
Telephone Hotline	57	37	45
Massage Therapist	241	171	246
Other	127	110	71

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information are excluded.

¹ Estimates in the Total column represent persons aged 18 or older who reported on the receipt and source of their alternative mental health treatment/support in the past year, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

³ Respondents who reported receiving past year alternative mental health treatment/support but did not report one of these specific sources of treatment/support are excluded.

⁴ Respondents could indicate multiple sources; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004.

Table 6.49D Receipt and Source of Alternative Mental Health Treatment/Support in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: Standard Errors of Percentages, 2004

Receipt/Source of Alternative Treatment/Support	Total ¹	MENTAL HEALTH TREATMENT/COUNSELING ²	
		Received	Not Received
ALTERNATIVE TREATMENT/SUPPORT			
Received	0.24	0.98	0.21
Not Received	0.24	0.98	0.21
SOURCE OF ALTERNATIVE TREATMENT/SUPPORT^{3,4}			
Acupuncturist/Acupressurist	0.75	1.32	0.82
Chiropractor	1.17	1.79	1.49
Herbalist	0.49	0.81	0.63
In-Person Support Group or Self-Help Group	0.86	1.72	0.87
Internet Support Group or Chat Room	0.45	0.70	0.52
Spiritual or Religious Advisor, Such as a Pastor, Priest, Rabbi	1.01	1.73	1.30
Telephone Hotline	0.28	0.47	0.35
Massage Therapist	1.18	1.83	1.49
Other	0.62	1.35	0.54

*Low precision; no estimate reported.

NOTE: Alternative Mental Health Treatment/Support is defined as having received treatment, counseling, or support in the past year from alternative sources, such as an acupuncturist or acupressurist, chiropractor, herbalist, self-help group, Internet support group, spiritual/religious advisor, telephone hotline, or massage therapist. Respondents with unknown alternative treatment/support information are excluded.

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