

**Table 1.60C Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Standard Errors of Numbers in Thousands, 2010 and 2011**

| Age Category | Total<br>(2010) | Total<br>(2011) | Male<br>(2010) | Male<br>(2011) | Female<br>(2010) | Female<br>(2011) |
|--------------|-----------------|-----------------|----------------|----------------|------------------|------------------|
| <b>TOTAL</b> | 363             | 341             | 235            | 227            | 280              | 251              |
| 18           | 38              | 34              | 23             | 20             | 30               | 27               |
| 19           | 31              | 35              | 19             | 19             | 24               | 29               |
| 20           | 37              | 32              | 23             | 23             | 29               | 24               |
| 21           | 34              | 32              | 19             | 21             | 27               | 24               |
| 22           | 29              | 27              | 18             | 15             | 22               | 23               |
| 23           | 24              | 24              | 14             | 16             | 20               | 18               |
| 24           | 27              | 28              | 18             | 21             | 20               | 19               |
| 25           | 24              | 26              | 15             | 17             | 19               | 20               |
| 26-29        | 91              | 105             | 58             | 67             | 72               | 80               |
| 30-34        | 95              | 84              | 64             | 60             | 71               | 55               |
| 35-39        | 105             | 93              | 65             | 50             | 85               | 78               |
| 40-44        | 87              | 93              | 46             | 62             | 73               | 68               |
| 45-49        | 109             | 110             | 75             | 73             | 73               | 80               |
| 50-54        | 141             | 151             | 86             | 109            | 113              | 115              |
| 55-59        | 164             | 116             | 66             | 61             | 147              | 96               |
| 60-64        | 117             | 108             | 90             | 83             | 74               | 69               |
| 65 or Older  | 141             | 128             | 99             | 99             | 107              | 80               |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.60D Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Standard Errors of Percentages, 2010 and 2011**

| Age Category | Total<br>(2010) | Total<br>(2011) | Male<br>(2010) | Male<br>(2011) | Female<br>(2010) | Female<br>(2011) |
|--------------|-----------------|-----------------|----------------|----------------|------------------|------------------|
| <b>TOTAL</b> | 0.16            | 0.15            | 0.21           | 0.20           | 0.24             | 0.21             |
| 18           | 0.74            | 0.66            | 0.87           | 0.76           | 1.21             | 1.11             |
| 19           | 0.66            | 0.74            | 0.81           | 0.85           | 1.05             | 1.15             |
| 20           | 0.76            | 0.66            | 0.93           | 0.99           | 1.24             | 0.97             |
| 21           | 0.72            | 0.69            | 0.86           | 0.92           | 1.14             | 1.04             |
| 22           | 0.67            | 0.60            | 0.83           | 0.67           | 1.04             | 1.04             |
| 23           | 0.59            | 0.59            | 0.69           | 0.84           | 0.97             | 0.82             |
| 24           | 0.64            | 0.64            | 0.90           | 0.94           | 0.93             | 0.89             |
| 25           | 0.60            | 0.63            | 0.78           | 0.83           | 0.89             | 0.97             |
| 26-29        | 0.53            | 0.59            | 0.66           | 0.76           | 0.84             | 0.90             |
| 30-34        | 0.46            | 0.43            | 0.64           | 0.63           | 0.67             | 0.55             |
| 35-39        | 0.54            | 0.47            | 0.68           | 0.51           | 0.84             | 0.76             |
| 40-44        | 0.42            | 0.46            | 0.45           | 0.64           | 0.68             | 0.63             |
| 45-49        | 0.48            | 0.50            | 0.69           | 0.67           | 0.62             | 0.72             |
| 50-54        | 0.62            | 0.64            | 0.79           | 0.96           | 0.96             | 0.94             |
| 55-59        | 0.82            | 0.60            | 0.71           | 0.65           | 1.37             | 0.97             |
| 60-64        | 0.69            | 0.59            | 1.08           | 0.94           | 0.88             | 0.74             |
| 65 or Older  | 0.36            | 0.32            | 0.58           | 0.56           | 0.49             | 0.35             |

\*Low precision; no estimate reported.

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NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.60P Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: *P* Values from Tests of Differences of Percentages, 2011 Versus 2010**

| <b>Age Category</b> | <b>Total<br/>(2010)</b> | <b>Total<br/>(2011)</b> | <b>Male<br/>(2010)</b> | <b>Male<br/>(2011)</b> | <b>Female<br/>(2010)</b> | <b>Female<br/>(2011)</b> |
|---------------------|-------------------------|-------------------------|------------------------|------------------------|--------------------------|--------------------------|
| <b>TOTAL</b>        | 0.5612                  |                         | 0.7292                 |                        | 0.2723                   |                          |
| 18                  | 0.4878                  |                         | 0.5627                 |                        | 0.5559                   |                          |
| 19                  | 0.1252                  |                         | 0.3344                 |                        | 0.2213                   |                          |
| 20                  | 0.3150                  |                         | 0.6458                 |                        | 0.0648                   |                          |
| 21                  | 0.3224                  |                         | 0.5236                 |                        | 0.0698                   |                          |
| 22                  | 0.3401                  |                         | 0.1923                 |                        | 0.8039                   |                          |
| 23                  | 0.9654                  |                         | 0.1737                 |                        | 0.2401                   |                          |
| 24                  | 0.7843                  |                         | 0.8415                 |                        | 0.5813                   |                          |
| 25                  | 0.4551                  |                         | 0.8267                 |                        | 0.4160                   |                          |
| 26-29               | 0.2058                  |                         | 0.5110                 |                        | 0.3032                   |                          |
| 30-34               | 0.5383                  |                         | 0.9321                 |                        | 0.4251                   |                          |
| 35-39               | 0.3822                  |                         | 0.5371                 |                        | 0.5317                   |                          |
| 40-44               | 0.4613                  |                         | 0.0912                 |                        | 0.6176                   |                          |
| 45-49               | 0.8738                  |                         | 0.6783                 |                        | 0.5109                   |                          |
| 50-54               | 0.3826                  |                         | 0.1694                 |                        | 0.9450                   |                          |
| 55-59               | 0.3865                  |                         | 0.6635                 |                        | 0.4667                   |                          |
| 60-64               | 0.4813                  |                         | 0.6756                 |                        | 0.5580                   |                          |
| 65 or Older         | 0.4326                  |                         | 0.4598                 |                        | 0.7355                   |                          |

\*Low precision; no estimate reported.

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NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.61C Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Age Group, Demographic Characteristics, and Health Characteristics: Standard Errors of Numbers in Thousands, 2010 and 2011**

| <b>Demographic/Health Characteristic</b>  | <b>Total<br/>(2010)</b> | <b>Total<br/>(2011)</b> | <b>Aged 18-25<br/>(2010)</b> | <b>Aged 18-25<br/>(2011)</b> | <b>Aged 26-49<br/>(2010)</b> | <b>Aged 26-49<br/>(2011)</b> | <b>Aged 50+<br/>(2010)</b> | <b>Aged 50+<br/>(2011)</b> |
|---|-------------------------|-------------------------|------------------------------|------------------------------|------------------------------|------------------------------|----------------------------|----------------------------|
| <b>TOTAL</b>                              | 363                     | 341                     | 84                           | 80                           | 217                          | 215                          | 272                        | 245                        |
| <b>GENDER</b>                             |                         |                         |                              |                              |                              |                              |                            |                            |
| Male                                      | 235                     | 227                     | 53                           | 53                           | 142                          | 142                          | 173                        | 177                        |
| Female                                    | 280                     | 251                     | 64                           | 61                           | 158                          | 162                          | 221                        | 173                        |
| <b>HISPANIC ORIGIN AND RACE</b>           |                         |                         |                              |                              |                              |                              |                            |                            |
| Not Hispanic or Latino                    | 320                     | 309                     | 72                           | 68                           | 192                          | 194                          | 240                        | 221                        |
| White                                     | 288                     | 267                     | 62                           | 61                           | 170                          | 173                          | 216                        | 197                        |
| Black or African American                 | 137                     | 114                     | 35                           | 33                           | 86                           | 78                           | 101                        | 71                         |
| American Indian or Alaska Native          | 11                      | 36                      | 5                            | 5                            | 9                            | 14                           | *                          | *                          |
| Native Hawaiian or Other Pacific Islander | 21                      | *                       | *                            | *                            | *                            | *                            | *                          | *                          |
| Asian                                     | 53                      | 62                      | 24                           | 27                           | 30                           | 36                           | 37                         | *                          |
| Two or More Races                         | 69                      | 45                      | 16                           | 10                           | 16                           | 31                           | *                          | 32                         |
| Hispanic or Latino                        | 163                     | 139                     | 43                           | 40                           | 100                          | 82                           | 124                        | 105                        |
| <b>HEALTH INSURANCE<sup>1</sup></b>       |                         |                         |                              |                              |                              |                              |                            |                            |
| Private                                   | 229                     | 211                     | 57                           | 60                           | 148                          | 132                          | 164                        | 151                        |
| Medicaid/CHIP <sup>2</sup>                | 204                     | 191                     | 40                           | 40                           | 123                          | 119                          | 153                        | 143                        |
| Other <sup>3</sup>                        | 199                     | 197                     | 25                           | 19                           | 80                           | 80                           | 179                        | 181                        |
| No Coverage                               | 161                     | 160                     | 48                           | 48                           | 102                          | 117                          | 110                        | 97                         |
| <b>CURRENT EMPLOYMENT</b>                 |                         |                         |                              |                              |                              |                              |                            |                            |
| Full-Time                                 | 196                     | 187                     | 43                           | 48                           | 150                          | 141                          | 120                        | 122                        |
| Part-Time                                 | 116                     | 121                     | 46                           | 42                           | 86                           | 82                           | 61                         | 81                         |
| Unemployed                                | 113                     | 97                      | 36                           | 36                           | 76                           | 56                           | 71                         | 69                         |
| Other <sup>4</sup>                        | 268                     | 240                     | 47                           | 45                           | 124                          | 127                          | 230                        | 196                        |

\*Low precision; no estimate reported.

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<sup>1</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>2</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>3</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

<sup>4</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

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**Table 1.61D Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Age Group, Demographic Characteristics, and Health Characteristics: Standard Errors of Percentages, 2010 and 2011**

| Demographic/Health Characteristic         | Total<br>(2010) | Total<br>(2011) | Aged 18-25<br>(2010) | Aged 18-25<br>(2011) | Aged 26-49<br>(2010) | Aged 26-49<br>(2011) | Aged 50+<br>(2010) | Aged 50+<br>(2011) |
|---|-----------------|-----------------|----------------------|----------------------|----------------------|----------------------|--------------------|--------------------|
| <b>TOTAL</b>                              | 0.16            | 0.15            | 0.25                 | 0.23                 | 0.22                 | 0.22                 | 0.28               | 0.24               |
| <b>GENDER</b>                             |                 |                 |                      |                      |                      |                      |                    |                    |
| Male                                      | 0.21            | 0.20            | 0.31                 | 0.31                 | 0.29                 | 0.30                 | 0.38               | 0.38               |
| Female                                    | 0.24            | 0.21            | 0.38                 | 0.36                 | 0.32                 | 0.32                 | 0.43               | 0.32               |
| <b>HISPANIC ORIGIN AND RACE</b>           |                 |                 |                      |                      |                      |                      |                    |                    |
| Not Hispanic or Latino                    | 0.16            | 0.16            | 0.26                 | 0.25                 | 0.24                 | 0.24                 | 0.27               | 0.24               |
| White                                     | 0.18            | 0.17            | 0.29                 | 0.28                 | 0.27                 | 0.28                 | 0.29               | 0.26               |
| Black or African American                 | 0.48            | 0.41            | 0.68                 | 0.62                 | 0.66                 | 0.62                 | 1.03               | 0.71               |
| American Indian or Alaska Native          | 1.07            | 2.61            | 2.42                 | 2.32                 | 1.88                 | 2.89                 | *                  | *                  |
| Native Hawaiian or Other Pacific Islander | 3.13            | *               | *                    | *                    | *                    | *                    | *                  | *                  |
| Asian                                     | 0.50            | 0.55            | 1.45                 | 1.39                 | 0.55                 | 0.62                 | 1.01               | *                  |
| Two or More Races                         | 2.46            | 1.35            | 2.71                 | 1.36                 | 1.48                 | 2.37                 | *                  | 2.39               |
| Hispanic or Latino                        | 0.51            | 0.41            | 0.65                 | 0.57                 | 0.59                 | 0.45                 | 1.48               | 1.18               |
| <b>HEALTH INSURANCE<sup>1</sup></b>       |                 |                 |                      |                      |                      |                      |                    |                    |
| Private                                   | 0.15            | 0.14            | 0.30                 | 0.28                 | 0.22                 | 0.20                 | 0.24               | 0.21               |
| Medicaid/CHIP <sup>2</sup>                | 0.89            | 0.77            | 0.73                 | 0.68                 | 1.23                 | 1.13                 | 2.06               | 1.76               |
| Other <sup>3</sup>                        | 0.36            | 0.35            | 1.02                 | 0.81                 | 1.15                 | 1.20                 | 0.39               | 0.38               |
| No Coverage                               | 0.40            | 0.42            | 0.48                 | 0.53                 | 0.46                 | 0.53                 | 1.31               | 1.23               |
| <b>CURRENT EMPLOYMENT</b>                 |                 |                 |                      |                      |                      |                      |                    |                    |
| Full-Time                                 | 0.17            | 0.16            | 0.34                 | 0.36                 | 0.22                 | 0.21                 | 0.33               | 0.32               |
| Part-Time                                 | 0.34            | 0.37            | 0.47                 | 0.42                 | 0.68                 | 0.70                 | 0.53               | 0.70               |
| Unemployed                                | 0.75            | 0.68            | 0.73                 | 0.76                 | 1.09                 | 0.92                 | 1.94               | 2.04               |
| Other <sup>4</sup>                        | 0.39            | 0.34            | 0.58                 | 0.52                 | 0.84                 | 0.83                 | 0.49               | 0.40               |

\*Low precision; no estimate reported.

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<sup>1</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

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| <b>Demographic/Health Characteristic</b>  | <b>Total<br/>(2010)</b> | <b>Total<br/>(2011)</b> | <b>Aged 18-25<br/>(2010)</b> | <b>Aged 18-25<br/>(2011)</b> | <b>Aged 26-49<br/>(2010)</b> | <b>Aged 26-49<br/>(2011)</b> | <b>Aged 50+<br/>(2010)</b> | <b>Aged 50+<br/>(2011)</b> |
|---|-------------------------|-------------------------|------------------------------|------------------------------|------------------------------|------------------------------|----------------------------|----------------------------|
| <b>TOTAL</b>                              | 0.5612                  |                         | 0.5033                       |                              | 0.7764                       |                              | 0.4910                     |                            |
| <b>GENDER</b>                             |                         |                         |                              |                              |                              |                              |                            |                            |
| Male                                      | 0.7292                  |                         | 0.5273                       |                              | 0.6402                       |                              | 0.9826                     |                            |
| Female                                    | 0.2723                  |                         | 0.1337                       |                              | 0.9547                       |                              | 0.3811                     |                            |
| <b>HISPANIC ORIGIN AND RACE</b>           |                         |                         |                              |                              |                              |                              |                            |                            |
| Not Hispanic or Latino                    | 0.6954                  |                         | 0.8449                       |                              | 0.2063                       |                              | 0.7870                     |                            |
| White                                     | 0.9058                  |                         | 0.7760                       |                              | 0.3938                       |                              | 0.8358                     |                            |
| Black or African American                 | 0.8923                  |                         | 0.4254                       |                              | 0.6946                       |                              | 0.4665                     |                            |
| American Indian or Alaska Native          | 0.1625                  |                         | 0.5128                       |                              | 0.4881                       |                              | *                          |                            |
| Native Hawaiian or Other Pacific Islander | *                       |                         | *                            |                              | *                            |                              | *                          |                            |
| Asian                                     | 0.7056                  |                         | 0.8259                       |                              | 0.7527                       |                              | *                          |                            |
| Two or More Races                         | 0.9789                  |                         | 0.0167                       |                              | 0.0807                       |                              | *                          |                            |
| Hispanic or Latino                        | 0.0304                  |                         | 0.3386                       |                              | 0.0539                       |                              | 0.3039                     |                            |
| <b>HEALTH INSURANCE<sup>1</sup></b>       |                         |                         |                              |                              |                              |                              |                            |                            |
| Private                                   | 0.1615                  |                         | 0.5250                       |                              | 0.1739                       |                              | 0.3277                     |                            |
| Medicaid/CHIP <sup>2</sup>                | 0.7516                  |                         | 0.2126                       |                              | 0.6187                       |                              | 0.6151                     |                            |
| Other <sup>3</sup>                        | 0.9365                  |                         | 0.3899                       |                              | 0.5254                       |                              | 0.9511                     |                            |
| No Coverage                               | 0.5683                  |                         | 0.6429                       |                              | 0.1587                       |                              | 0.7719                     |                            |
| <b>CURRENT EMPLOYMENT</b>                 |                         |                         |                              |                              |                              |                              |                            |                            |
| Full-Time                                 | 0.6754                  |                         | 0.9767                       |                              | 0.5909                       |                              | 0.9473                     |                            |
| Part-Time                                 | 0.2569                  |                         | 0.4879                       |                              | 0.3174                       |                              | 0.2253                     |                            |
| Unemployed                                | 0.8480                  |                         | 0.2238                       |                              | 0.1991                       |                              | 0.8564                     |                            |
| Other <sup>4</sup>                        | 0.3422                  |                         | 0.1063                       |                              | 0.2770                       |                              | 0.1712                     |                            |

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