



# Iowa 2009 Mental Health National Outcome Measures (NOMS): CMHS Uniform Reporting System



Utilization Rates/Number of Consumers Served	U.S.	State	U.S. Rate	States
Penetration Rate per 1,000 population	6,430,645	29.86	20.85	58
Community Utilization per 1,000 population	6,123,685	13.78	19.85	58
State Hospital Utilization per 1,000 population	167,002	0.34	0.54	53
Other Psychiatric Inpatient Utilization per 1,000 population	337,780	1.91	1.50	42

Adult Employment Status	U.S.	State	U.S. Rate	States
Employed (Percent in Labor Force)	652,524	29.5%	38.1%	58
Employed (percent with Employment Data)	652,524	27.6%	20.6%	58

Adult Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	-	71.6%	54

Child/Family Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	-	65.2%	54

Readmission Rates:(Civil "non-Forensic" clients)	U.S.	State	U.S. Rate	States
State Hospital Readmissions: 30 Days	13,249	19.9%	9.2%	52
State Hospital Readmissions: 180 Days	30,242	29.6%	20.9%	52
State Hospital Readmissions: 30 Days: Adults	12,154	7.1%	9.3%	51
State Hospital Readmissions: 180 Days: Adults	27,944	21.4%	21.5%	51
State Hospital Readmissions: 30 Days: Children	1,039	36.7%	7.5%	25
State Hospital Readmissions: 180 Days: Children	2,217	40.4%	16.1%	27

Living Situation	U.S.	State	U.S. Rate	States
Private Residence	3,869,279	87.0%	82.7%	56
Homeless/Shelter	138,236	2.0%	3.0%	53
Jail/Correctional Facility	82,028	1.8%	1.8%	52

Adult EBP Services	U.S.	State	U.S. Rate	States
Supported Housing	71,674	0.4%	3.2%	39
Supported Employment	51,207	1.2%	2.1%	42
Assertive Community Treatment	59,066	0.6%	2.3%	38
Family Psychoeducation	16,537	0.3%	1.1%	19
Dual Diagnosis Treatment	57,395	1.5%	4.1%	26
Illness Self Management	172,028	0.5%	10.5%	22
Medications Management	281,060	-	26.6%	18

Child/Adolescent EBP Services	U.S.	State	U.S. Rate	States
Therapeutic Foster Care	15,448	-	2.2%	27
Multisystemic Therapy	8,487	-	1.5%	19
Functional Family Therapy	7,226	1.9%	1.8%	14

Change in Social Connectedness	State	U.S. Rate	States
Adult Improved Social Connectedness	-	71.7%	53
Child/Family Improved Social Connectedness	-	81.4%	49

# CMHS Uniform Reporting System - 2009 State Mental Health Measures

STATE: Iowa

Basic Measures	State Number	State Rate	U.S.	U.S. Rate	States
Penetration Rate per 1,000 population	89,642	29.86	6,430,645	20.85	58
Community Utilization per 1,000 population	41,359	13.78	6,123,685	19.85	58
State Hospital Utilization per 1,000 population	1,024	0.34	167,002	0.54	53
Medicaid Funding Status	64,724	72%	3,728,173	61%	57
Employment Status (percent employed)	6,405	28%	652,524	21%	58
State Hospital Adult Admissions	681	1.03	145,884	0.96	53
Community Adult Admissions	31,765	0.97	3,039,376	0.74	51
State Hospital LOS Discharged Adult patients (Median)	-	19 Days	-	47 Days	50
State Hospital LOS Resident Adult patients (Median)	-	69 Days	-	62 Days	49
Percent of Client who meets SMI definition	-	100%	-	68%	55
Adults with Co-occurring MH/SA Disorders	-	2%	-	23%	48
Children with Co-occurring MH/SA Disorders	-	1%	-	5%	46

Basic Measures: Adult Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	-	85.4%	53
Quality/Appropriateness of Services	-	87.6%	53
Outcome from Services	-	71.6%	54
Participation in Treatment Planning	-	81.0%	53
Overall Satisfaction with Care	-	87.9%	53

Basic Measures: Child/Family Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	-	83.8%	52
Overall Satisfaction with Care	-	83.4%	54
Outcome from Services	-	65.2%	54
Participation in Treatment Planning	-	88.5%	54
Cultural Sensitivity of Providers	-	92.6%	52

Basic Measures: Consumer Living Situations	State Number	State Rate	U.S.	U.S. Rate	States
Private Residence	24,061	87.0%	3,869,279	82.7%	56
Jail/Correctional Facility	498	1.8%	82,028	1.8%	52
Homeless or Shelter	544	2.0%	138,236	3.0%	53

Basic Measures: Hospital Readmissions	State Number	State Rate	U.S.	U.S. Rate	States
State Hospital Readmissions: 30 Days	237	19.9%	13,249	9.2%	52
State Hospital Readmissions: 180 Days	353	29.6%	30,242	20.9%	52
Readmission to any psychiatric hospital: 30 Days	1,395	14.9%	71,790	20.0%	31

Basic Measures: State Mental Health Finance (FY2007)	State Number	State Rate	U.S.	U.S. Rate	States
SMHA Expenditures for Community MH	\$270,750,000	87.2%	\$24,146,248,457	71.3%	50
SMHA Revenues from State Sources	\$81,340,000	26.0%	\$13,930,501,135	41.8%	50
Total SMHA Expenditures	\$310,670,000	-	\$33,855,834,400	-	50

Developmental Measure	State Number	State Rate	U.S.	U.S. Rate	States
Percent Adults with SMI and Children with SED	89,642	100.0%	4,157,406	64.6%	58

Developmental Measure: Adult Evidence-Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Assertive Community Treatment	300	0.6%	59,066	2.3%	38
Supported Housing	200	0.4%	71,674	3.2%	39
Supported Employment	606	1.2%	51,207	2.1%	42
Family Psychoeducation	175	0.3%	16,537	1.1%	19
Integrated Dual Diagnosis Treatment	800	1.5%	57,395	4.1%	26
Illness Self-Management and Recovery	250	0.5%	172,028	10.5%	22
Medications Management	-	-	281,060	26.6%	18

Developmental Measure: Child Evidence Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Therapeutic Foster Care	-	-	15,448	2.2%	27
Multisystemic Therapy	-	-	8,487	1.5%	19
Functional Family Therapy	724	1.9%	7,226	1.8%	14

Developmental Measure: New Generation Medication	State Number	State Rate	U.S.	U.S. Rate	States
New Generation Meds: State Hospitals	-	-	15,752	71.28%	13
New Generation Meds: Community MH	-	-	89,326	49.00%	11
New Generation Meds: Total System	-	-	84,604	51.26%	8

Developmental Measure: Outcome	State Number	State Rate	U.S.	U.S. Rate	States
Adult Criminal Justice Contacts	-	-	68,357	8.9%	45
Juvenile Justice Contacts	-	-	8,179	6.1%	40
School Attendance (Improved )	-	-	9,612	35.5%	33



# Mental Health Community Services Block Grant: 2009 State Summary Report



## Iowa

### State URS Contact Person

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### State Revenue Expenditure Data

	Amount
FY 2007 Mental Health Block Grant Revenues	\$3,630,000
FY 2007 SMHA Community MH Expenditures	\$270,750,000
FY 2007 Per Capita Community MH Expenditures	\$90.81
FY 2007 Community Percent of Total SMHA Spending	87.15%
FY 2007 Total SMHA Mental Health Expenditure	\$310,670,000
FY 2007 Per Capita Total SMHA Mental Health Expenditures	\$104.20

### Statewide Mental Health Agency Data\*

Measure	Number of Clients	Utilization Rate Per 1,000 Population
Total Clients Served by SMHA System	89,642	29.86
Clients Served in Community Settings	41,359	13.78
Clients Served in State Hospitals	1,024	0.34

Gender	Percent
Female	52.6%
Male	47.3%

Race/Ethnicity	Percent
American Indian or Alaska Native	0.5%
Asian	0.3%
Black or African American	6.5%
Native Hawaiian or Other Pacific Islander	0.0%
White	71.7%
Hispanic or Latino	3.0%
More Than One Race	0.9%
Not Available	17.0%

Employment With Known Status (Adults)	Percent
Employed	27.6%
Unemployed	65.9%
Not In Labor Force	6.5%

Medicaid Funding Status of Consumers	Percent
Medicaid Only	62.4%
Non-Medicaid	27.8%
Both Medicaid and Other Funds	9.8%

Consumer Perception of Care: (Adults)	Percent
Access to Services	-
Quality/Appropriateness of Services	-
Outcome from Services	-
Participation in Treatment Planning	-
Overall Satisfaction with Care	-

Implementation of Evidence-Based Practices	Percent
Assertive Community Treatment	0.6%
Supported Housing	0.4%
Supported Employment	1.2%
Family Psychoeducation	0.3%
Integrated Dual Diagnosis Treatment	1.5%
Illness Self-Management and Recovery	0.5%
Medications Management	-
Therapeutic Foster Care	-
Multisystemic Therapy	-
Functional Family Therapy	1.9%

Age	Percent
0 to 12	26.27%
13 to 17	15.26%
18 to 20	5.01%
21 to 64	51.24%
65 to 74	1.11%
75 and over	0.93%
Not Available	0.19%

Living Situation (with Known Status)	Percent
Private Residence	86.99%
Foster Home	0.21%
Residential Care	5.83%
Crisis Residence	-
Residential Treatment Center	0.06%
Institutional Setting	1.21%
Jail (Correctional Facility)	1.80%
Homeless (Shelter)	1.97%
Other	1.93%
Not Available	-

Consumer Perception of Care: (Children/Adolescents)	Percent
Access to Services	-
Overall Satisfaction with Care	-
Outcome from Services	-
Participation in Treatment Planning	-
Cultural Sensitivity of Providers	-

Outcome Measures Developmental	Percent
Adults Arrested this Year	-
Youth Arrested this Year	-
Improved School Attendance	-

Hospital Readmissions (Civil Status Patients)	Percent
State Hospital Readmissions: 30 Days	19.87%
State Hospital Readmissions: 180 Days	29.59%
Readmission to any psychiatric hospital: 30 Days	14.92%

\* Based on 2009 URS data provided by US States and Territories per annual reporting guidelines.



The Community Mental Health Block Grant is administered by the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the US Department of Health and Human Services

# Access Domain: Demographic Characteristics of Persons Served by the State Mental Health Authority, FY 2009

## Iowa

Demographics	Total Served				Penetration Rates (per 1,000 population)			States Reporting
	States		US		State	Midwest	US	
	n	%	n	%				
0-12	23,545	26.3%	920,854	14.3%	46.4	19.5	17.4	57
13-17	13,682	15.3%	794,192	12.4%	66.7	38.2	37.8	58
18-20	4,493	5.0%	310,141	4.8%	32.5	24.7	24.0	58
21-64	45,929	51.2%	4,106,232	63.9%	26.9	23.8	23.0	58
65-74	994	1.1%	179,409	2.8%	4.7	7.9	8.9	57
75 and over	831	0.9%	114,344	1.8%	3.6	5.4	6.6	57
Age Not Available	168	0.2%	5,473	0.1%	-	-	-	31
Age Total	89,642	100.0%	6,430,645	100.0%	29.9	21.9	20.8	58
Female	47,113	52.6%	3,300,459	51.3%	31.0	22.2	21.1	58
Male	42,427	47.3%	3,095,129	48.1%	28.6	21.5	20.4	58
Gender Not Available	102	0.1%	35,057	0.5%	-	-	-	33
Gender Total	89,642	100.0%	6,430,645	100.0%	29.9	21.9	20.8	58
American Indian/Alaskan Native	486	0.5%	71,989	1.1%	38.4	43.7	23.3	52
Asian	302	0.3%	76,511	1.2%	6.4	6.7	5.6	55
Black/African American	5850	6.5%	1,286,542	20.0%	72.7	37.1	32.9	54
Native Hawaiian/Pacific Islander	32	0.0%	16,300	0.3%	21.0	25.1	31.5	50
White	64236	71.7%	4,093,801	63.7%	22.7	18.9	16.9	55
Hispanic or Latino Race	2715	3.0%	206,564	3.2%	21.5	-	12.7	8
Multi-Racial	807	0.9%	131,896	2.1%	24.6	23.9	27.9	46
Race Not Available	15214	17.0%	547,042	8.5%	-	-	-	53
Race Total	89642	100.0%	6,430,645	100.0%	29.9	21.9	21.3	58
Hispanic or Latino Ethnicity	2,714	3.0%	620,513	11.1%	21.5	13.6	18.9	49
Not Hispanic or Latino Ethnicity	86,121	96.1%	4,642,776	82.9%	29.9	21.4	20.8	52
Ethnicity Not Available	807	0.9%	338,851	6.0%	-	-	-	42
Ethnicity Total	89,642	100.0%	5,602,140	100.0%	29.9	21.9	21.4	54

### Note:

Are Client Counts Unduplicated? Unduplicated Number of States with Unduplicated Counts 44

This table uses data from URS/DIG Table 2a, Table 2b and from the US Census Bureau. All denominators use US Census data from 2008

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

### State Notes:

#### Table 2a

Age Age calculated as of 7/1/2008  
Gender None  
Race None  
Overall None

#### Table 2b

Age Age calculated as of 7/1/2008  
Gender None  
Race None  
Overall None

# Access Domain: Persons Served in Community Mental Health Programs by Age and Gender, FY 2009

## Iowa

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	8,283	20.0%	1,642,652	26.8%	11.6	22.2	58
Age 18-20	2,005	4.8%	293,014	4.8%	14.5	22.7	58
Age 21-64	29,250	70.7%	3,907,752	63.8%	17.1	21.9	58
Age 65+	1,658	4.0%	276,050	4.5%	3.7	6.4	58
Age Not Available	163	0.4%	4,217	0.1%	-	-	29
Age Total	41,359	100.0%	6,123,685	100.0%	13.8	19.9	58
Female	21,562	52.1%	3,163,617	51.7%	14.2	20.2	58
Male	19,699	47.6%	2,936,035	47.9%	13.3	19.3	58
Gender Not Available	98	0.2%	24,033	0.4%	-	-	32
Total	41,359	100.0%	6,123,685	100.0%	13.8	19.9	58

### Note:

US totals are based on states reporting.

This table uses data from URS/DIG Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

### State Notes:

Age                      Age calculated as of 7/1/2008  
Gender                  None  
Overall                  None

# Access Domain: Persons Served in State Psychiatric Hospitals by Age and Gender, FY 2009

## Iowa

Demographic	Served in State Psychiatric Hospitals				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	365	35.6%	15,558	9.3%	0.5	0.2	40
Age 18-20	50	4.9%	8,072	4.8%	0.4	0.6	53
Age 21-64	577	56.3%	136,079	81.5%	0.3	0.8	53
Age 65+	32	3.1%	7,233	4.3%	0.1	0.2	53
Age Not Available	-	-	60	0.0%	-	-	9
Age Total	1,024	100.0%	167,002	100.0%	0.3	0.5	53
Female	423	41.3%	59,995	35.9%	0.3	0.4	53
Male	601	58.7%	106,915	64.0%	0.4	0.7	53
Gender Not Available	-	-	92	0.1%	-	-	9
Total	1,024	100.0%	167,002	100.0%	0.3	0.5	53

### Notes:

US totals are based on states reporting.

This table uses data from URS/DIG Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

### State Notes:

Age                      Age calculated as of 7/1/2008  
Gender                  None  
Overall                  None

# ACCESS DOMAIN: Persons Served by SMHA System through Medicaid and Other Funding Sources by Race, Gender, and Ethnicity, FY 2009

STATE: Iowa

Demographic	State							US Averages							States Reporting
	Number Served				% Served			Number Served				% Served			
	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	
Female	29,731	12,562	4,820	47,113	63%	27%	10%	1,546,731	1,194,632	430,384	3,171,747	49%	38%	14%	55
Male	26,203	12,253	3,970	42,426	62%	29%	9%	1,344,511	1,215,387	388,456	2,948,354	46%	41%	13%	56
Gender Not Available	-	102	-	102	-	100%	-	3,763	14,071	14,328	32,162	12%	44%	45%	29
Total	55,934	24,917	8,790	89,641	62%	28%	10%	2,895,005	2,424,090	833,168	6,152,263	47%	39%	14%	56
American Indian or Alaska Native	292	148	46	486	60%	30%	9%	35,638	20,207	8,671	64,516	55%	31%	13%	49
Asian	136	118	48	302	45%	39%	16%	35,899	26,317	10,424	72,640	49%	36%	14%	54
Black or African American	4,059	1,190	601	5,850	69%	20%	10%	670,606	395,517	163,375	1,229,498	55%	32%	13%	52
Native Hawaiian or Other Pacific Islander	32	-	-	32	100%	-	-	5,712	6,902	3,394	16,008	36%	43%	21%	46
White	37,492	18,978	7,766	64,236	58%	30%	12%	1,740,990	1,650,235	532,939	3,924,164	44%	42%	14%	53
Hispanic or Latino	2,167	405	142	2,714	80%	15%	5%	103,015	76,427	19,974	199,416	52%	38%	10%	7
More Than One Race	794	-	13	807	98%	-	2%	63,288	45,136	16,261	124,685	51%	36%	13%	43
Race Not Available	10,962	4,078	174	15,214	72%	27%	1%	239,857	203,349	78,130	521,336	46%	39%	15%	50
Total	55,934	24,917	8,790	89,641	62%	28%	10%	2,895,005	2,424,090	833,168	6,152,263	47%	39%	14%	56
Hispanic or Latino	2,167	405	142	2,714	80%	15%	5%	329,764	270,630	121,874	722,268	46%	37%	17%	48
Not Hispanic or Latino	53,767	24,512	8,648	86,927	62%	28%	10%	2,193,173	1,938,560	592,572	4,724,305	46%	41%	13%	50
Ethnicity Not Available	-	-	-	-	-	-	-	170,668	159,378	70,406	400,452	43%	40%	18%	39
Total	55,934	24,917	8,790	89,641	62%	28%	10%	2,693,605	2,368,568	784,852	5,847,025	46%	41%	13%	54

## Note:

This table uses data from DIG Tables 5a, and 5b (Hispanic Origin).

Duplication -

## Type of Medicaid Data Reported

Data based on Medicaid Paid Services

## State Notes

5a Age None  
5a Gender None  
5a Overall None  
5b Overall None

**Access Domain: Demographic Characteristics of Adults with SMI and Children with SED Served by the State Mental Health Authority, FY 2009**

**Iowa**

Demographics	Total Served				Penetration Rates (per 1,000 population)			States Reporting
	States		US		State	Midwest	US	
	n	%	n	%				
0-12	23,545	26.3%	595,433	14.3%	46.4	14.5	11.2	57
13-17	13,682	15.3%	542,974	13.1%	66.7	28.6	25.8	58
18-20	4,493	5.0%	168,496	4.1%	32.5	12.4	13.0	58
21-64	45,929	51.2%	2,662,694	64.0%	26.9	14.9	14.9	58
65-74	994	1.1%	119,559	2.9%	4.7	5.2	5.9	58
75 and over	831	0.9%	66,791	1.6%	3.6	3.1	3.9	57
Age Not Available	168	0.2%	1,459	0.0%	-	-	-	22
Age Total	89,642	100.0%	4,157,406	100.0%	29.9	14.3	13.5	58
Female	47,113	52.6%	2,126,487	51.1%	31.0	14.5	13.6	58
Male	42,427	47.3%	2,023,190	48.7%	28.6	14.0	13.3	58
Gender Not Available	102	0.1%	7,729	0.2%	-	-	-	31
Gender Total	89,642	100.0%	4,157,406	100.0%	29.9	14.3	13.5	58
American Indian/Alaskan Native	486	0.5%	47,191	1.1%	38.4	28.7	15.3	51
Asian	302	0.3%	57,987	1.4%	6.4	4.8	4.3	55
Black/African American	5,850	6.5%	890,648	21.4%	72.7	24.8	22.8	53
Native Hawaiian/Pacific Islander	32	0.0%	13,230	0.3%	21.0	16.4	23.5	50
White	64,236	71.7%	2,619,668	63.0%	22.7	12.2	10.8	55
Hispanic or Latino Race	2,715	3.0%	147,392	3.5%	21.5	-	3.1	7
Multi-Racial	807	0.9%	101,687	2.4%	24.6	17.8	19.7	47
Race Not Available	15,214	17.0%	279,603	6.7%	-	-	-	50
Race Total	89,642	100.0%	4,157,406	100.0%	29.9	14.3	13.5	58
Hispanic or Latino Ethnicity	2,714	3.0%	508,894	12.9%	21.5	11.3	10.8	50
Not Hispanic or Latino Ethnicity	86,121	96.1%	3,269,895	82.8%	29.9	13.9	12.7	53
Ethnicity Not Available	807	0.9%	170,035	4.3%	-	-	-	40
Ethnicity Total	89,642	100.0%	3,948,824	100.0%	29.9	14.3	12.8	55

**Note:**  
This table uses data from URS/DIG Table 14a, Table 14b and from the US Census Bureau. All denominators use US Census data from 2008

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

**State Notes:**

Table 14a	
Age	None
Gender	None
Race	None
Overall	None
Table 14b	
Age	None
Gender	None
Race	None
Overall	None



# **APPROPRIATENESS DOMAIN: NUMBER OF ADMISSIONS DURING THE YEAR TO STATE HOSPITAL INPATIENT AND COMMUNITY-BASED PROGRAMS, FY 2009**

**STATE: Iowa**

Setting	Demographic	State			US			Admission Rate		States Reporting
		Admissions During Year	Total Served At Start of Year	Total Served During Year	Admissions During Year	Total Served At Start of Year	Total Served During Year	State	US	
State Psychiatric Hospitals	Total	1,091	163	1,024	159,997	46,085	167,002	1.07	0.96	53
	Children	410	33	365	13,812	1,748	13,426	1.12	1.03	38
	Adults	681	130	659	145,884	44,283	151,384	1.03	0.96	53
	Age NA	-	-	-	301	54	7	-	43.00	6
Other Inpatient	Total	5,623	138	5,737	452,384	35,034	336,897	0.98	1.34	40
	Children	1,651	5	1,655	67,170	3,044	47,051	1.00	1.43	29
	Adults	3,959	133	4,069	385,189	31,962	288,671	0.97	1.33	40
	Age NA	13	-	13	25	28	56	1.00	0.45	6
Residential Treatment Centers	Total	665	430	1,888	40,870	8,818	27,686	0.35	1.48	34
	Children	665	427	1,846	21,738	4,874	16,728	0.36	1.30	32
	Adults	-	3	42	18,983	3,879	10,656	0.00	1.78	23
	Age NA	-	-	-	149	65	-	-	-	1
Community Programs	Total	40,025	31,918	41,359	4,448,542	3,047,415	5,658,284	0.97	0.79	51
	Children	8,260	2,447	8,283	1,407,141	772,160	1,526,732	1.00	0.92	51
	Adults	31,765	29,471	32,913	3,039,376	2,273,601	4,127,454	0.97	0.74	51
	Age NA	-	-	163	2,025	1,654	3,266	0.00	0.62	18

**Note:**

Admission Rate= number of admissions divided by total served during the year

US Admissions During Year uses data from states reporting data only. States are only included in "US Total Served" if they also reported data on admissions.

US Total Served During Year is calculated using data in URS/DIG Table 3.

This table uses data from URS/DIG Table3 and 6.

**Table 3 State Notes:**

Age Age calculated as of 7/1/2008  
Overall None  
Gender None

**Table 6 State Notes:**

Hospital None  
Other Inpatient None  
Residential None  
Community None  
Overall None

**APPROPRIATENESS DOMAIN: Length of Stays in State Psychiatric Hospitals, Other Psychiatric Inpatient and Residential Treatment Centers for Children Settings, FY 2009**

**STATE: Iowa**

Setting	Demographic	State						US						
		Length of Stay (Days)						Length of Stay (Days)						
		Discharged Clients		Resident Clients with LOS 1 yr or less		Resident Clients with LOS Over 1 year		Discharged Clients		Resident Clients with LOS 1 yr or less		Resident Clients with LOS Over 1 year		States
		Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Reporting
State Hospitals	All	-	-	-	-	-	-	196	71	106	84	2,058	1,392	5
	Children	26	14	81	57	-	-	97	78	77	68	608	534	36
	Adults	60	19	85	69	1,188	607	155	47	91	62	1,791	1,117	51
	Age NA	-	-	-	-	-	-	26	17	42	35	704	504	2
Other Inpatient	All	-	-	-	-	-	-	34	14	28	15	526	434	3
	Children	5	4	5	3	391	391	13	7	35	29	722	706	23
	Adults	9	3	5	3	475	457	26	9	35	30	870	697	33
	Age NA	1	1	1	1	-	-	3	3	2	1	-	-	2
Residential Treatment Centers	All	-	-	-	-	-	-	357	306	150	140	718	554	2
	Children	227	205	182	167	458	430	184	155	138	121	610	550	28
	Adults	713	713	-	-	713	713	450	331	145	144	1,124	831	18
	Age NA	-	-	-	-	-	-	174	168	182	177	400	400	1

**Note:**

Resident clients are clients who were receiving services in inpatient settings at the end of the reporting period.

This table uses data from URS/DIG Table 6.

**Table 6 State Notes:**

Hospital	None
Other Inpatient	None
Residential	None
Community	None
Overall	None

**Appropriateness Domain: Percent of Adults and Children Served Who Meet the Federal Definition for SMI/SED and Percent of Adults and Children Served Who Have Co-Occurring MH/AOD Disorders, FY 2009**

**Iowa**

<b>Adults and Children who meet the Federal Definition of SMI/SED</b>	<b>State Average</b>	<b>US Average</b>	<b>US Median</b>	<b>States Reporting</b>
Percent of Adults served through the SMHA who meet the Federal definition for SMI	100.0%	67.7%	70.0%	55
Percent of Children served through the SMHA who meet the Federal definition for SED	100.0%	71.0%	73.0%	55

<b>Co-occurring MH and Substance Abuse Consumers</b>	<b>State Average</b>	<b>US Average</b>	<b>US Median</b>	<b>States Reporting</b>
Percent of Adults served through the SMHA who had a co-occurring MH and AOD disorder	2.0%	22.9%	20.0%	48
Percent of Children served through the SMHA who had a co-occurring MH and AOD disorder	1.0%	5.3%	4.0%	48
Percent of Adults served through the SMHA who met the Federal definitions of SMI who also have a substance abuse diagnosis	100.0%	23.6%	20.0%	49
Percent of Children served through the SMHA who met the Federal definitions of SED who also have a substance abuse diagnosis	100.0%	7.0%	4.0%	49

**Note**

This table uses data from URS/DIG Table 12.

**State Notes**

None

# **APPROPRIATENESS DOMAIN: Living Situation of Consumers Served by State Mental Health Agency Systems, FY 2009**

STATE: Iowa

Age Group	Setting	State			US			States Reporting
		Living Situation	Percent in Living Situation	Percent with Known Living Situation	Living Situation	Percent in Living Situation	Percent with Known Living Situation	
All Persons Served	Private Residence	24,061	26.8%	87.0%	3,869,279	64.9%	82.7%	56
	Foster Home	57	0.1%	0.2%	95,136	1.6%	2.0%	50
	Residential Care	1,613	1.8%	5.8%	188,716	3.2%	4.0%	51
	Crisis Residence	-	-	-	15,463	0.3%	0.3%	30
	Residential Treatment Center	16	0.0%	0.1%	17,373	0.3%	0.4%	43
	Institutional Setting	335	0.4%	1.2%	139,754	2.3%	3.0%	50
	Jail (Correctional Facility)	498	0.6%	1.8%	82,028	1.4%	1.8%	52
	Homeless (Shelter)	544	0.6%	2.0%	138,236	2.3%	3.0%	53
	Other	534	0.6%	1.9%	129,928	2.2%	2.8%	45
	Not Available	61,983	69.1%	-	1,283,239	21.5%	-	44
	<b>Total</b>	<b>89,641</b>	<b>100.0%</b>	<b>100.0%</b>	<b>5,959,152</b>	<b>100.0%</b>	<b>100.0%</b>	<b>58</b>
Children under age 18	Private Residence	2,231	6.0%	91.4%	1,087,460	67.9%	86.7%	54
	Foster Home	35	0.1%	1.4%	70,847	4.4%	5.6%	47
	Residential Care	32	0.1%	1.3%	20,925	1.3%	1.7%	41
	Crisis Residence	-	-	-	2,782	0.2%	0.2%	26
	Residential Treatment Center	16	0.0%	0.7%	15,738	1.0%	1.3%	41
	Institutional Setting	96	0.3%	3.9%	19,503	1.2%	1.6%	45
	Jail (Correctional Facility)	4	0.0%	0.2%	13,229	0.8%	1.1%	48
	Homeless (Shelter)	5	0.0%	0.2%	6,298	0.4%	0.5%	45
	Other	23	0.1%	0.9%	17,789	1.1%	1.4%	42
	Not Available	34,785	93.4%	-	346,779	21.7%	-	40
	<b>Total</b>	<b>37,227</b>	<b>100.0%</b>	<b>100.0%</b>	<b>1,601,350</b>	<b>100.0%</b>	<b>100.0%</b>	<b>57</b>
Adults over age 18	Private Residence	21,801	41.7%	86.6%	2,779,546	63.9%	81.3%	56
	Foster Home	22	0.0%	0.1%	23,841	0.5%	0.7%	47
	Residential Care	1,581	3.0%	6.3%	167,670	3.9%	4.9%	51
	Crisis Residence	-	-	-	12,678	0.3%	0.4%	28
	Residential Treatment Center	-	-	-	1,420	0.0%	0.0%	23
	Institutional Setting	238	0.5%	0.9%	120,162	2.8%	3.5%	50
	Jail (Correctional Facility)	493	0.9%	2.0%	68,778	1.6%	2.0%	51
	Homeless (Shelter)	538	1.0%	2.1%	131,799	3.0%	3.9%	53
	Other	510	1.0%	2.0%	111,749	2.6%	3.3%	45
	Not Available	27,063	51.8%	-	930,317	21.4%	-	43
	<b>Total</b>	<b>52,246</b>	<b>100.0%</b>	<b>100.0%</b>	<b>4,347,960</b>	<b>100.0%</b>	<b>100.0%</b>	<b>58</b>

This table uses data from URS/DIG Table 15.

State Note:

None.

# APPROPRIATENESS DOMAIN: Persons Who were Homeless by Age, Gender, Race, and Ethnicity, FY 2009

STATE: Iowa

Demographic	Homeless or Living in Shelters				Percent of Total with Known Living Situation		States Reporting
	State		US		State	US	
	N	%	N	%	%	%	
Age 0 to 17	5	0.9%	6,298	4.6%	0.2%	0.5%	45
Age 18 to 64	533	98.0%	129,848	93.9%	2.2%	4.1%	53
Age 65+	5	0.9%	1,951	1.4%	0.4%	0.9%	50
Age Not Available	1	0.2%	139	0.1%	3.0%	3.8%	13
<b>Age Total</b>	<b>544</b>	<b>100.0%</b>	<b>138,236</b>	<b>100.0%</b>	<b>2.0%</b>	<b>3.0%</b>	<b>53</b>
Female	230	42.3%	54,359	39.3%	1.6%	2.3%	53
Male	313	57.5%	83,474	60.4%	2.4%	3.7%	53
Gender Not Available	1	0.2%	404	0.3%	5.3%	3.6%	19
<b>Gender Total</b>	<b>544</b>	<b>100.0%</b>	<b>138,237</b>	<b>100.0%</b>	<b>2.0%</b>	<b>3.0%</b>	<b>53</b>
American Indian or Alaska Native	4	0.7%	1,769	1.3%	2.2%	3.4%	47
Asian	5	0.9%	951	0.7%	3.5%	2.1%	45
Black or African American	74	13.6%	45,389	32.8%	4.8%	4.6%	49
Native Hawaiian or Other Pacific Islander	-	-	305	0.2%	-	3.0%	35
White	427	78.5%	74,971	54.2%	1.8%	2.5%	50
Hispanic or Latino	15	2.8%	2,144	1.6%	2.9%	2.0%	8
More Than One Race	-	-	2,915	2.1%	-	2.6%	40
Race Not Available	19	3.5%	9,792	7.1%	2.0%	2.9%	43
<b>Race Total</b>	<b>544</b>	<b>100.0%</b>	<b>138,236</b>	<b>100.0%</b>	<b>2.0%</b>	<b>3.0%</b>	<b>53</b>
Hispanic or Latino	15	2.8%	14,791	11.1%	2.9%	2.4%	48
Not Hispanic or Latino	529	97.2%	112,047	83.9%	1.9%	3.0%	50
Not Available	-	-	6,715	5.0%	-	2.3%	35
<b>Ethnicity Total</b>	<b>544</b>	<b>100.0%</b>	<b>133,553</b>	<b>100.0%</b>	<b>2.0%</b>	<b>2.9%</b>	<b>52</b>

## Note:

US totals are based on states reporting.

This table uses data from URS/DIG Table 15.

US totals are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

## State Notes:

None

## Appropriateness Domain: Evidence-Based Practices Reported by SMHAs, FY 2009

### Iowa

Adult EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SMI		Measuring Fidelity		States Reporting
	EBP N	SMI N	EBP N	SMI N	State	US Average	State	US	
Supported Housing	200	52,415	71,674	2,811,553	0.4%	3.2%	No	4	39
Supported Employment	606	52,415	51,216	2,811,553	1.2%	2.1%	No	13	42
Assertive Community Treatment	300	52,415	59,066	2,811,553	0.6%	2.3%	Yes	26	38
Family Psychoeducation	175	52,415	16,554	2,811,553	0.3%	1.1%	No	4	19
Dual Diagnosis Treatment	800	52,415	57,398	2,811,553	1.5%	4.1%	No	9	26
Illness Self Management	250	52,415	172,045	2,811,553	0.5%	10.5%	No	6	22
Medication Management	-	-	281,161	2,811,553	-	26.6%	No	1	18

Child/Adolescent EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SED		Measuring Fidelity		States Reporting
	EBP N	SED N	EBP N	SED N	State	US Average	State	US	
Therapeutic Foster Care	-	-	15,448	1,060,665	-	2.2%			27
Multi-Systemic Therapy	-	-	8,487	1,060,665	-	1.5%			19
Family Functional Therapy	724	37,227	7,226	1,060,665	1.9%	1.8%	Yes	6	14

#### Note:

US totals are based on states reporting.

This table uses data from URS/DIG Tables 16 and 17.

US averages are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

#### State Notes:

Table 16: Number Receiving Supported Housing is an estimate

Table 17: Receiving Illness Self Management is an estimated number. Receiving family psychoeducation is reported from the NAMI Family to Family survey

# Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Age and Gender, FY 2009

## Iowa

Demographics	State				Employed as Percent of those in Labor Force		Employed as Percent of Known Employment Status		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	
Age 18 to 20	367	3,216	3,583	3,776	10%	34%	9.7%	17.1%	56
Age 21 to 64	5,945	11,756	17,701	18,523	34%	39%	32.1%	21.7%	57
Age 65 and over	90	294	384	873	23%	27%	10.3%	7.2%	56
Age Not Available	3	6	9	13	33%	41%	23.1%	24.2%	22
Age TOTAL	6,405	15,272	21,677	23,185	30%	38%	27.6%	20.6%	58
Female	3,489	6,250	9,739	10,687	36%	39%	32.6%	20.5%	57
Male	2,914	9,017	11,931	12,491	24%	37%	23.3%	20.5%	57
Gender Not Available	2	5	7	7	29%	41%	28.6%	22.8%	33
Gender TOTAL	6,405	15,272	21,677	23,185	30%	38%	27.6%	20.6%	58

What populations are reported? All Clients Number of States Reporting All Clients: 38 Number of States Reporting Some Clients: 19

When is Employment Status Measured?	At Admission	At Discharge	Monthly	Quarterly	Other
IA	-	-	-	-	Depends on data source, at least annually
US	38	23	2	7	31

### Note:

\*In Labor Force is the sum of consumers employed and unemployed.

\*\*With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data from URS/DIG Table 4.

### State Notes:

Age Age calculated as of 7/1/2008  
Gender None  
Overall None

## Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Diagnosis, FY 2009

### Iowa

Diagnosis	State				Employed as a % of Labor Force		Employed as % of Known Employment Status		% of Consumers with Dx		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	State	US	
Schizophrenia and Related Disorders	529	1,445	1,974	2,079	26.8%	25.0%	25.4%	8.5%	8.9%	14.0%	45
Bipolar and Mood Disorders	130	380	510	726	25.5%	36.5%	17.9%	17.5%	3.1%	44.0%	45
Other Psychoses	40	240	280	306	14.3%	25.3%	13.1%	10.8%	1.3%	3.0%	45
All other Diagnoses	6,297	12,384	18,681	20,077	33.7%	46.1%	31.4%	20.1%	86.1%	30.7%	45
No Diagnosis and Deferred Diagnosis	22	91	113	126	19.5%	38.5%	17.5%	15.5%	0.5%	8.3%	41
TOTAL	7,018	14,540	21,558	23,314	32.6%	38.0%	30.1%	16.6%	100.0%	100.0%	45

#### **Note:**

\*In Labor Force is the sum of consumers employed and unemployed.

\*\*With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data for URS/DIG Table 4a.

#### **State Notes:**

Counts do not match table 4 due to clients having more than 1 diagnosis in administrative data (claims and encounter data).



# CONSUMER SURVEY RESULTS, FY 2009

STATE: Iowa

Indicators	Children: State	Children: U.S. Average	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Reporting Positively About Access	-	83%	52	-	85%	53
Reporting Positively About Quality and Appropriateness				-	88%	53
Reporting Positively About Outcomes	-	65%	54	-	72%	54
Reporting on Participation in Treatment Planning	-	87%	54	-	82%	53
Family Members Reporting High Cultural Sensitivity of Staff	-	93%	52			
Reporting positively about General Satisfaction with Services	-	83%	54	-	88%	53

**Note: U.S. Average Children & Adult rates are calculated only for states that used a version of the MHSIP Consumer Survey**

This table uses data from URS/DIG Table 11.

Children/Family	State	U.S.
Type of Survey Used		YSS-F=44

Type of Adult Consumer Survey Used	28-Item MHSIP	Other MHSIP	Other Survey
U.S.	31	22	1

Sample Size & Response Rate	Children: State	Children: U.S.	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Response Rate	-	45.8%	45	-	52.3%	41
Number of Surveys Attempted (send out)	-	146,590	45	-	221,885	43
Number of Surveys Contacts Made	-	90,493	42	-	149,772	40
Complete Surveys	-	52,337	50	-	106,764	49

Populations covered in survey	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Consumers	-	9	-	6
Sample	-	45	-	48

Sample Approach	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Random Sample	-	13	-	14
Stratified Sample	-	13	-	16
Convenience Sample	-	17	-	15
Other Sample	-	4	-	4

Who is Sampled?	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Current Clients	-	53	-	54
Former Clients	-	19	-	17

Populations included in sample: (e.g., all adults, only adults with SMI, etc.)	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Children or Adults Served	-	30	-	32
SMI Adults or SED Children	-	19	-	20
Persons Covered by Medicaid	-	11	-	12
Other	-	7	-	13

## State Notes:

At the current time, Iowa is unable to measure consumer evaluations of care accurately. We will not be submitting this data.

# OUTCOMES DOMAIN: Consumer Survey Results, by Race/Ethnicity FY 2009

STATE: Iowa

Race/Ethnicity	Adult Consumer Survey Indicators: Reporting Positively About...														States
	Access		Quality & Appropriateness		Outcomes		Participation In Tx Planning		General Satisfaction		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
American Indian or Alaska Native	-	83%	-	86%	-	70%	-	79%	-	87%	-	68%	-	65%	40
Asian	-	88%	-	87%	-	77%	-	86%	-	90%	-	72%	-	72%	39
Black or African American	-	87%	-	88%	-	73%	-	82%	-	89%	-	59%	-	55%	44
Native Hawaiian or Other Pacific Islander	-	87%	-	88%	-	82%	-	85%	-	87%	-	85%	-	82%	26
White	-	86%	-	88%	-	69%	-	82%	-	88%	-	55%	-	51%	43
Hispanic or Latino	-	89%	-	90%	-	74%	-	88%	-	91%	-	73%	-	69%	38
More Than One Race	-	83%	-	86%	-	67%	-	80%	-	85%	-	52%	-	49%	33
Not Available	-	81%	-	87%	-	71%	-	83%	-	87%	-	52%	-	47%	43

Race/Ethnicity	Family of Children Survey Indicators: Reporting Positively About...														States
	Access		General Satisfaction with Services		Outcomes		Participation In Tx Planning		Cultural Sensitivity of Staff		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
American Indian or Alaska Native	-	75%	-	80%	-	69%	-	83%	-	88%	-	74%	-	64%	28
Asian	-	88%	-	91%	-	75%	-	93%	-	93%	-	87%	-	73%	27
Black or African American	-	86%	-	83%	-	76%	-	89%	-	93%	-	86%	-	54%	38
Native Hawaiian or Other Pacific Islander	-	83%	-	85%	-	75%	-	92%	-	94%	-	94%	-	73%	20
White	-	81%	-	82%	-	76%	-	88%	-	92%	-	84%	-	54%	37
Hispanic or Latino	-	88%	-	89%	-	73%	-	89%	-	95%	-	76%	-	69%	32
More Than One Race	-	81%	-	83%	-	74%	-	87%	-	93%	-	74%	-	56%	29
Not Available	-	79%	-	82%	-	77%	-	86%	-	89%	-	79%	-	53%	37

## Notes:

This table uses data from URS/DIG Table 11a.

## State Notes:

At the current time, Iowa is unable to measure consumer evaluations of care accurately. We will not be submitting this data.

## Outcomes Domain: Change in Social Connectedness and Functioning, FY 2009

### Iowa

Indicators	Children				Adults			
	State	US Average	US Median	States Reporting	State	US Average	US Median	States Reporting
Percent Reporting Improved Social Connectedness from Services	-	81.4%	84.8%	49	-	71.7%	70.5%	53
Percent Reporting Improved Functioning from Services	-	65.4%	64.5%	51	-	70.1%	70.7%	54

**Note:**

This table uses data from URS/DIG Table 9.

US State Averages and Medians are calculated only with states which used the recommended Social Connectedness and Functioning questions.

Adult Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	50
Did you use the recommended new Functioning Domain Questions?	-	51
Did you collect these as part of your MHSIP Adult Consumer Survey?	-	51

Children/Family Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	47
Did you use the recommended new Functioning Domain Questions?	-	47
Did you collect these as part of your YSS-F Survey?	-	46

**State Notes:**

None

# OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 30 Days by Age, Gender, and Race, FY 2009

STATE: Iowa

Demographic	Readmissions within 30 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 30 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	57	160	35.6%	266	3,196	8.3%	17	-	-	-	1	25	4.0%	1
Age 13 to 17	132	355	37.2%	773	10,577	7.3%	25	-	-	-	21	488	4.3%	5
Age 18 to 20	1	50	2.0%	732	7,488	9.8%	41	-	1	-	38	986	3.9%	22
Age 21 to 64	45	608	7.4%	11,145	118,440	9.4%	51	-	11	-	686	18,260	3.8%	36
Age 65 to 74	2	18	11.1%	216	2,994	7.2%	36	-	1	-	13	383	3.4%	9
Age 75 and over	-	2	-	61	1,250	4.9%	17	-	-	-	4	110	3.6%	4
Age Not Available	-	-	-	56	620	9.0%	1	-	-	-	-	1	-	
<b>Age Total</b>	<b>237</b>	<b>1,193</b>	<b>19.9%</b>	<b>13,249</b>	<b>144,565</b>	<b>9.2%</b>	<b>52</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>763</b>	<b>20,253</b>	<b>3.8%</b>	<b>37</b>
Female	108	492	22.0%	4,729	53,685	8.8%	49	-	2	-	195	3,716	5.2%	24
Male	129	701	18.4%	7,510	79,693	9.4%	50	-	11	-	525	15,890	3.3%	35
Gender Not Available	-	-	-	1,010	11,187	9.0%	3	-	-	-	43	647	6.6%	1
<b>Gender Total</b>	<b>237</b>	<b>1,193</b>	<b>19.9%</b>	<b>13,249</b>	<b>144,565</b>	<b>9.2%</b>	<b>52</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>763</b>	<b>20,253</b>	<b>3.8%</b>	<b>37</b>
American Indian or Alaska Native	-	9	-	190	1,978	9.6%	22	-	-	-	14	215	6.5%	4
Asian	-	8	-	126	1,369	9.2%	24	-	-	-	11	369	3.0%	9
Black or African American	40	98	40.8%	3,897	36,858	10.6%	40	-	1	-	285	7,746	3.7%	24
Native Hawaiian or Other Pacific Islander	-	-	-	70	170	41.2%	3	-	-	-	4	84	4.8%	2
White	192	1,037	18.5%	7,216	83,871	8.6%	48	-	12	-	361	8,919	4.0%	34
Hispanic or Latino	5	37	13.5%	325	3,510	9.3%	9	-	-	-	18	1,168	1.5%	4
More Than One Race	-	-	-	77	1,074	7.2%	15	-	-	-	6	279	2.2%	4
Race Not Available	-	4	-	1,348	15,735	8.6%	23	-	-	-	64	1,473	4.3%	9
<b>Race Total</b>	<b>237</b>	<b>1,193</b>	<b>19.9%</b>	<b>13,249</b>	<b>144,565</b>	<b>9.2%</b>	<b>52</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>763</b>	<b>20,253</b>	<b>3.8%</b>	<b>37</b>
Hispanic or Latino	5	37	13.5%	686	7,498	9.1%	29	-	-	-	40	1,356	2.9%	13
Not Hispanic or Latino	232	1,152	20.1%	8,228	89,819	9.2%	37	-	13	-	483	10,084	4.8%	27
Not Available	-	4	-	1,561	18,384	8.5%	23	-	-	-	147	5,168	2.8%	16
<b>Ethnicity Total</b>	<b>237</b>	<b>1,193</b>	<b>19.9%</b>	<b>10,475</b>	<b>115,701</b>	<b>9.1%</b>	<b>44</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>670</b>	<b>16,608</b>	<b>4.0%</b>	<b>33</b>

Forensics included in "non forensic" data? No

## Note:

US totals are based on states reporting.

This table uses data from URS/DIG Table 20.

State Notes:

None

**OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 180 Days by Age, Gender, and Race, FY 2009**

**STATE: Iowa**

Demographic	Readmissions within 180 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 180 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	61	160	38.1%	571	3,196	17.9%	19	-	-	-	2	25	8.0%	2
Age 13 to 17	147	355	41.4%	1,646	10,577	15.6%	27	-	-	-	40	488	8.2%	8
Age 18 to 20	5	50	10.0%	1,472	7,488	19.7%	47	-	1	-	108	986	11.0%	28
Age 21 to 64	133	608	21.9%	25,850	118,440	21.8%	51	-	11	-	2,137	18,260	11.7%	45
Age 65 to 74	7	18	38.9%	502	2,994	16.8%	38	-	1	-	54	383	14.1%	22
Age 75 and over	-	2	-	120	1,250	9.6%	26	-	-	-	14	110	12.7%	10
Age Not Available	-	-	-	81	620	13.1%	3	-	-	-	-	1	-	
<b>Age Total</b>	<b>353</b>	<b>1,193</b>	<b>29.6%</b>	<b>30,242</b>	<b>144,565</b>	<b>20.9%</b>	<b>52</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>2,355</b>	<b>20,253</b>	<b>11.6%</b>	<b>45</b>
Female	140	492	28.5%	11,360	53,685	21.2%	49	-	2	-	478	3,716	12.9%	33
Male	213	701	30.4%	16,680	79,693	20.9%	50	-	11	-	1,767	15,890	11.1%	44
Gender Not Available	-	-	-	2,202	11,187	19.7%	4	-	-	-	110	647	17.0%	1
<b>Gender Total</b>	<b>353</b>	<b>1,193</b>	<b>29.6%</b>	<b>30,242</b>	<b>144,565</b>	<b>20.9%</b>	<b>52</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>2,355</b>	<b>20,253</b>	<b>11.6%</b>	<b>45</b>
American Indian or Alaska Native	-	9	-	422	1,978	21.3%	28	-	-	-	41	215	19.1%	16
Asian	1	8	12.5%	277	1,369	20.2%	34	-	-	-	38	369	10.3%	16
Black or African American	45	98	45.9%	9,084	36,858	24.6%	44	-	1	-	965	7,746	12.5%	31
Native Hawaiian or Other Pacific Islander	-	-	-	78	170	45.9%	5	-	-	-	13	84	15.5%	4
White	300	1,037	28.9%	16,585	83,871	19.8%	49	-	12	-	1,006	8,919	11.3%	42
Hispanic or Latino	7	37	18.9%	647	3,510	18.4%	11	-	-	-	90	1,168	7.7%	5
More Than One Race	-	-	-	203	1,074	18.9%	21	-	-	-	24	279	8.6%	6
Race Not Available	-	4	-	2,946	15,735	18.7%	29	-	-	-	178	1,473	12.1%	22
<b>Race Total</b>	<b>353</b>	<b>1,193</b>	<b>29.6%</b>	<b>30,242</b>	<b>144,565</b>	<b>20.9%</b>	<b>52</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>2,355</b>	<b>20,253</b>	<b>11.6%</b>	<b>45</b>
Hispanic or Latino	7	37	18.9%	1,511	7,498	20.2%	36	-	-	-	128	1,356	9.4%	24
Not Hispanic or Latino	346	1,152	30.0%	18,868	89,819	21.0%	38	-	13	-	1,384	10,084	13.7%	32
Not Available	-	4	-	3,472	18,384	18.9%	24	-	-	-	443	5,168	8.6%	18
<b>Ethnicity Total</b>	<b>353</b>	<b>1,193</b>	<b>29.6%</b>	<b>23,851</b>	<b>115,701</b>	<b>20.6%</b>	<b>44</b>	<b>-</b>	<b>13</b>	<b>-</b>	<b>1,955</b>	<b>16,608</b>	<b>11.8%</b>	<b>39</b>

Forensics included in "non forensic" data? No

**Note:**

US totals are based on states reporting.  
This table uses data from URS/DIG Table 20.

State Notes:

None

**STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures for Mental Health, FY 2007**

**STATE Iowa**

	Expenditures: State	Percent of Total Expenditures: State	Expenditures: U.S.	Percent of Total Expenditures: U.S.
State Hospitals-Inpatient	\$33,240,000	11%	\$8,959,172,909	26%
Other 24-Hour Care	\$43,090,000	14%	\$6,099,852,851	18%
Ambulatory/Community	\$227,660,000	73%	\$18,046,395,606	53%
Total	\$310,670,000	-	\$33,855,834,400	-

**Note:**

Other 24-Hour Care includes state psychiatric hospital and community based other 24-hour as well as community based inpatient expenditures.

Ambulatory/Community includes expenditures for less than 24-hour care services provided at state psychiatric hospitals. It excludes community based other-24 hour and community based inpatient expenditures.

Total also includes additional SMHA Expenditures for research, training, administration, and other central and regional office expenditures.

Data from NRI's Funding Sources and Expenditures of State Mental Health Agencies, FY 2007 reports - Table 18 "SMHA-Controlled Expenditures for Mental Health Services."

U.S. totals are based on 50 states reporting.

More information on the State Mental Health Agency's Revenues & Expenditures as well as State Footnotes can be found on the NRI website:  
<http://www.nri-inc.org/projects/Profiles/RevenuesExpenditures.cfm>

**STRUCTURE DOMAIN: State Mental Health Agency Controlled Revenues by Funding Sources, FY 2007**

STATE Iowa

Funding Source	Ambulatory/Community			State Hospital		
	State Revenues	Percent Total (State)	Percent Total (US)	State Revenues	Percent Total (State)	Percent Total (US)
Medicaid	\$161,800,000	60.4%	57.3%	\$1,920,000	4.2%	25.3%
Community MH Block Grant	\$3,430,000	1.3%	1.6%	-	-	0.0%
Other SAMHSA	-	-	0.2%	-	-	0.0%
other Federal(non-SAMHSA)	\$4,210,000	1.6%	3.3%	\$300,000	0.7%	3.4%
State	\$46,530,000	17.4%	31.1%	\$34,810,000	76.6%	67.5%
Other	-	-	4.7%	\$3,880,000	8.5%	2.9%
Total	\$267,760,000	100.0%	100.0%	\$45,470,000	100.0%	100.0%

**Note:**

Data from NRI's Funding Sources and Expenditures of State Mental Health Agencies, FY 2007 reports - State Mental Health Agency Controlled Expenditures and Revenues, Table 24, 25, and 26.

This table does not show Revenues for state central office including Research, Training, and Administration expenses.

More information on the State Mental Health Agency's Revenues & Expenditures as well as State Footnotes can be found on the NRI website:  
<http://www.nri-inc.org/projects/Profiles/RevenuesExpenditures.cfm>

**Structure Domain: Federal Mental Health Block Grant Expenditures for Non-Direct Service Activities, FY 2009**  
**Iowa**

Service	Non-Direct Block Grant Expenditures	% Total	US % Total
Technical Assistance Activities	\$453,770	56.1%	28.1%
Planning Council	\$12,097	1.5%	3.2%
Administration	\$130,161	16.1%	21.5%
Data Collection/Reporting	\$106,451	13.2%	8.7%
Other Activities	\$106,024	13.1%	38.5%
Total	\$808,503	100.0%	100.0%

Note: This table use data from URS/DIG Table 8.

**State Notes:**

None



**Structure Domain: Mental Health Programs Funded By the Federal Mental Health Block Grant, FY 2009**
**Iowa**

Programs = 41

Total: \$2,563,787

Agency Name	Address	Agency Director	Phone Number	Block Grant
Abbe Center for Community Mental Health	520 11th Street N.W.	Cindy Kaestner	319-398-3562	\$127,949
Alegent Health Bergan Mercy Health System DBA Alegent Health Psychiatric Associates	801 Harmony Street, Suite 302, Council Bluffs, Iowa 51503	Sheree Keely	402-572-2464	\$98,834
Backbone Area Counseling Center	Box 359, 709 West Main Street	Joan A. Funke	563-927-7307	\$53,796
Berryhill Center for Mental Health (formerly North Central Iowa MHC)	720 Kenyon Road	James Burr	515-955-7171	\$77,775
Black Hawk-Grundy Mental Health Center, Inc	3251 West 9th Street	Thomas C. Eachus	319-234-2893	\$87,080
Bridgeview Community Mental Health Center	638 S Bluff	Marcia Christiansen	563-243-5633	\$49,004
Burgess Mental Health Center	1600 Diamond Street, Onawa, Iowa 51040	Greg Nooney	712-423-9160	\$29,956
Capstone Behavioral Healthcare, Inc.	306 N. 3rd Avenue E.	Michael Herring	641-792-4012	\$28,535
Cedar Valley MHC/Pathways Behavioral Services, Inc.	111 10th Street, SW	Chris Hoffman	319-352-2064	\$39,827
Center Associates	9 North 4th Avenue	Mike Bergman	641-752-1585	\$52,369
Community Mental Health Center for Mid-Eastern Iowa	505 E. College Street, Iowa City, Iowa 52240	Stephen Trefz	319-338-7884	\$88,972
Counseling Associates, Inc	1522 Morgan Street	Michael Maher	319-524-0510	\$43,900
Counseling Services, LLC	322 S. 13th Street, Sac City, Iowa 50583	Karla Manternach	712-662-3222	\$32,707
Covenant Clinic Psychiatry	217 20th Street NW, PO Box 298	Jeffrey Halverson	319-352-9606	\$37,864
Creative Living Center, P.C.	1905 10th Street, PO Box 163	Dr. Dayton Vogel	712-476-5245	\$41,172
Crossroads Mental Health Center	1003 Cottonwood Road	R. Richard Rice	641-782-8457	\$23,817
Des Moines Child Guidance Center	808 5th Avenue	David Stout	515-244-2267	\$115,461
Eyerly-Ball Community Mental Health Services	1301 Center Street	Earl Kelly	515-241-0982	\$115,461
Hillcrest Mental Health Center	2005 Asbury Road , Dubuque, Iowa 52001	Gary L. Gansemer	563-583-7357	\$110,592
Lucas County Health Center	1200 N. 7th Street, Chariton, Iowa 50049	Susan Rosa, LISW	641-774-3319	\$31,818
Mental Health Center of North Iowa	235 South Eisenhower Avenue	Andy Eastwood LISW	641-424-2075	\$77,070
Mental Health Clinic of Tama County	1309 S. Broadway, PO Box 7	William Barker	641-484-5234	\$35,481
Myrtue Medical Center Behavioral Health formerly Prairie Rose Mental Health Center	1303 Garfield Avenue	Mark Woodring	712-755-4315	\$18,142
New Directions Community Mental Health Center	1229 C Avenue East	Jay Christensen	641-672-3138	\$42,078
Northeast Iowa Behavioral Health	905 Montgomery Street, PO Box 349	Patrick N. Smith	563-382-3649	\$55,100
Plains Area Mental Health Center	PO Box 70	Patrick Schmitz	712-546-4624	\$55,749
Poweshiek County Mental Health Center	200 4th Avenue West	Bill Barker	641-236-6137	\$35,782
ResCare Mental Health Services	301 West Burlington, Fairfield, Iowa 52556	Rod Hoteck	641-472-1684	\$143,566
Seasons Center for Community Mental Health	201 East 11th Street	Carrie Baker	712-262-2922	\$65,330
Siouxland Mental Health Center	625 Court Street, PO Box 1917	Jim Rixner	712-252-3871	\$71,677
Southern Iowa Mental Health Center	110 E. Main Street	Donna Crookham	641-682-8772	\$43,055
The Richmond Center	125 S. 3rd Street, Suite 200	Anne Armknecht	515-232-5811	\$86,073
Vera French Community Mental Health Center	1441 W. Central Park Avenue	Joanne Hermiston	563-383-1900	\$94,797
Waubonsie Mental Health Center	P.O. Box 457	Mary Anne Gibson	712-542-2388	\$43,353
West Central Mental Health Center	2111 West Greene Street	Emily Smith	515-993-4535	\$53,307
West Iowa Community Mental Health Center	20 North 14th Street	John Sondag	712-263-3172	\$34,991
Holveck and Associates, Inc.	2007 47th Street, Des Moines, Iowa 50310	Jack Holveck	515-278-2732	\$150,000
The University of Iowa, Center on Aging	University of Iowa, College of Public Health, Health Management and Policy, E-206 General Hospital, Iowa City, Iowa 52242	Brian Kaske	319-384-5134	\$95,347
Outlooks Inc.	200 10th Street, 5th Floor, Des Moines, Iowa 50319	Arlinda McKeen	515-243-2000	\$70,000
Eyerly-Ball Community Mental Health Services	1301 Center Street	Larry E. Hejtmanek	515-243-5181	\$4,000

Agency Name	Address	Agency Director	Phone Number	Block Grant
Iowa Advocates for Mental Health Recovery	2003 Geneva Street, Sioux City, Iowa 51103	Mike Wood	712-234-1040	\$2,000

## Iowa

URS Table Number	General Notes
14a	County Information Management System is one source of data for the URS. The counties are currently moving to a new data system with full time support. This has resulted in much better information for this year's reporting.
14a	The providers receiving funding from the Mental Health Block Grant use the federal definition of SMI for adults and SED for children. The counties use a definition of MI and CMI for adults, neither of which matches the federal definition of SMI. The federal definition of SED for children is the definition used by the state mental health authority.