

**Table 6.1A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2003 and 2004**

Age Category	Total		GENDER			
			Male		Female	
	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	19,588	21,417	6,887	7,976	12,702	13,441
18	644	603	275	220	369	383
19	619	581	223	257	395	324
20	574	608	243	242	332	366
21	544	711	199	281	345	430
22	508	535	196	188	311	347
23	518	415	190	164	328	251
24	545	463	218 <sup>a</sup>	145	327	319
25	468	497	146	143	322	354
26-29	1,725	1,826	635	801	1,090	1,025
30-34	1,967	2,406	589	803	1,378	1,603
35-39	2,253	2,004	775	659	1,478	1,345
40-44	2,248	2,205	662	814	1,586	1,391
45-49	2,224	1,967	776	863	1,448	1,104
50-54	1,718	2,132	667	*	1,050	1,146
55-59	991 <sup>b</sup>	1,985	387 <sup>a</sup>	938	604	1,047
60-64	521	734	199	92	322	642
65 or Older	1,521	1,745	505	379	1,016	1,366

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.1B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2003 and 2004**

Age Category	Total		GENDER			
			Male		Female	
	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	9.2	9.9	6.7	7.7	11.5	12.0
18	14.0	13.9	11.1	9.4	17.3	19.1
19	15.9	14.5	12.1	11.9	19.5	17.7
20	14.3	15.6	11.8	12.4	16.9	18.9
21	13.9	16.4	10.4	13.1	17.2	19.6
22	12.6	13.2	9.7	9.2	15.6	17.2
23	12.9	10.6	9.9	8.4	15.8	12.9
24	15.0 <sup>a</sup>	11.3	11.8 <sup>a</sup>	7.3	18.4	15.0
25	12.9	14.0	8.1	9.1	17.7	17.8
26-29	11.7	11.8	8.4	10.1	15.2	13.8
30-34	9.7 <sup>a</sup>	12.3	6.0	8.5	13.2	15.8
35-39	10.8	10.0	7.5	6.8	14.0	13.0
40-44	9.9	9.6	5.9	7.2	13.7	11.9
45-49	10.4	8.9	7.4	7.9	13.2 <sup>a</sup>	10.0
50-54	8.6	10.9	6.9	*	10.2	10.8
55-59	6.6 <sup>b</sup>	11.7	5.3 <sup>a</sup>	11.2	8.0	12.3
60-64	4.4	6.2	3.7	1.5	5.1	11.1
65 or Older	4.4	5.0	3.5	2.6	5.1	6.8

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.2A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics:  
Numbers in Thousands, 2003 and 2004**

Demographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	19,588	21,417	4,420	4,413	10,418	10,408	4,750 <sup>a</sup>	6,596
<b>GENDER</b>								
Male	6,887	7,976	1,690	1,640	3,438	3,941	1,758	2,395
Female	12,702	13,441	2,730	2,773	6,980	6,467	2,992 <sup>a</sup>	4,201
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	17,257	18,520	3,735	3,801	9,186	9,201	4,336	5,517
White	14,308	15,543	2,877	2,913	7,575	7,814	3,856	4,816
Black or African American	1,992	1,972	532	509	1,108	946	351	517
American Indian or Alaska Native	96	*	22	*	66	*	*	*
Native Hawaiian or Other Pacific Islander	52	*	*	*	*	*	*	*
Asian	536	608	196	262	311	247	29	*
Two or More Races	273	166	79	*	103	71	*	*
Hispanic or Latino	2,331	2,897	686	611	1,231	1,207	414	*
<b>EDUCATION</b>								
< High School	4,276	4,635	1,030	977	1,949	1,769	1,297	1,889
High School Graduate	6,360	6,955	1,525	1,494	3,212	3,324	1,623	2,138
Some College	5,388	5,543	1,388	1,514	3,022	2,568	979	1,460
College Graduate	3,564	4,283	478	428	2,235	2,747	851	1,109
<b>CURRENT EMPLOYMENT</b>								
Full-Time	9,583	8,986	1,948	1,822	6,034	5,473	1,601	1,691
Part-Time	2,861	3,003	1,061	1,162	1,366	1,505	435	336
Unemployed	1,230	1,526	445	530	540	680	*	*
Other <sup>1</sup>	5,914 <sup>a</sup>	7,902	967	899	2,478	2,750	2,469 <sup>a</sup>	4,253

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.2B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics: Percentages, 2003 and 2004**

Demographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	9.2	9.9	13.9	13.7	10.4	10.4	5.9 <sup>a</sup>	7.9
<b>GENDER</b>								
Male	6.7	7.7	10.6	10.1	7.0	8.0	4.7	6.3
Female	11.5	12.0	17.3	17.3	13.8	12.7	6.8 <sup>a</sup>	9.3
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	9.2	9.8	14.3	14.4	10.7	10.8	5.8	7.2
White	9.5	10.3	14.6	14.6	11.3	11.8	6.0	7.4
Black or African American	8.4	8.1	12.4	11.7	9.4	7.7	4.6	6.7
American Indian or Alaska Native	8.9	*	11.9	*	11.9	*	*	*
Native Hawaiian or Other Pacific Islander	12.4	*	*	*	*	*	*	*
Asian	6.1	6.7	13.6	17.2	6.4	4.8	1.2	*
Two or More Races	12.6	8.7	21.8	*	10.3	10.2	*	*
Hispanic or Latino	9.0	10.8	12.1	10.6	8.5	8.0	7.3	*
<b>EDUCATION</b>								
< High School	11.3	12.8	15.0	14.5	13.3	12.7	7.9	12.1
High School Graduate	9.5	10.2	13.9	13.6	10.7	11.3	6.2	7.6
Some College	10.3	10.0	14.0	14.4	11.9	10.0	5.7	7.5
College Graduate	6.5	7.8	12.0	10.7	7.5	8.8	4.0	5.5
<b>CURRENT EMPLOYMENT</b>								
Full-Time	8.2	7.7	13.4	12.1	8.5	7.7	5.1	5.5
Part-Time	10.0	11.2	13.0	14.5	12.1	14.2	4.7	4.2
Unemployed	15.2	19.0	16.5	19.2	13.3	18.1	*	*
Other <sup>1</sup>	10.0 <sup>a</sup>	12.5	15.4	14.0	18.5	19.3	6.3 <sup>a</sup>	10.0

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.3A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Geographic Characteristics: Numbers in Thousands, 2003 and 2004**

Geographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	19,588	21,417	4,420	4,413	10,418	10,408	4,750 <sup>a</sup>	6,596
<b>GEOGRAPHIC DIVISION</b>								
Northeast	3,403	3,978	827	857	1,706	1,683	871	1,437
New England	949	913	224	246	530 <sup>a</sup>	352	195	*
Middle Atlantic	2,454	3,064	602	611	1,176	1,331	676	1,122
Midwest	4,285	4,915	963	1,016	2,414	2,627	908	1,273
East North Central	2,944	3,440	630	713	1,652	1,948	662	779
West North Central	1,341	1,475	333	303	762	679	246	494
South	7,288	7,415	1,539	1,561	3,751	3,827	1,998	2,026
South Atlantic	3,641	3,764	746	755	1,847	2,072	1,048	936
East South Central	1,295	1,448	280	277	710	743	305	429
West South Central	2,352	2,203	512	529	1,194	1,012	646	662
West	4,612	5,109	1,092	979	2,547	2,271	973	1,859
Mountain	1,475	1,755	346	356	780	1,011	349	388
Pacific	3,137	3,354	746	623	1,767	1,260	624	*
<b>COUNTY TYPE</b>								
Large Metro	9,875	10,056	2,321	2,163	5,315	4,946	2,239	2,947
Small Metro	6,174 <sup>a</sup>	7,811	1,345	1,535	3,310	3,526	1,519 <sup>a</sup>	2,750
250K - 1 Mil. Pop.	4,073	4,815	877	1,042	2,167	2,114	1,029	1,659
< 250K Pop.	2,101 <sup>a</sup>	2,996	468	494	1,142	1,412	490 <sup>a</sup>	1,090
Nonmetro	3,539	3,550	754	715	1,793	1,936	992	899
Urbanized	1,618	1,590	355	336	743	948	520	306
Less Urbanized	1,651	1,731	345	353	900	853	407	525
Completely Rural	270	230	54 <sup>a</sup>	25	150	*	66	*

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.3B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Geographic Characteristics: Percentages, 2003 and 2004**

Geographic Characteristic	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	9.2	9.9	13.9	13.7	10.4	10.4	5.9 <sup>a</sup>	7.9
<b>GEOGRAPHIC DIVISION</b>								
Northeast	8.3	9.7	14.7	15.1	9.0	8.9	5.4	8.7
New England	8.9	8.5	15.3	16.6	10.5 <sup>a</sup>	7.0	4.6	*
Middle Atlantic	8.2	10.1	14.5	14.6	8.4	9.6	5.7	9.2
Midwest	8.9	10.1	13.1	13.6	10.8	11.8	4.9	6.8
East North Central	8.7	10.1	12.4	13.9	10.5	12.4	5.1	5.9
West North Central	9.3	10.1	14.6	13.1	11.6	10.3	4.4	8.7
South	9.6	9.6	13.6	13.5	10.6	10.7	6.9	6.8
South Atlantic	9.1	9.3	13.4	13.2	10.0	11.1	6.6	5.8
East South Central	10.1	11.2	14.5	14.2	12.1	12.6	6.1	8.4
West South Central	10.2	9.3	13.5	13.6	10.8	9.0	7.8	7.8
West	9.6	10.5	14.7	13.0	11.0	9.7	5.6	10.4
Mountain	10.6	12.3	15.5	15.6	11.9	15.2	6.9	7.3
Pacific	9.2	9.7	14.4	11.9	10.6	7.6	5.1	*
<b>COUNTY TYPE</b>								
Large Metro	8.8	8.9	14.0	13.2	9.5	8.8	5.6	7.2
Small Metro	9.6 <sup>a</sup>	12.0	13.2	14.4	11.4	12.4	6.1 <sup>a</sup>	10.6
250K - 1 Mil. Pop.	9.7	11.4	13.2	15.1	11.1	11.3	6.5	10.1
< 250K Pop.	9.5 <sup>a</sup>	13.0	13.2	13.1	12.2	14.7	5.4 <sup>a</sup>	11.3
Nonmetro	9.9	9.7	15.3	14.0	12.0	12.5	6.2	5.6
Urbanized	10.1	10.4	15.0	14.6	11.0	14.7	7.6	4.6
Less Urbanized	10.2	9.4	15.7	14.3	13.4	11.0	5.5	6.5
Completely Rural	7.4	7.6	14.9 <sup>a</sup>	7.8	9.9	*	3.7	*

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).