

Table 6.78A Perception of Help Received from Treatment or Counseling among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression, by Age Group: Numbers in Thousands, 2004

Perception of Help Received ¹	Total	AGE GROUP	
		12-17	18 or Older
TOTAL	11,362	820	10,542
No Help at All	1,502	154	1,347
A Little Help	1,795	170	1,625
Some Help	3,197	204	2,993
A Lot of Help	2,966	183	2,783
Extremely Helpful	1,813	102	1,711

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

¹ Estimates in the Total row represent persons aged 12 or older with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).

Table 6.78B Perception of Help Received from Treatment or Counseling among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression, by Age Group: Percentages, 2004

Perception of Help Received ¹	Total	AGE GROUP	
		12-17	18 or Older
TOTAL	100.0	100.0	100.0
No Help at All	13.3	19.0	12.9
A Little Help	15.9	20.9	15.5
Some Help	28.4	25.1	28.6
A Lot of Help	26.3	22.5	26.6
Extremely Helpful	16.1	12.5	16.4

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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¹ Estimates in the Total row represent persons aged 12 or older with a past year MDE who saw or talked to a medical doctor or other professional in the past year about depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).

Table 6.79A Perception of Help Received from Prescription Medication among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression, by Age Group: Numbers in Thousands, 2004

Perception of Help Received ¹	Total	AGE GROUP	
		12-17	18 or Older
TOTAL	8,701	423	8,279
No Help at All	546	61	485
A Little Help	972	78	894
Some Help	2,401	103	2,297
A Lot of Help	3,233	109	3,125
Extremely Helpful	1,548	70	1,478

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

¹ Estimates in the Total row represent persons aged 12 or older with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).

Table 6.79B Perception of Help Received from Prescription Medication among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Received Prescription Medication in the Past Year for Depression, by Age Group: Percentages, 2004

Perception of Help Received ¹	Total	AGE GROUP	
		12-17	18 or Older
TOTAL	100.0	100.0	100.0
No Help at All	6.3	14.4	5.9
A Little Help	11.2	18.5	10.8
Some Help	27.6	24.6	27.8
A Lot of Help	37.2	25.9	37.7
Extremely Helpful	17.8	16.7	17.9

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

¹ Estimates in the Total row represent persons aged 12 or older with a past year MDE who received prescription medication in the past year for depression, including those with unknown perception of help information. Estimates of levels of perceived help *exclude* persons with unknown perception of help information.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).